



# LIWARA CATHOLIC SCHOOL

Newsletter No 10 29 June 2017

5 Tuart Street Greenwood

9448 3811

## IN THIS ISSUE

- FROM THE PRINCIPAL
- FROM THE ASSISTANT PRINCIPAL
- PARENTING IDEAS
- CANTEEN—QUICKCLIQ
- YR 6 MINISTRY
- SOCIAL WORKER'S CORNER
- SUSTAINABLE LIVING
- GENERAL NEWS
- OSHC, UNIFORM, CANTEEN

## ***A Blessing for the School Holidays***

Sustaining God, caretaker of life,  
you are always present. You live in us.  
Watch over our class during the break,  
and keep us safe in your watchful gaze.

Bless our school community as we  
celebrate our holidays.

We make this prayer through  
Jesus our guardian.

Amen.

## A MESSAGE FROM THE PRINCIPAL

Dear Families

As we come to the end of the term, I would like to thank all students, parents and families who have contributed to the success of various events, tasks, and celebrations throughout this semester. Well done to the students who have worked hard and accomplished great things. Thank you to the dedicated staff who once again show that they are a talented, committed and professional team. I think we have all earned a holiday! Term 3 will begin for students on Tuesday 18 July.

Welcome to our final newsletter for Term Two. It is hard to believe that the term has already come to an end! It has been a term filled with many activities and blessings and I thank the staff for their boundless energy and commitment with providing engaging learning opportunities for the students in their care. I wish all families and staff a very relaxed and revitalising two week break and look forward to the students safe return on Tuesday, 18 July. The Liwara Outside School Hours Care will be running the Vacation Care Program during the holidays and will be open for business on the Pupil Free Day, Monday 17 July, when the staff will be attending a Curriculum Professional Development Day at school. The Liwara Community has much to be grateful for.

**CHANGE TO TERM DATES** Due to a change in our school schedule, Term 4 will begin for the students and staff on Monday 9 October. Please note this change in your calendar. *It was originally advertised as a Pupil Free Day.*

**SEMESTER ONE REPORTS** Thank you to the parents who have shared your valuable feedback with the class teachers re the new Report Elaboration document which was included as part of the Semester One Report this year. It is a more detailed overview of your child's achievements and I welcome any other constructive feedback from the parent community.

### **KINDY 2019 ENROLMENT INTERVIEWS**

Interviews for **Kindy 2019** and **Pre Kindy 2018** will be conducted for two weeks in August, beginning in the week of Monday 14 August. If you know of any families who fall into either of these categories please inform them of the importance of contacting the office immediately for enrolment forms.

## **CANTEEN NEWS!!**

***We are ready to start our online ordering for the Canteen from Tuesday, 18th June. A flyer has been sent to you via the Skoolbag App. A copy will also be added to the website for you to access using Quickcliq. Help will be available in the Undercover Area before school on the 18th to help you set up your account if you haven't already done so.***



***SOFTIS TISSUE FUNDRAISING INITIATIVE***— The P&F thank you for supporting the Softis Tissue/Fiona Wood Foundation initiative. **Thomas' Story** SOFTIS Tissues is a fundraising concept that was created by Thomas' dad, Adam Frediani, one of our current Liwara families. When Thomas was very little, he and his dad were cooking and a very bad accident occurred. Thomas burned his chest and right arm so badly that he needed to go to Perth Children's Hospital Foundation (previously PMH), but he knew that he needed help if he wanted to make a real difference. So, SOFTIS Tissues were born. Each packet of 200 tissues costs \$2.50 & from this price, \$1 per pack is donated directly to PMH & Fiona Wood Foundation for the purpose of paediatric burns research and 70c per pack is retained by the school to be used for fundraising purposes. Each family have been given 10 pkt which we ask that you sell to your family, friends & neighbours and send the \$25 back to school at the start of Term 3. If you would like more tissues please contact the P&F.

***IT PD AT LIWARA*** Liwara played the host for, 4 of our neighbouring school Leadership & IT Teams, St Anthony's Wanneroo, Whitfords Catholic, St Elizabeth's Hocking & St Andrew's Clarkson where we had Standout Education work with us for half a day to upskill the teams on some of the LeadingLights Initiatives. The session was very well received and we will be continuing this collaboration for the remainder of the year with our classroom teachers.

***BUILDING*** The building work has begun and there will be a lot more happening during the school holidays. I met with the builders and architect today and they are confident they are keeping close to their timeline. The students should be in their new Art Learning Space in Week 1.

