



# LIWARA CATHOLIC PRIMARY SCHOOL

Newsletter No 8 24th May 2018

5 Tuart Road Greenwood

08 9448 3811

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## OUR MISSION

We gather as a community of believers in a Catholic environment to develop in each child a sense of wonder of learning.

With the essential support of parents,

our Mission is **to empower children to be faith filled, confident and fully rounded, life-long learners.**

## OUR VISION

Our Vision is a community with strong connections where every student has a sense of belonging,

feels safe and is known by name and need.

As our motto suggests, we strive to be a place of **Strength in Community.**



## ALL SAINTS CATHOLIC CHURCH

**PARISH PRIEST:** FR ELVER DELICANO

**ADDRESS:** 7 LIWARA PLACE,  
GREENWOOD WA **TEL:** 9447 6225

Check for further details on the  
General School News page.

*A Prayer of Thanks for all God's Children*

*Lord our God*

*We thank you that you made each one of us in your image  
and likeness and that we are all your beloved children.*

*We pray for the students we teach.*

*We pray for children who*

*.... make us smile;*

*.... challenge our way of thinking;*

*.... are hard working;*

*.... find learning tough;*

*.... are a delight;*

*.... like to laugh;*

*.... have lots to share;*

*.... never say a word;*

*.... are easily overlooked;*

*... remind us of ourselves when we were younger!*

*We thank you for all the students who have an impact on our lives and for the  
privilege of having an impact on their lives.*

*Lord, help us not to label those we teach or to fall into the trap of thinking  
we have got them 'worked out'.*

*Help us to be open to new revelations and the work of your Holy Spirit in each of their lives.*

*Lord, use those we teach to teach us.*

*Help us to be Christ-like at all times; seeing each one with your eyes and  
valuing them with your heart of love.*

*We ask this prayer in the name of Jesus the teacher. Amen*

## A MESSAGE FROM THE PRINCIPAL

Dear Families,

**MOTHER'S DAY CELEBRATIONS:** I would like to extend my thanks to all who were involved in preparing for our Mother's Day Mass and morning tea. It was such a delight mingling with our Liwara mums, grandmothers, carers and aunties after Mass and how proud I was of our Year Six students who diligently served and cleaned up after the event.

**LEADERSHIP REGIONAL NETWORK CLUSTER MEETING:** On Monday 28 May we will be showcasing our beautiful school when Leadership Teams from six of our regional Catholic Schools meet here, in the Sr Leonie O'Brien Learning Centre, to gather for an afternoon of sharing best practice. Signora Rosaria Rossi and Mrs Gaye Margetic and classroom teachers have been extremely flexible and supportive by moving Italian lessons into the classrooms and Library borrowing to the morning blocks.

**THREE YEAR OLD PRE KINDY PROGRAM:** We currently have seven students confirmed for the Friday Pre Kindy program which we will be starting up in Term 3. If you know of any families in our School or Parish community, neighbours, family or friends who would like the opportunity to send their child to our engaging child-centred program which can help them to make the transition into an expanded world of people and experiences, then ask them to contact the school and speak to Karen Rosser, our Enrolment Officer. Please note that the confirmation slip that was sent out to families who were interested in the program is due to be returned by Thursday 31 May. I will be informing the community of the staffing arrangements for the Friday session in the Week 6 Newsletter. We have delayed the start of the second day as we need to have at least ten students to make the program financially viable. Thank you for spreading the word!

Contd.

**LAPATHON:** What a wonderful event the P&F Lapathon Committee organised for our students last week, keeping them energised and active whilst raising funds to support initiatives to improve our school environment. A special thank you to Jane Pintaudi and her team for putting the day together and to all the parents helpers and supporters, I thank you for another successful event.





## Avoid the pitfalls of labelling kids

by Michael Grose

*People are natural labellers. We're quick to categorise others, particularly when they hold different views to ourselves. Terms such as 'racist', 'feminist' and 'socialist' are used liberally at the moment.*

The trouble with placing a label on a person is that it stops us from thinking too deeply about what they're saying and prevents us from understanding who they really are. It's hard to see beyond the label.

