



LIWARA CATHOLIC PRIMARY SCHOOL

Newsletter No 9 7th June 2018

5 Tuart Road Greenwood

08 9448 3811

MY COMMUNION PRAYER

Dear God, I know that You give me many gifts.

The gift of Your Son, Jesus Christ in Holy Communion is the greatest of all.

How can I ever thank You enough for this special gift?

At Mass we are called to be like Jesus, by loving and serving one another in the world.

As I become more like Him, please continue to help me.

Show me the places and ways that I can bring Your love, kindness and peace to others....

In my family.. In my neighbourhood...in my community, with my friends.

I ask this in Jesus' name. Amen

A MESSAGE FROM THE PRINCIPAL

Dear Families,

YSafe Cyber Workshop Tuesday 17 July. Parents, please put this date into your calendars as I strongly encourage you to attend this important workshop, as the presenter will go through how to manage your child's technology use in this world of social media and technology which is fast becoming the centre of children's universes. You will be introduced to the most popular social media platforms and you will take away practical tips for keeping your child safe, online. For more detailed information please see the **flyer on page 6** of this newsletter and **register online**. Spread the word and bring along anyone who is interested in how to set boundaries around technology for children, online behaviour management and tools for managing technology both in and outside of the home. Mrs Remy McGavigan attend a session earlier this year and was very keen to offer it to our school community.

GIRLS SCHOOL UNIFORM: I have been contacted by some parents over the past couple of years about the possibility of allowing the girls to wear trousers and shorts to school, if this is their preference. I have asked them all to be patient as the transitioning into the new uniform and the change over to Jenny Franklin Industries taking over the running of the shop, was our first priority, however this practical alternative has always been part of the bigger plan. We are now ready for the students, who choose to wear the long trousers, to purchase them from the uniform shop. It is an expectation, however, that the full new winter uniform is worn, which includes the green shirt and normal green jumper. I anticipate that this will give our girls a more practical and comfortable solution when dressing for school on these cold winter mornings.

WINTER UNIFORMS: On occasions, in these last couple of weeks, children are arriving at school with only their green rain jackets to keep them warm. It seems some students are choosing to wear the rain jacket instead of the required school jumper. At all times, the school uniform code must be followed. If the students want to wear their rain jackets, this must only be worn over the school jumper and when they are outside or in the playground. Please refer to the website for the full summer and winter uniform requirements. The staff are going to be keeping a vigilant eye on the standards of the uniform and inform parents via the Uniform Notification form if the student is not abiding by the acceptable code. Thank you for your support in ensuring the students leave home dressed in their full winter uniform, or at least having their jumper in their bag in case they do get cold.

THREE YEAR OLD PRE KINDY PROGRAM: If you know of any families in our School or Parish community, neighbours, family or friends who would like the opportunity to send their child to our engaging child-centred program which can help them to make the transition into an expanded world of people and experiences, then ask them to contact the school and speak to Karen Rosser, our Enrolment Officer. Thank you for spreading the word!

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OUR MISSION

We gather as a community of believers in a Catholic environment to develop in each child a sense of wonder of learning.

With the essential support of parents,

our Mission is **to empower children to be faith filled, confident and fully rounded, life-long learners.**

OUR VISION

Our Vision is a community with strong connections where every student has a sense of belonging,

feels safe and is known by name and need.

As our motto suggests, we strive to be a place of **Strength in Community.**



ALL SAINTS CATHOLIC CHURCH

PARISH PRIEST: FR ELVER DELICANO

ADDRESS: 7 LIWARA PLACE,
GREENWOOD WA **TEL:** 9447 6225

Check for further details on the
General School News page.

TERM FEE REMINDER: A reminder for families who make term payments. Please contact the Bursar, Mrs Hansen, should you have any fee queries.

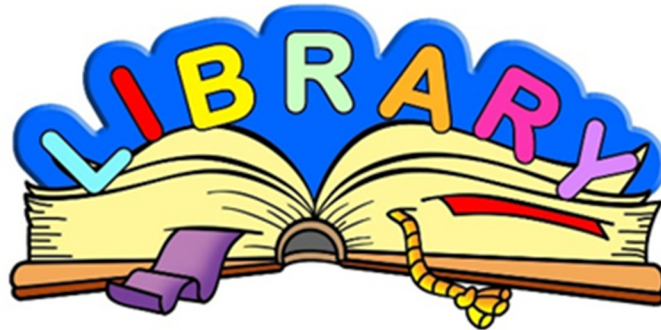
FROM THE ASSISTANT PRINCIPALS

FIRST HOLY COMMUNION

This weekend and next the Year 4 students will be making their First Holy Communion. The prayers of the whole community go out to them during this very special time in their Faith Journey.