## FROM THE ASSISTANT PRINCIPALS

### ***PUPIL FREE DAY***

Monday 17 July will be a Pupil Day for students. The staff will be involved in Curriculum Professional Development on this day.

### ***CONFIRMATION COMMITMENT MASSES***

Students receiving the Sacrament of Confirmation this year will need to attend a Confirmation Commitment Mass on Saturday 29 July at 6:00pm or Sunday 30 July at 9:00am, 10:30am or 5:00pm.

### ***OPENING MASS***

There will be a Mass for the beginning of Term 3 on Friday 21 July commencing at 9:00am. All parents are welcome to attend.

### ***CERTIFICATE ASSEMBLY***

The first Certificate Assembly for Term 3 will be held on Friday 28 July in the Ahern Centre commencing at 9:00am.

# WE ARE A PARENTING IDEAS SCHOOL

## Teach kids to problem solve

By Michael Grose



When parents solve all children's problems we not only increase their dependency on adults but we teach them to be afraid of making mistakes. That's fertile ground for anxiousness and perfectionism, which often go hand in hand. Kids get used to bringing their problems to parents to solve. Of course, if you keep solving them, they'll keep bringing them. *"Mum, my sister is annoying me?" "Dad, can you ask my teacher to pick me for the team?" "Hey, I can't find my socks!"*

It's tempting if you are in a time-poor family to simply jump in and help kids out.

Alternatively, you can take a problem-solving approach, cuing them to resolve their own problems and take responsibility for their concerns. *"What can you do to make her stop annoying you?" "What's the best approach to take with your teacher?" "Socks, smocks! Where might they be?"*

Here are 5 questions you can ask kids to encourage them to resolve their own problems:

### 1. ***"Can you solve this yourself?"***

Get kids thinking they can do it.

### 2. ***"What do you think needs to happen?"***

Start kids thinking about solving problems.

### 3. ***"What's the first step?"***

Sometimes just getting kids started is enough to get them working out issues themselves.

### 4. ***"How would you like me to help?"***

Get kids considering the type of assistance they need.

### 5. ***"What's the best way to do this?"***

Get kids assessing and prioritising.

Problem-solving is one of the four major skills (optimism, social skills & independence being the others) that resilient kids share, yet it's the one that many of us aren't equipped to develop. Start by stepping back and asking good questions when kids bring you their problems to solve.



LIWARA CATHOLIC PRIMARY SCHOOL

# CANTEEN MENU

ORDER ONLINE TODAY @ [www.QuickClik.com.au](http://www.QuickClik.com.au)

Canteen Phone: 9448 3811 ext 5

## SANDWICHES:

Add 60c for Rolls & Wraps

SALAD— Lettuce, Tomato, Carrot, Cucumber	\$2.80
HAM	\$3.00
HAM & CHEESE	\$3.30
HAM, CHEESE & TOMATO	\$3.60
EGG	\$3.00
EGG & LETTUCE	\$3.30
CHICKEN	\$3.60
CHICKEN & CHEESE	\$4.90
TUNA	\$3.30
VEGEMITE	\$2.00

## HOT FOOD:

### TOASTED SANDWICHES-

CHEESE	\$3.60
HAM	\$3.60
CHEESE & VEGEMITE	\$3.90
CHEESE & TOMATO	\$4.10
HAM & CHEESE	\$4.40
HAM, CHEESE & TOMATO	\$4.70
HAM, CHEESE & PINEAPPLE	\$4.70
CHICKEN	\$4.40
CHICKEN & CHEESE	\$4.90

## COUNTER SALES RECESS ONLY

FRUIT & CUSTARD CUP	50c
YOGHURT—Vanilla or Strawberry	50c
FRUIT TOAST	40c
POPCORN	50c
APPLE SLINKY	50c
SLINKY YOUR APPLE	20c
MUFFIN/Slice of the Day Hash Brown	50c \$1.00
FRUIT JELLY	60c
CUSTARD	60c
CHEESIE	60c
PIECE OF FRUIT	20c

## COUNTER SALES LUNCH ONLY

ICY POLES	30c & 60c
ICE CREAMS (ASSORTED)	\$1.00—\$1.50
<b>DRINKS</b>	
WATER	\$1.00
FRESH MILK	\$1.00
CHILL -Choc, Strawberry	\$2.00
Apple & Blackcurrant	\$1.60
Apple Juice	\$1.60
Orange Juice	\$1.60