The same principle applies when we apply labels like these on kids:

*"She's the bright one of the family."*

*"My child is the one on the autism spectrum."*

*"He's such a naughty kid."*

*"She's an only child."*

*"He's shy."*

The labels we place on kids can become their defining characteristics. Anyone who has been called 'stupid', 'tanglefoot' or a 'klutz' will know that these tags can become an overriding narrative, remaining well into adulthood. *"I'm hopeless with accounts. I was a klutz in maths when I was a kid and I'm still hopeless with figures,"* is an example of a self-limiting storyline that has its origins in childhood.

Even positive labels can be a burden for some children. Be told often enough that you're the 'smart', the 'good' or the 'responsible' child of the family or class and you've got some lofty expectations to live up to. There's nothing wrong with setting high behavioural or academic standards, but a child's good behaviour or high achievement shouldn't become a badge or label that they always have to wear.

### Look beyond the label

Instead of labelling kids, look beyond the label when you talk about them. For instance, when working with a child on the autism spectrum a teacher or coach will need an understanding of the child's condition in order to communicate with, manage and teach the child. But autism shouldn't be the defining characteristic; it shouldn't be the only lens used to relate to the child.

A child is so much more than any condition they have, but being labelled as the 'autistic child', the 'anxious child' or the child with oppositional defiant





disorder immediately colours the perception others will have of them, as well as affecting the way the child sees him or herself.

## **Help kids to define themselves broadly**

Many children put self-limiting labels on themselves. A child who defines himself as being stupid because he struggles academically benefits from parents who lovingly point out that there is more to life than schoolwork. Help your kids see the strengths that they have in other areas of life such as making friends or success at leisure activities, along with personal qualities such as loyalty, patience and persistence. In other words, help children see past any labels that they place on themselves.

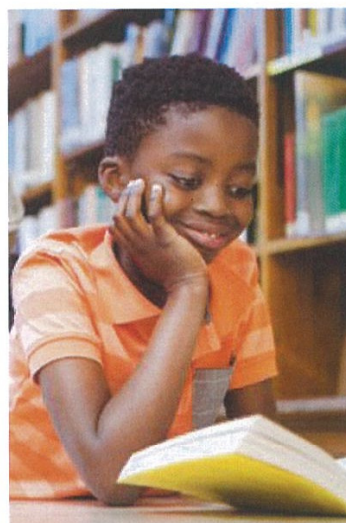
## **Label the emotion or behaviour**

Just as we should resist calling a child who bends the truth a liar (as it may well become a self-fulfilling prophecy), we should also avoid labelling kids who experience anxiousness in new or unfamiliar situations as 'anxious children'. Being tagged an 'anxious child' gives a child a great excuse to avoid situations such as attending school camp or going to a concert because she feels uncomfortable, nervous or shy. The anxious child tag can stop a child from showing the bravery and courage she needs to overcome nerves, self-consciousness or feelings of discomfort.

Instead, talk about anxiousness, nervousness and tension – which are emotions that children will naturally experience – while avoiding using the terms as tags or labels. For instance, it's possible to feel anxious without being an 'anxious person'. Labelling the child instead of the feeling can too easily define and restrict kids.

Talk about behaviours that may reduce these feelings, such as planning ahead, practising and mindfulness. This will help kids feel that they have some control over their feelings, whereas being tagged with a label or name negates a child's feelings of control and makes self-regulation more difficult.

Catch yourself next time you're about to stick a label – positive or negative – onto a child. Separate the deed from the doer, the kid from the condition, and focus on the behaviour or qualities that he or she needs to succeed in whatever it is they are trying to accomplish.



## **Michael Grose**

*Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including Thriving! and the best-selling Why First Borns Rule the World and Last Borns Want to Change It, and his latest release Spoonfed Generation: How to raise independent children.*



## **Ysafe Cybersafe Workshop**

**Tuesday 17<sup>th</sup> July 5-6pm**

**Ahern Centre**

The world of social media & technology is fast becoming the centre of our children's universe. It can be a challenging task for parents to stay on top of the dangers of social media and technology, while monitoring their child's online behaviour and finding balance.

We are offering a workshop for parents to learn more about managing children's technology use, including an introduction into the most popular social media platforms and practical tips for keeping kids safe online. We will also cover information on setting boundaries around technology, online behaviour management, and tools for managing technology both in and outside of the home.