LIFELINK 2018

Our school Social Justice Ministry attended the Archbishop's LifeLink Launch this week and presented the prayer cards, that were made by all our students, to the Archbishop who will then pass them on to those in need in the All Saints parish. Thank you to the Liwara School Community for the gold coin donations that will be forwarded to Lifelink for their role in supporting the many Catholic agencies of this diocese.



SCHOLASTIC BOOK FAIR

A BIG thank you

Thank you to all of our wonderful students, parents, grandparents, teachers and volunteers who helped make our Scholastic Book Fair such a BIG success!

Book sales totalled \$5,908.00. From the sales we have been able to purchase books to the value of \$2,048.86 for the library. This will support the school in stocking up on resources to enrich your children's education and promote a love of reading.

Thank you for supporting our Scholastic book sales throughout the year as money raised from these sales goes to the library to make new purchases.

With the help of our expert book 'coverers', books have already been processed and are available for the children to enjoy.

The goal of the library is always to promote reading and we hope that everyone is delighting in their books.

Thank you again!

LIBRARY VOLUNTEERS

Thank you also to the wonderful team of volunteers who have been regular helpers in the library. Our lovely group of Mums and Grandmothers have covered, shelved and helped to reorganise books in the library. A regular band of very enthusiastic 'Friday' volunteers have made a huge contribution to the smooth running of the library for the benefit of the children – no task has been too big or small for them. The support of the library volunteers has been invaluable.

2018 Liwara Cross Country

On Wednesday 23rd of May, all Pre-Primary to Year 6 students participated in the school Cross Country.

Well done to all the children, for running their best.

Congratulations to our winners of the day.



Pre Primary Boys



Pre Primary Girls



Year One Boys



Year One Girls



Year 2 Boys



Year 2 Girls



Year 3 Boys



Year 3 Girls



Year 4 Boys



Year 4 Girls



Year 5 Boys



Year 5 Girls



Thank you to all who came to watch and support the children during their race.

We have a group of 60 children going to the

Interschool Cross Country Championships on Friday
22nd June.

We wish them the best of luck.

Mrs Dawe



FROM THE SOCIAL WORK CORNER

Seasons for Growth Grief Program Learning to live with change and loss

Change and loss are issues that affect all of us at some stage in our lives. At Liwara Catholic School we recognise that when changes occur in families through death, separation, divorce or related circumstances, young people may benefit from learning how to manage these changes effectively. We are therefore again delighted to be offering a very successful education program called **Seasons for Growth which will commence in Term 3**. This program is facilitated in small groups and is based on research which highlights the importance of social support and the need to practise new skills to cope effectively with change and loss. The program focuses on issues such as self-esteem, managing feelings, problem-solving, decision-making, effective communication and support networks.

If you think your son or daughter would benefit from Seasons for Growth we would encourage you to talk to him/her about participating in the program.

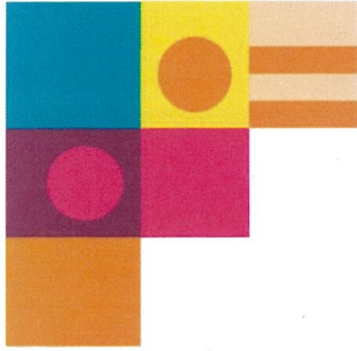
Liwara Catholic School is pleased to be able to offer this important program and we are confident that it will be a valuable learning experience for those who request to be involved. **REGISTER YOUR CHILD'S INTEREST NOW TO:**

Jane.evans@cewa.edu.au

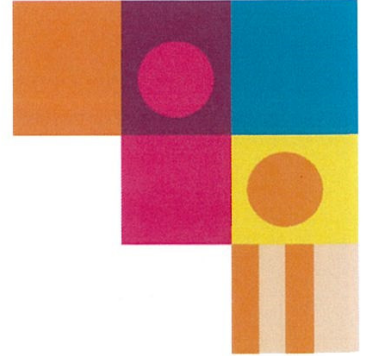
With sufficient numbers in similar age brackets we will be able to offer Seasons for Growth this year to those students in need.

