



# LIWARA CATHOLIC OUTSIDE SCHOOL HOURS CARE VACATION CARE PROGRAM – January 2019

June  
2019

## INFORMATION FOR FAMILIES

This program is available to school aged children from Pre Kindy – Year 6. It has been developed to ensure that children in early to middle childhood have access to age appropriate recreational experiences that promote challenge, social engagement as well as opportunities to engage with the community around them. The program is planned in advance and therefore may change if extreme weather conditions exist.

### Program Development

The program will follow the EYLF & My Time Our Place Curriculums and will comply with the National Quality Framework as well as the Education and Care National Regulations Act. Programs will be developed in consultation with children and families attending the programs and will be based on children's interests.

### Contact Us

Phone - 0477994123  
Email – OSHC.liwara@cewa.edu.au  
Postal Address –  
5 Tuart Road,  
GREENWOOD 6024

### Fees

\$75 for vacation Care and Pupil  
Free Days  
Includes excursions, breakfast and  
afternoon tea and lunch where  
stated.

### How to book

Bookings can be made  
at the Liwara OSHC  
centre between 7am –  
9am &  
3 pm - 6pm weekdays

## *Vacation Care Booking Conditions*

Please choose carefully as once booked, days cannot be swapped or changed.

**PLEASE NOTE THAT A 20% LATE BOOKING  
FEE WILL BE CHARGED FOR BOOKINGS GIVING LESS THAN 7 DAYS NOTICE.**

*\* By signing parents or guardians agree to the Booking Conditions and Payment of Fees Policy and give their consent for their child to be transported to and from the excursions venue specified as well as providing consent for their child to participate in experiences offered as part of the excursion as detailed on this program.*

*Please see staff if you require more information or wish to make alternative care arrangements.*

### *Liwara Catholic Out of School Hours Care*

**Located on the grounds of the Liwara Catholic Primary School in Greenwood.**

This service is part of the licensed children's services run under the Catholic Education Commission Trustees Associations WA (inc) Provider Approval

<p><b><i>Transport/Excursions</i></b> <i>(Policy Extract)</i></p> <p>Travel Arrangements: a bus hired from the preferred provider for use for student transport. All children and staff will be given clear guidelines and safety rules when moving to the vehicle and whilst travelling in the vehicle. When moving from front gate to vehicle children will follow educator and listen to instructions. Children must remain seated and in their own seat while on the bus and seatbelts will be worn while the bus is in transit. Children are not permitted to open door or get out of the vehicle unless given permission to do so. In case of an emergency the bus will pull over to a safe location and contact the centre Director/ Coordinator to assist. In case of a breakdown the staff member will call the RAC for assistance or organise a relief staff member or school principal - Andrea Millar - to collect children. A first aid box will also be stored in the vehicle.</p>	<p><b><i>Sun Safety</i></b> <i>(Policy Extract)</i></p> <p>Our Sun Protection Policy has been developed to ensure that all children are protected from skin damage caused by the harmful ultraviolet radiation (UVR) from the sun. To ensure all children are protected the following applies:</p> <ul style="list-style-type: none"> <li>• Children will wear a hat whenever outside</li> <li>• SPF 50+ broad spectrum water resistant sunscreen will be provided for children and applied 20 minutes before going outside.</li> <li>• Outdoor play will not occur in extreme heat or at the hottest time of the day.</li> <li>• Staff will act as role models, by wearing hats and following sun smart procedures.</li> <li>• Sunscreen protection will be provided at all times throughout all seasons.</li> <li>• It is recommended that children and educators wear loose fitting clothing that protects as much of the skin as possible for outdoor activities. Shirts that cover the shoulders and have collars and sleeves in addition to longer style skirts and shorts are most suitable.</li> <li>• Children wearing tank tops, singlets or dresses with strappy shoulders will be required to play in an area protected from the sun.</li> </ul> <p><b>On excursions children MUST wear their school hats and an OSHC Visy Vest (provided) as this assists ease of identification.</b></p>
<p><b><i>Daily Routine</i></b> <i>(In-house &amp; Incursions)</i></p> <p>7.00am - Centre opens 7.00 – 8.30 Breakfast and indoor/outdoor activities 9.45 - Morning tea (or as/when required) 10.00am – 12.00 Indoor/outdoor experiences 12.00 – 1.00 Lunch 1.00 – 3.30 Indoor/outdoor experiences 3.30- Afternoon tea 4.00 – 5.30 Indoor/outdoor experiences 6.00pm – Centre closes</p> <p><b><i>Daily Routine</i></b> <i>(Excursions)</i></p> <p>7.00am - Centre opens 7.00am – 8.30am Breakfast and indoor/outdoor activities 9.30am - Depart for excursion (or as detailed on the program) 10.00 – 12.00pm- Morning tea and excursion activities 12.00 – 1.00pm Lunch 1.00pm – 3.30pm- Excursion activities 3.30pm- Return to the OSHC Centre for afternoon tea 4.00 – 5.30pm Indoor/outdoor experiences 6.00pm – Service closes</p>	<p><b><i>Important Information</i></b></p> <p>Where stated lunch and afternoon tea is provided by the service. A menu is on display at the service. We offer a varied lunch menu to encourage children to experience different food choices. Please read the menu on the program and provide a packed lunch if you know your child will not enjoy the lunch provided. Please provide morning tea for your child each session and a packed lunch where stated on the program.</p> <p>All entry fees for excursions and incursions are included in the daily fee unless otherwise stated.</p>