If you've ever struggled with getting your kids off their games and into bed, worried about knowing what your child is accessing online, or felt concerned that your child was spending too much time in the digital world, this workshop is for you!

Please register for this event by following the link provided. This is an important school event for all parents to attend.

<http://bit.do/liwaraprimary>

# CANTEEN NEWS

*Please include your child's class colour (Red or Green) when you are ordering your children's lunches online.*

*This will reduce the time taken to process your order. Thank you.*

*Welcome back to a new year. Please take the time to look at the Quick Click menu as there are a few new items. <https://quickcliq.com.au/>*

## CANTEEN ROSTER

**25 May—8 June**

*25 May **Help Needed***

*28 May **Help Needed***

*29 May **Help Needed***

*31 May **Help Needed***

*1 June - Pupil Fee Day*

*4 June - WA Day*

*5 June - Karen McCallum*

*7 June - **Help Needed***

*8 June Helen Holton, Jo White, Gabbi Muir.*

***HELP URGENTLY NEEDED***

**Contact Canteen:  
9447 5133**



## SERVICES AT LIWARA

### UNIFORM SHOP

### OSHC

**THURSDAY**  
**8.15am - 9.00am**

Please direct all enquiries to  
[sales@jfe.net.au](mailto:sales@jfe.net.au)

**Order Forms** available on website  
Full payment is required on ordering. Orders will be dropped off at your child's class.

Before & After School Care  
Vacations Care  
Contact Centre Supervisors

**0477 994 123**

**BOOK NOW**

### HOLIDAY OPENING HOURS

**Monday 30 April**  
**3:30—5pm**



### ABSENTEE LINE

**SMS - 0419 915 606**  
for the absentee line  
before **9.30am.**

Leave the child's name, class and  
a brief  
description for the absence.

*Please do not reply to the  
computer generated absentee  
text sent to you if your child is  
not at school.  
We do not receive it.*

### CANTEEN

*Welcome back to a new year. Please  
take the time to look at the Quick  
Click menu as there are a few new  
items.*

<https://quickcliq.com.au/>



*Volunteers required*



## P & F Entertainment Books

Are currently for sale.  
Online and in the  
Front office.

## Have you enrolled Your child into Pre Kindy?



### 2018 COMMUNITY BUSINESS DIRECTORY

*The School Community Business Directory is an avenue of support for families within the school. The details listed are not to be used for marketing/advertising purposes or for commercial mass distribution of material.*

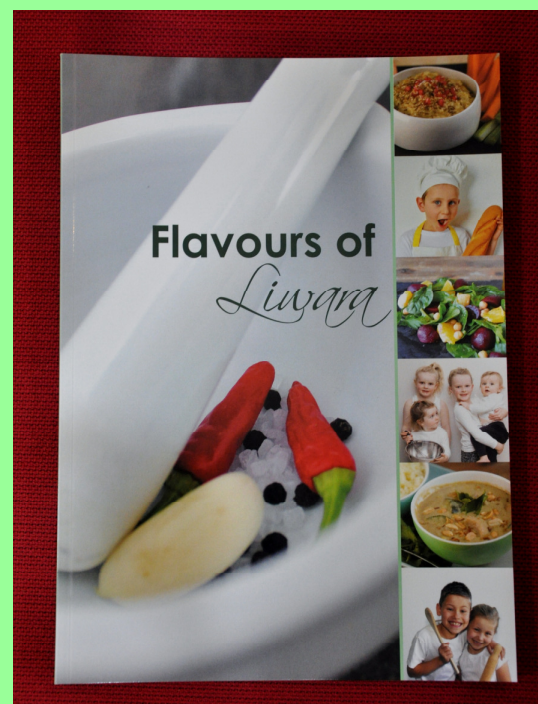
**LiwaraPBD@gmail.com**

<http://web.liwara.wa.edu.au/index.php/community-business-directory>

Liwara Catholic Primary School  
5 Tuart Rd, Greenwood WA 6005  
Tel: 08 9448 3811  
Email: [LiwaraPBD@gmail.com](mailto:LiwaraPBD@gmail.com)  
[www.liwara.wa.edu.au](http://www.liwara.wa.edu.au)