With kind regards

Jane Evans



**LION
HEART**
CAMP FOR KIDS



A bereavement program supporting grieving children following the death of a parent, sibling or significant family member.

August 4 & 5, 2018
8.30am – 3:30pm

Venue
Bicton, WA

Cost
Free

Age group
5-12 years

Connecting children with other children experiencing the death of a family member

Educating adult family members on children's grief

Having HUGE amounts of fun

For more information and to register contact Shelly or Claire on 0481 199 758 or register online at

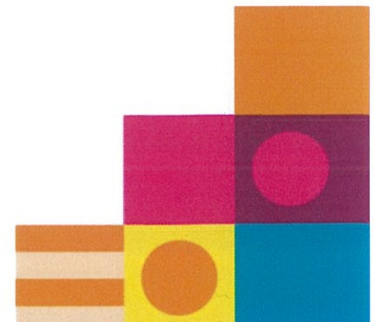
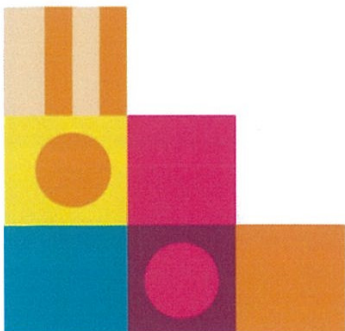
www.lionheartcampforkids.com.au

Proudly sponsored by

Commonwealth Bank
Lotterywest
Joondalup Health
Campus
Manildra Group

www.lionheartcampforkids.com.au

 fb.com/lionheartcampforkids/



Sustainable Living

As part of our sustainability role at Liwara we provide a battery collection for our community.

The following batteries

Household dry cell batteries including AA, AAA (single use or rechargeable), C, D, button batteries, 9V and 6V.



X Lead acid batteries, such as car batteries, laptop computer batteries and mobile phone batteries **cannot** be collected. Please contact your local council for details of how to dispose of these batteries.



**PARENTS WE NEED YOU TO
ATTEND THE
Ysafe Cybersafe Workshop
Tuesday 17th July 5-6pm
Ahern Centre**

The world of social media & technology is fast becoming the centre of our children's universe. It can be a challenging task for parents to stay on top of the dangers of social media and technology, while monitoring their child's online behaviour and finding balance.

We are offering a workshop for parents to learn more about managing children's technology use, including an introduction into the most popular social media platforms and practical tips for keeping kids safe online. We will also cover information on setting boundaries around technology, online behaviour management, and tools for managing technology both in and outside of the home.

If you've ever struggled with getting your kids off their games and into bed, worried about knowing what your child is accessing online, or felt concerned that your child was spending too much time in the digital world, this workshop is for you!

Please register for this event by following the link provided. This is an important school event for all parents to attend.

<http://bit.do/liwaraprimary>

insights

Talking to kids makes them smart

by Michael Grose



The links between school achievement and parents' ability to talk with kids from a young age are now well established.

The language stimulation children receive when they talk with parents is one factor. But engagement in conversation with parents benefits kids in a far broader sense. In many ways it is through conversations that kids get a real sense of us as parents. It is through talking with kids that we impart some of our knowledge, ideas, wisdom and thoughts while also gaining access to a window into their worlds and the way they think.

In the current age of digital distraction, talking with children and young people can be a challenge. Busy schedules, homes designed for individual enjoyment rather than group living, a plethora of screens competing for attention and kids that clam up at the first sign of a chat are some of the conversation blockers parents must overcome.

You need to be cunning, proactive and inventive to get some chat going at home. These are some ideas that will help.

1. Turn screens off. Are you competing with televisions, computers and electronic games for your kids' attention?

If so, take control of the screens to create some conversational space. Start with a screen-free day each week or screen-free hour each day if you have a home full of young hard-core screen junkies.

2. Turn screens on. If you can't beat them, join them. Some television programs provide great conversational fodder, particularly for older children and teens. Topics can range from "Who's going to win *My Kitchen Rules*?" or "What happens to the winners of *My Kitchen Rules*?" to "What is the point of *My Kitchen Rules*?"



3. Have regular mealtimes. The family that eats together talks together. Meals are great social occasions – more than just refueling stops. They provide terrific opportunities for families to get together and talk. It's no coincidence that families who enjoy and appreciate food generally enjoy close relationships as well. However, for this to work it's important that meals are screen free, so turn off the television and ban phones at the table.