## SALAD TRAYS all with lettuce, cucumber, carrot, tomato, capsicum

SALAD	\$3.00
EGG & SALAD	\$3.60
HAM & SALAD	\$3.80
CHEESE & SALAD	\$3.60
CHICKEN & SALAD	\$4.20

## DAILY SPECIALS

MONDAY	TUESDAY	THURSDAY	FRIDAY
PIZZA Supreme OR Cheese & Bacon \$4.00	BEEF BURGER with SALAD - lettuce, carrot, tomato, cucumber & tomato OR bbq sauce \$4.80	SUSHI (5 PIECE) (order by Tue) Teriyaki Chicken, Tuna or Vegetable \$5.00	BEEF PIE \$4.50
SPAGHETTI & MEATBALLS \$4.40	CHEESEBURGER with SALAD & tomato OR bbq sauce OR mayonnaise \$5.00	TERIYAKI CHICKEN SALAD Lettuce, cabbage, carrot & Teriyaki chicken topped with crispy noodles \$4.00	POTATO TOP PIE \$4.60
HOT DOG with tomato OR bbq sauce \$4.30	MACARONI CHEESE (V) \$4.20	DINO SNACKS & RICE \$4.20	SAUSAGE ROLL \$4.00
FISH FINGERS & RICE 4.00	RAVIOLI \$4.40	CHICKEN STRIP with RICE OR PASTA \$4.60	LASAGNE \$4.40
	SPAGHETTI BOLOGNESE \$4.40	NACHOS (V) (GF) \$4.20	



**REGISTER  
TODAY!**

FREE, QUICK & EASY

**WE ARE  
NOW A  
QUICKCLIQ  
MEMBER!**

By supporting QuickClik  
you are supporting  
your school.



REGISTER TODAY AT

**[www.QuickClik.com.au](http://www.QuickClik.com.au)**

### How to get started:

- Visit [www.Quickclik.com.au](http://www.Quickclik.com.au)
- Sign up by completing the registration form
- Recieve a confirmation email with activation link
- Activate your account and login to the website
- Add a student and nominate their school
- Order whenever you like

### How to order meals:



Select a student



Select date



Add items



Confirm

*It is that simple! It is our job to make your life easier.*

Using QuickClik helps you stay organised, order up-to four weeks in advance.

SAFE & SECURE

SUPPORT LINE: 1300 11 66 37

ORDER 24/7



**REGISTER  
TODAY!**  
FREE, QUICK & EASY



## **Congratulations!**

Your school has made an important decision to join the digital revolution of online ordering. The QuickCliq ordering system is so simple even a child can use it, which means that the service is easy and convenient to use.

Created by schools and parents, Quickcliq is your one-stop shop for everything your school and students need. What used to take hours to procure can now be done in one place, with a simple click of a button.

**It is free, safe, and secure.**

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### **Why is my school using an online ordering system?**

It enables your school to be more efficient with school bookings and purchases. QuickCliq offers a large range of services with one central support hub. We like to call it hassle-free shopping. You can now say goodbye to running from shop-to-shop to fill your school orders, and hello to getting the job done quickly and easily in one online store.

### **Is the website safe and secure?**

QuickCliq is department of education approved and all your information is hosted in Australia. QuickCliq also has an SSL certification and is PCIDSS approved for secure financial transactions. This means that you can rest assured your information is protected.

### **How can I pay for my order or add credit to my account?**

You can use Paypal or Credit Card for immediate payment. You can also use Direct Deposit, which is fee free.

### **What if I need help?**

Just give our friendly, experienced team a call on 1300 11 66 37 from 7.30am Monday-Friday, or email us at [info@quickcliq.com.au](mailto:info@quickcliq.com.au)

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***By supporting QuickCliq you're supporting your school.***

Using QuickCliq helps you stay organised, order up-to 4 weeks in advance.

**SAFE & SECURE**

**SUPPORT LINE: 1300 11 66 37**

**ORDER 24/7**

# Year 6 Ministry Matters

## RSPCA DAY

In week 8 we held an RSPCA Day, where children and their families brought in old blankets, sheets and towels that we donated to the RSPCA for the care of their animals. We also raised \$250 from the generous donations of our Liwara families. On the Friday of Week 8, a lady from the RSPCA came in to accept the donations, along with some special guests, her dogs Bella and Peppy. Thank you everyone for your support.

*Year 6 Environment Ministry*



## Walk For Water

### *A Day in the Life of a Child Less Fortunate*

We would like to congratulate the Liwara community on a successful Walk for Water! We raised \$503 from the donations.