<b>Program Summary – PLEASE KEEP</b>	
<p><b>Tuesday</b> June 4<sup>th</sup></p>	<p><b><u>Program details – Mindful Movement Incursion -</u></b>            Today the children will be introduced to greater awareness of self through mind and body. They will learn to incorporate movement, breathing, mindfulness, games and creativity into our session. Children will be helped to learn tools to help bring more health and wellness into their lives in a fun and interactive way.  <b>Lunch will be provided and will be macaroni cheese &amp; garlic bread. Breakfast and afternoon tea will be provided.</b>            Program reminders – Please bring recess, a drink bottle, hat and wear suitable clothing and please <b>BRING A TOWEL to use as a yoga mat.</b></p>
<p><b>Thursday</b> June 28<sup>th</sup></p>	<p><b><u>Program details – In-House - Rrrrrrrr Pirate Day -</u></b>            Join us and Pirate Re-Pete for a day full of adventures. We will have a pirate themed bouncy castle, we will make eye patches and pirate flags, hunt for treasure and build rafts. Come dressed in your pirate clothes for a day.  <b>Lunch will be provided and will be Tacos.</b>            Breakfast and afternoon tea will be provided.            Program reminders – Please bring recess, a drink bottle, hat and wear suitable clothing.</p>
<p><b>Friday</b> June 29<sup>th</sup></p>	<p><b><u>Program details – In House - One Minute Challenge -</u></b>            Are you up for a challenge? Today we will be taking part in One Minute Challenges and you will get to compete in teams and as an individual. Who will be able to build the tallest spaghetti tower OR who will win the rubber band shoot out. Great challenges and great prizes for the winners.  <b>Lunch will be provided and will be ham or cheese burgers. Breakfast and afternoon tea will be provided.</b>            Program reminders – Please bring recess, a drink bottle, hat and wear suitable clothing.</p>

## VACATION CARE JUNE 2019 - BOOKING FORM

### Details

Child 1  
Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Is your child affected by any of the following conditions (please tick)

- Anaphylaxis – please provide an action plan to staff and any medication required*
- Asthma – please provide an action plan to staff and medications required*
- Medical condition – please provide a care plan*
- Disability – please provide a care plan*

Child 2  
Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Is your child affected by any of the following conditions (please tick)

- Anaphylaxis – please provide an action plan to staff and any medication required*
- Asthma – please provide an action plan to staff and medications required*
- Medical condition – please provide a care plan*
- Disability – please provide a care plan*

Child 3  
Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Is your child affected by any of the following conditions (please tick)

- Anaphylaxis – please provide an action plan to staff and any medication required*
- Asthma – please provide an action plan to staff and medications required*
- Medical condition – please provide a care plan*
- Disability – please provide a care plan*

### *Family acknowledgement:*

*I have checked the information contained in my child/children's current enrolment form/forms and have ensured that all information contained in the documented is correct and/or have provided updated details as required.*

*Signed* \_\_\_\_\_

*Full Name* \_\_\_\_\_ *Date* \_\_\_/\_\_\_/\_\_\_

**NB - On excursions children MUST wear their school hats as this assists ease of identification.**

Program Details - Pupil Free Days June 2019		
<p>Tuesday June 4<sup>th</sup></p>	<p><b>Program aim – Outcome 1.1 Children feel safe, secure, and supported.</b>  <b>Program details – Mindful Movement Incursion -</b>            Today the children instructor Melanie will introduce the children to a greater awareness of self through mind and body. They will learn to incorporate movement, breathing, mindfulness, games and creativity into our session. Children will be helped to learn tools to help bring more health and wellness into their lives in a fun and interactive way.  <b>Lunch will be provided and will be macaroni cheese &amp; garlic bread. Breakfast and afternoon tea will be provided.</b>            Program reminders – Please bring recess, a drink bottle, hat and wear suitable clothing and please <b>BRING A TOWEL to use as a yoga mat.</b></p>	<p><input type="checkbox"/> Please tick to book  <b>*Signature required</b></p> <hr/>
<p>Thursday June 27<sup>th</sup></p>	<p><b>Program aim- 1.2 Children develop their autonomy, inter-dependence, resilience and sense of agency.</b>  <b>Program details – In-House - Rrrrrrrr Pirate Day -</b>            Join us and Pirate Re-Pete for a day full of adventures. We will have a pirate themed bouncy castle, we will make eye patches and pirate flags, hunt for treasure and build rafts. Come dressed in your pirate clothes for a day.  <b>Lunch will be provided and will be Tacos. Breakfast and afternoon tea will be provided.</b>            Program reminders – Please bring recess, a drink bottle, hat and wear suitable clothing.</p>	<p><input type="checkbox"/> Please tick to book  <b>*Signature required</b></p> <hr/>
<p>Friday June 28<sup>th</sup></p>	<p><b>Program aim- 4.2 Children use a range of skills and processes such as problem solving, enquiry, experimentation, hypothesising, researching and investigating</b>  <b>Program details – In House - One Minute Challenge -</b>  <b>Are you up for a challenge?</b> Today we will be taking part in One Minute Challenges and you will get to compete in teams and as an individual. Who will be able to build the tallest spaghetti tower OR who will win the rubber band shoot out. Great challenges and great prizes for the winners.  <b>Lunch will be provided and will be ham or cheese burgers. Breakfast and afternoon tea will be provided.</b>            Program reminders – Please bring recess, a drink bottle, hat and wear suitable clothing.</p>	<p><input type="checkbox"/> Please tick to book  <b>*Signature required</b></p> <hr/>