4. Move more. If sitting and chatting is not your child's thing then try to get some action happening. Boys, in particular, tend to talk more when they are playing, walking or involved in activity with an adult.

5. Talk with kids on their own turf. Many children will open up in the privacy of their own bedroom where they tend to feel more relaxed and secure. If you have something important to discuss then choose a comfortable place and a time that promotes good conversation.

6. Try shoulder-to-shoulder parenting. Travelling together in a car with the radio off, washing the dishes together or playing a game can all provide opportunities for talk. Paradoxically, many teenagers will talk more when they don't have to concentrate or make eye contact with the other person. That's why cars can be great conversation catalysts for parents. Every family has their own way of getting the talk happening. Figure out what works for you and make sure it happens. The best communication in families happens when no one is working at it, however busy modern families need to work on their communication rather than leave it to chance.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including *Thriving!* and the best-selling *Why First Borns Rule the World* and *Last Borns Want to Change It*, and his latest release *Spoonfed Generation: How to raise independent children*.

CANTEEN NEWS

Thank you to the wonderful parents and grandparents that have volunteered their time to the Canteen so far this term, your help has been invaluable while I have been settling in to the day to day activities at Liwara. Your generous help enables the canteen to provide the items that we produce daily.

MENU ITEMS

Recently added to the on-line menu are home cooked Macaroni Cheese and Spaghetti Bolognese with the added bonus of a few "hidden vegetables", a delicious warm and healthy lunch for the chilly weather ahead.

We have been informed by Mrs Macs that the Beef and Cheese pies have been discontinued, so once our current stock is sold; they will unfortunately be removed from the menu.

Several different items have been trialled this term, adding to the great choice of food available for purchase over the counter.

A small amount of loose change can provide a delicious morning tea or a small treat at lunchtime. Thanks to all the wonderful families who support the canteen.

The canteen is still needing volunteers for the 21st and 22nd of June and also the 26th of June. If you can help please contact me in the Canteen.- We would really love to see you in the canteen. Deb Fraser

Please include your child's class colour (Red or Green) when you are ordering your children's lunches online. This will reduce the time taken to process your order. Thank you.

Please take the time to look at the Quick Click menu - <https://quickclick.com.au/>

CANTEEN ROSTER

8 June - 22 June

8 June - Helen Holton, Jo White and Gabbi Muir

11 June - **HELP NEEDED**

12 June - Nicole Harrell

14 June - Narelle Barker and Silvia Falkingham

15 June - Bronwyn Patience

18 June - Melanie Stevenson

19 June - Jen Herbert and Jo Mannering

21 June - **HELP NEEDED**

22 June - **HELP NEEDED**

25 June - Jen Jones

26 June - **HELP NEEDED**

28 June - Amy O'Connor

HELP URGENTLY NEEDED

Contact Canteen: 9447 5133



SERVICES AT LIWARA

UNIFORM SHOP

OSHC

THURSDAY
8.15am - 9.00am

Please direct all enquiries to
sales@jfe.net.au

Order Forms available on website
Full payment is required on ordering. Orders will be dropped off at your child's class.

Before & After School Care
Vacations Care
Contact Centre Supervisors

0477 994 123

BOOK NOW

HOLIDAY OPENING HOURS

Monday 30 April
3:30—5pm



ABSENTEE LINE

SMS - 0419 915 606
for the absentee line
before **9.30am.**

Leave the child's name, class and
a brief
description for the absence.

*Please do not reply to the
computer generated absentee
text sent to you if your child is
not at school.
We do not receive it.*

CANTEEN

*Please take the time to look at the
Quick Click menu as there are a few
new items.*

<https://quickcliq.com.au/>



Volunteers required

P & F Entertainment Books

Are currently for sale.
Online and in the
Front office.

Have you enrolled Your child into Pre Kindy?



2018 COMMUNITY BUSINESS DIRECTORY

The School Community Business Directory is an avenue of support for families within the school. The details listed are not to be used for marketing/advertising purposes or for commercial mass distribution of material.