The money we raised has helped purchase clean water, four chickens, a fog trap, 12 fruit trees, one reading kit and one toilet for the less fortunate in Ethiopia, Cambodia, Vietnam, Kenya, Sri Lanka, Uganda, Philippines, Laos, Timor Leste and Zambia. These purchases were made through Child Fund Australia 'Gifts for Good'.



**Thank you to everyone who participated in the event.**

**- The Social Justice Ministry**





# SOCIAL WORKER'S CORNER

betterhealthprogram  
healthy active happy kids

**DON'T MISS OUT! REGISTER NOW FOR TERM 3 2017!**



**IS YOUR CHILD 7 - 13 YEARS?  
ARE YOU WORRIED ABOUT  
THEIR WEIGHT?**

- FUN, FREE 10 week program to help families to lead healthier and happier lives
- Build confidence and boost self esteem
- Get fit playing fun games and activities
- Meet new friends and learn new healthy eating and goal setting skills
- Set goals to reach and maintain a healthy weight

**TERM 3 DATES:**  
17/07/2017 - 22/09/2017

## TERM 3 2017 PROGRAMS

<b>Ellenbrook</b> Ailbot Grove Primary School Wednesdays 4.00pm - 6.00pm	<b>Mirrabooka</b> Herb Graham Rec Centre Thursdays 4.00pm - 6.00pm
<b>Cannington</b> Bounce Cannington Tuesdays or Wednesdays 4.00pm - 6.00pm	<b>Rockingham</b> Mike Barnett Sports Complex Tuesdays 4.00pm - 6.00pm
<b>Cockburn</b> Cockburn Integrated Health Thursdays 4.00pm - 6.00pm	<b>Joondalup</b> HBF Arena Thursdays 4.00pm - 6.00pm

1300 822 953 | SMS: 0409 745 645 | [betterhealthprogram.org](http://betterhealthprogram.org)  
Facebook: Better Health Company

betterhealthprogram  
healthy active happy kids

## Referral Form

Fax to 1300 325 301 or Email to [program@betterhealthcompany.org](mailto:program@betterhealthcompany.org)

The Better Health Program is a community-based program, FREE for overweight and obese children, aged 7 to 13 years and their families. The program supports families to make healthy lifestyle changes, producing clinically significant results on weight, fitness and self esteem.

Staff contact details:

Referring health professional's name: .....

Name of service/practice: .....

Phone number: .....

Patient details: Child details

Name: .....

Date of birth: .....

Weight: ..... Height: ..... (if known)

Parent/carer details

Name: .....

Preferred phone number: .....

Address: .....

Suburb: ..... Postcode: .....

Email: ..... (if known)

The parent/carer will be contacted within three working days to enrol the family into a local Better Health Program.

For further information go to:

[www.betterhealthprogram.org](http://www.betterhealthprogram.org) or call us on 1300 822 953

# Sustainable Living

Our school has now joined 'Bright Smiles, Bright Futures' recycling program that accepts : Any brand of used toothpaste tubes, toothbrushes, plastic toothbrush packaging, interdental brushes, wisps, pumps, stand up toothpaste bottles and any kind of non-electric toothbrush or toothpaste tube and all affiliated non-recyclable packaging.

## Best practices for recycling:

In order to recycle this waste stream properly, please make sure all excess product has been removed (i.e. leftover toothpaste). Additionally, if you choose to rinse your product, please note that it must be completely dry prior to shipping. You cannot ship dripping packages.

## What happens to the waste:

Once collected, the oral waste and foil wraps are cleaned and melted into hard plastic that can be remoulded to make new recycled products.

**A collection box will be placed in the undercover to the right of the canteen.**



**Therapy Focus** is one of the leading providers of disability services in Perth & WA. Our **therapy** programs help kids & adults with a range of disabilities.

This year our Year 5 students entered the 'Therapy Focus' art competition. They were among the 4,341 entries from 58 schools across the state. A panel of judges selected the best 100 entries which will be displayed at Whitfords Shopping Centre from Saturday July 1 until Thursday July 6. From there the judges will select the best entries to match the text of the storybook which will be published.

Congratulations to Aaron Keating and Ava Tavoraro who are among the 100 finalists.