### LIWARA CATHOLIC PRIMARY SCHOOL COOKBOOK 2018



**Available for purchase in the  
School front office \$25**



# P&F Notices

# Family Matters

24 May 2018

## Coming Up...

**Liwara Skate  
Night  
15th June**

**Student Disco  
10th August**

**Major Parents  
Night Event  
\*\*New Theme\*\*  
TBA August**

**Next P&F Meeting  
Monday 11th June  
7pm  
All New Members  
Welcome**

**Fathers Night  
7th September**



## LIWARA COMMUNITY BUSINESS DIRECTORY

The Directory raised over \$1800 for the school last year!  
Make the Business Directory your first port of call, when looking for local products and services.  
Make a difference to the School, other families and your local community. Shop here first...

<http://www.liwara.wa.edu.au/wp-content/uploads/2017/03/PBD-Listings-2807-2017.pdf>

**P&F Contacts**  
Secretary and general enquiries  
[liwarapf@gmail.com](mailto:liwarapf@gmail.com)

**President**  
[liwarapfpresident@gmail.com](mailto:liwarapfpresident@gmail.com)

**Vice President**  
[liwarapfvice@gmail.com](mailto:liwarapfvice@gmail.com)

**Treasurer**  
[liwarapftreasurer@gmail.com](mailto:liwarapftreasurer@gmail.com)

Entertainment Books available in the office.  
\$70 cash or purchase via Trybooking and your book will be sent home with your eldest child.

Digital memberships can be purchased via the link and can be loaded onto 3 different smart phones for you convenience.  
Remember current memberships expire in a weeks time... so don't delay!

**The NEW Entertainment™  
Memberships are selling fast!**



## LIWARA LAPATHON

**Get your Sponer sheet and  
money in now**

**Great prizes to be won!**

**Lucky Prize Draw raffle ticket for  
every \$10 you collect.**

**Last chance to return money is  
Wednesday 30th May, don't delay!**

## Liwara Skate Night

**Fun with Family & Friends Fund-  
raiser  
Friday June 15th 6-8pm**



\$10 per Skater \$3 Skate Rental  
Rollerzone, 299 Victoria Rd, Malaga

<https://www.trybooking.com/379292>

\*Please note this is not a P&F supervised event. Each family is responsible for supervising their children.  
Also, this skate will be open to the general public – invite your family, friends & neighbours

## Liwara Catholic Primary School

# RAFFLE

**2018**

In Term 2 the P&F will be hosting a

**MEGA RAFFLE FUNDRAISER**

**Amazing Prizes on Offer!!!**

Our school community will benefit from all funds raised!

This is a fully licensed raffle; therefore Liwara Families, extended family, friends, work colleagues can all get involved!

**Stay tuned for more exciting  
details!!!**

# Second Hand Uniforms

## Advertise your Second hand uniforms on the Liwara P&F Facebook page

To join the Liwara P&F Facebook page, complete the application form below and then request membership on the 'Liwara P&F Association' Facebook page. You can then advertise any second hand clothing for sale. In your post please include photo, size, description of condition (good, ok or worn) and the price.



## The Liwara P&F is on Facebook

The Liwara P&F has a Secure Facebook Group for members of the Liwara community only. The Facebook Group is used for internal events and information for members of the school community. Applications must be made to the school to confirm eligibility of membership. Submit tear off slip below to the school office or email to [liwarapf@gmail.com](mailto:liwarapf@gmail.com) and search "Liwara P&F Association" to request membership or click link <https://www.facebook.com/groups/377178798959937/>

Membership will only be accepted once eligibility confirmed by the School Secretary. All members of the School Community wishing to be on Facebook must read the guidelines contained on the school website.

### LIWARA P&F FACEBOOK GROUP APPLICATION

I \_\_\_\_\_ would like to request permission to join the Liwara P&F Association's Facebook Group Page.

I have read the Policy governing the use of this page and agree to adhere to all terms & conditions.

I understand that my eligibility to for this Facebook Group will cease once I no longer have a child enrolled at the school.

Name of youngest child and current year at school \_\_\_\_\_

\_\_\_\_\_  
Signature of applicant

\_\_\_\_\_  
Email Address

Eligibility confirmed by School Secretary Yes/No

Signature of School Secretary \_\_\_\_\_