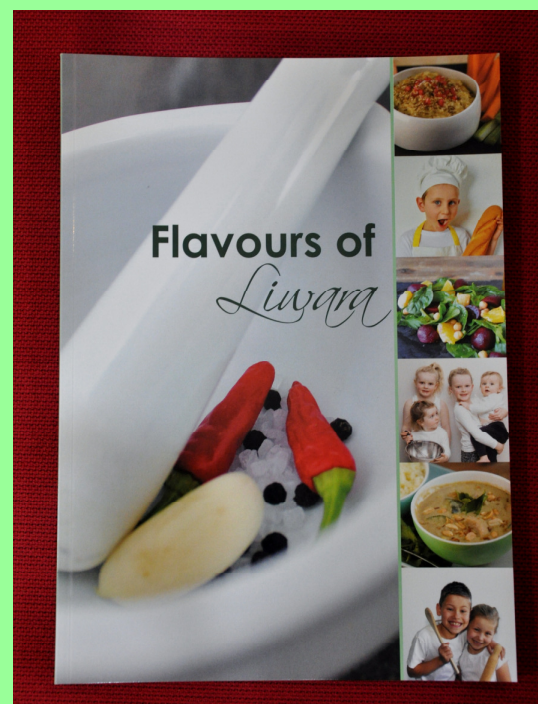
LiwaraPBD@gmail.com

<http://web.liwara.wa.edu.au/index.php/community-business-directory>

Liwara Catholic Primary School
5 Tuart Rd, Greenwood WA 6005
Tel: 08 9448 3811
Email: LiwaraPBD@gmail.com
www.liwara.wa.edu.au



LIWARA CATHOLIC PRIMARY SCHOOL COOKBOOK 2018



**Available for purchase in the
School front office \$25**

P&F Notices

Family Matters

7 June 2018

Coming Up...

**Liwara Skate
Night
15th June**

**Student Disco
10th August**

**Major Parents
Night Event
New Theme
25th August**

**Next P&F Meeting
Monday 11th June
7pm
All New Members
Welcome**

**Fathers Night
7th September**



LIWARA COMMUNITY BUSINESS DIRECTORY

The Directory raised over \$1800 for the school last year!
Make the Business Directory your first port of call, when looking
for local products and services.
Make a difference to the School, other families and your local
community. Shop here first...

<http://www.liwara.wa.edu.au/wp-content/uploads/2017/03/PBD-Listings-2807-2017.pdf>

P&F Contacts
Secretary and general enquiries
liwarapf@gmail.com

President
liwarapfpresident@gmail.com

Vice President
liwarapfvice@gmail.com

Treasurer
liwarapftreasurer@gmail.com

Liwara Catholic Primary School **RAFFLE** 2018

In Term 2 the P&F will be hosting a
MEGA RAFFLE FUNDRAISER

Amazing Prizes on Offer!!!

Our school community will benefit from all funds raised!

This is a fully licensed raffle; therefore Liwara Families,
extended family, friends, work colleagues can all get
involved!



Liwara Skate Night

**Fun with Family & Friends
Fundraiser
Friday June 15th 6-8pm**

\$10 per Skater \$3 Skate Rental
Rollerzone, 299 Victoria Rd, Malaga

<https://www.trybooking.com/379292>

*Please note this is not a P&F supervised event. Each family is
responsible for supervising their children.
Also, this skate will be open to the general public –
invite your family, friends & neighbours

Entertainment Books available in the office.
\$70 cash or purchase via Trybooking and your book
will be sent home with your eldest child.
Digital memberships can be purchased via the link
and can be loaded onto 3 different smart phones for
you convenience.
Current memberships have expired... so don't delay!

**The NEW Entertainment™
Memberships are selling fast!**



Second Hand Uniforms

Advertise your Second hand uniforms on the Liwara P&F Facebook page

To join the Liwara P&F Facebook page, complete the application form at the link below, then request membership on the 'Liwara P&F Association' Facebook page.

You can then advertise any second hand clothing for sale. In your post please include photo, size, description of condition (good, ok or worn) and the price.



The Liwara P&F is on Facebook

The Liwara P&F has a Secure Facebook Group for members of the Liwara community only. The Facebook Group is used for internal events, advertising Second hand uniforms and information for members of the school community.

To join, search '**Liwara P&F Association Private Group**' on Facebook or click link <https://www.facebook.com/groups/377178798959937/>.

Request membership and answer all three questions.

Membership will only be accepted once eligibility confirmed with the School Secretary. All members of the School Community wishing to be on Facebook must read the guidelines available on the school website.