# GENERAL SCHOOL NEWS

## ACHIEVEMENT CERTIFICATES PRESENTED - 23 June 2017

PPG Aiza Torkington, Jai Thorpe  
PPR Sophia LeBlanc, Abbey Sarullo

1G Alexander Grieve, Larissa Friedlieb  
1R Jack Casey Crowley, Thomas Bozich

2G Brianna Czerwionka, Indigo Ravi  
2R Ryan Taylor, Lachlan O'Connor

3G Ruby Hodge, Annaleigh Brennan  
3R Evie Gard, Muhoro Ndirangu

4G N/A  
4R Thalia Fink

5G Oscar Sadlo, Ronan Gittos, Juliana Memales  
5R Niamh Kimberley, Jazmyn Hay

6R Tessa Corboy, Eoin Haynes  
6G April Romeo, Cian O'Hehir

**Greenwood Dental Therapy** will be closed over the school holidays from 5/7/2017—14/7/2017.

Emergency Centres are -  
5/7/2017 Hudson Park 93424217  
6/7/2017 Halidon 9409 6362  
12/7/2017 Landsdale 9302 2969  
13/7/2017-17/7/2017 Halidon 9409 6362

Greenwood Dental will reopen on Monday 17/7/2017 at 8am



Those Altar Servers and those interested in becoming an Altar Server (need to have completed your Holy Communion), a meeting will be held in the church for children and their parents on Wednesday, 26<sup>th</sup> July at 6.30pm. Enq: John Elkin 0476 973 430.

### All Saints Catholic Church

**PARISH PRIEST:** FR ELVER DELICANO

**ADDRESS:** 7 LIWARA PLACE, GREENWOOD WA 6024

**TEL:** 9447 6225 **FAX:** 9246 2692

**MOB:** 0435 173 454 *(for Urgent pastoral needs only)*

**PARISH EMAIL ADDRESS:**

[greenwood@perthcatholic.org.au](mailto:greenwood@perthcatholic.org.au)

**PARISH OFFICE OPENING TIMES:** MONDAY,

WEDNESDAY & FRIDAY 10:00AM TO 3:00PM

**MASSSES:** Mon-Fri 9.00am Wed Eve - 6.45pm - Saturday 9.00am & Vigil - 6pm—Sunday 7.30am, 9.00am, 10.30am & 5.30pm (anointing every 2<sup>nd</sup> Saturday of month)

**Reconciliation:** Saturday 9.30am-10.00am and 5.00pm - 5.30pm or by request.

#### All Saints Parish 24:7 Greenwood Youth Group

For all youth in Years 6-12

Every Sunday night 6.30-8pm @ the Ahern Centre (Liwara Catholic Primary School)

For more info call Lynn 0452 413 942 or Lionel 0405 107 841



## WORLDWIDE MARRIAGE ENCOUNTER

A Weekend of Discovery....a lifetime of love. A Marriage Encounter weekend can rekindle the sparks you felt on your wedding day! Marriage Encounter is 44 hours where married couples can get away from jobs, children, chores and phones – and focus only on each other. If you'd like greater depth, growth and enrichment in your relationship, you'll like the difference a Marriage Encounter Weekend can make.. It is a positive and private experience between you and your spouse with NO group sharing. We invite you to join us on our next Worldwide Marriage Encounter Weekend **11 – 13 August 2017** or **13 - 15 October 2017** For information or booking contact: 0424 220 625 – George & Monica or Email: [WAb bookings@wwme.org.au](mailto:WAb bookings@wwme.org.au) Website – [www.wwme.org.au](http://www.wwme.org.au)

# UNIFORM SHOP

## FRIDAY

8.00am - 9.15am and  
2.30pm - 3.15pm

## Holiday Opening Times

Friday 7th July 2017

8.30-9.30

Wednesday 12th July 2017

4.30 - 5.30pm

## QUICKCLIQ

ONLINE ORDERING COMING SOON!

Please direct enquiries to

[uniformshop@liwara.wa.edu.au](mailto:uniformshop@liwara.wa.edu.au)

Order Forms available on website

Full payment is required on ordering. Orders will be  
dropped off at your child's class on Monday mornings.

# Outside School Hours Care

Before & After School Care

Vacations Care

Contact Centre Supervisors

**0477 994 123**

**PLEASE BOOK NOW  
TO AVOID DISAPPOINTMENT**



# Absentee Line

**SMS - 0419 915 606**

for the absentee line before **9.30am**.

Leave the child's name, class and a brief  
description for the absence.

*Please do not reply to the computer generated absentee text  
sent to you if your child is not at school. We do not receive it.*



## CANTEEN

**Contact Helen: 9447 5133**

# CANTEEN NEWS

Please call in and put your name on the list for  
term 3.

Enjoy the holidays.

Helen Miller

Canteen Manager

**QUICKCLIQ  
ONLINE ORDERING ON THE WAY!**