

LIWARA CATHOLIC PRIMARY SCHOOL

Newsletter No 10 21st June 2018

5 Tuart Road Greenwood 08 9448 3811

Jesus,

IN THIS ISSUE

- FROM THE PRINCIPAL
- FROM THE ASSISTANT
 PRINCIPALS
- YSAFE CYBER WORKSHOP
- CANTEEN HELP NEEDED
- SERVICES AT LIWARA
- GENERAL SCHOOL NEWS
- COMMUNITY NOTICES
- P & F NEWSLETTER

if today we have been impatient and made someone feel a nuisance, if we did not show understanding for the mistakes of others, if we were headstrong, too sure we were right, if we rode rough-shod over the feelings of others, if we were difficult to work with, critical of others, quick and harsh in judgement, THEN Invite us to sit next to you "at the well"; tell us that you know about everything **we** did; share with us your understanding, your compassion. Invite us to be receptive of your teaching and to hand it onto other people, especially our family members and peers, by **our** example. Amen.

> TAKE-AWAY THOUGHT If we have no peace, it is because we have forgotten that we belong to each other. Author unknown.

A MESSAGE FROM THE PRINCIPAL

Dear Families I would like to extend my congratulations to all the students who have recently received the sacrament of the Eucharist, for the first time. It is indeed a cause for celebration as it is a beautiful and memorable occasion. At Liwara, it is wonderful that we work closely with Fr Elver and our Parish Sacramental Coordinators and I thank them for all the time they dedicate each year, in collaboration with the teachers, to prepare the students from our parish and school. We pray together to ask that the sacrament of the Eucharist is food for the students' souls and that they develop a closer friendship with Jesus, by receiving Communion with their families each weekend.



NAIDOC Week celebrations are held across Australia each July to celebrate the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. NAIDOC is celebrated not only in Indigenous communities, but by Australians from all walks of life.

This year's theme 'Because of Her We Can', celebrates the essential role that women have played - and continue to play - as active and significant role models at the community, local, state and national levels.

As NAIDOC week falls during the July school holidays we will be celebrating in Week 1 of Term 3. Our school community will mark the occasion on the first week back of term 3 on Thursday July 19th and Friday July 20th. Whole school, class and buddy activities have been planned with a number of activities based on Aboriginal culture. The activities are planned to help highlight, preserve and celebrate the richness of the Indigenous culture.



OUR MISSION

We gather as a community of believers in a Catholic environment to develop in each child a sense of wonder of learning. With the essential support of parents, our Mission is *to empower children to be faith filled, confident and fully rounded, life-long learners.*

OUR VISION

Our Vision is a community with strong connections where every student has a sense of belonging, feels safe and is known by name and need. As our motto suggests, we strive to be a place of *Strength in Community.*



ALL SAINTS CATHOLIC CHURCH PARISH PRIEST: FR ELVER DELICANO ADDRESS: 7 LIWARA PLACE, GREENWOOD WA TEL: 9447 6225 Check for further details on the General School News page.

Contd.

THREE YEAR OLD PRE KINDY PROGRAM: It is with great delight that I announce the second day of our Pre Kindy program will be starting up from the first Friday in Term 3, Friday 20 July. Mrs Claire Lee Kong (Liwara Pre Primary teacher from 2014—2016) and Mrs Bronwyn White (currently Kindy G EA & Wed Pre Kindy EA) will be nourishing and nurturing your children's emotional and social development. If you know of any families who have children who have already turned three and are interested in joining our Friday program, please ask them to contact the school as soon as possible.

SCHOOL CANTEEN: We will be welcoming Mrs Helen Miller back from her Long Service Leave next term and once she has settled back in she and I will be focusing on the results of the Canteen Survey that Ms Angela Leddin sent out last year. I thank Mrs Deb Fraser for taking over the canteen in Helen's absence and for doing such a wonderful job with following Helen's lead and focusing on healthy food choices. As we move forward with our improvements, there will be some necessary changes to the menu, with more home cooked meals available, that Deb has already begun to implement. With our parent help numbers increasing, on a regular basis, thanks to the dogged work of our P&F Class Rep coordinator, Mrs Karen McCallum, Helen will now be able to continue with the work that Deb has begun. We have been working towards emptying the freezers of processed 'bought in' foods and replenishing them with tasty home made treats. We ask for your support in encouraging your children to 'try' new items as they are introduced and our 'weekly specials'. Thank you to the many families who responded to the survey, I assure you we will be addressing all your responses.

MARIE ORMOND RETIREMENT: I would like to inform the community that Mrs Marie Ormond, who is currently on Long Service Leave, will be retiring from full time teaching as of Friday 29 June 2018. I thank Marie for all the years she has been at Liwara and shared her enthusiasm, skills and knowledge with our beautiful children. I wish Marie and her husband John all the very best for their future lives together.

ANGELA LEDDIN'S TEMPORARY APPOINTMENT: Ms Angela Leddin has been appointed to St Joseph's Boulder, in an Acting Principal's role, for the first two weeks of Term 3, whilst the current principal is on leave. Ms Jennifer Ducasse (formerly Yr 4 teacher at Liwara and who has been back as relief) will be replacing Angela in the classroom, Monday—Wednesday, for the two weeks. Ms Alberta Bodeker & Mrs Amanda McCabe will be supporting Mr John Dols in the AP role, one on each of the two Thursdays that Ms Leddin will be away. Congratulations to Ms Leddin and to Ms Bodeker & Mrs McCabe.

OFFICIAL BLESSING & OPENING OF THE REFURBISHED STAFF ROOM & ART ROOM: We will be holding the official blessing and opening of the new Staff and Visual Arts rooms on Wednesday 27 June, 4.00—6.00pm. Fr Elver is unavailable but we are fortunate to have Fr Vinh step in to bless these two beautiful environments. It will be attended by the staff and invitations have been extended to Executive Members of the School Board & P&F, the architect Mr Aaron Santelli, the builders Mr Damien Bianchini & Mr Marcel Bianchini, local government officials and CEWA consultants and executives.

WINTER UNIFORMS: Thank you to all our students and families who have heeded the uniform reminder in the last newsletter and are arriving at school every day in the correct winter uniform. Please continue to be vigilant and ensure your children's uniforms are always in line with the Liwara Uniform Requirement. A reminder that sports shoes are to be all black, with no bright colours slipping in to detract from the smartness of the uniform. If you have trouble finding all black sport shoes please contact the front office as they will be able to direct you to retailers who stock them.

TERM FEE REMINDER: A reminder for families who make term payments. Please contact the Bursar, Mrs Hansen, should you have any fee queries.

Wishing you God's blessings Andrea Millar **Principal**

A MESSAGE FROM THE ASSISTANT PRINCIPALS

FIRST EUCHARIST PHOTOS

Professional photos taken by Darren of Romaneye Photography at the First Eucharist Masses in the past fortnight, can now be viewed and ordered online at <u>https://www.romaneye.com/category-13/eucharist-confirmation.php</u>. Due to the size of the online gallery, this page may take a few minutes to load.

COMMUNION CERTIFICATE MASSES

The children who received the sacrament of First Holy Communion over the last two weekends, are required to attend Mass this weekend to receive their certificate. Congratulations to all children who received this special sacrament. Thank you to Mr McGilloway, Miss Longo, the Parish Catechist teachers and Mrs Gill Keating for preparing the children.

WHOLE SCHOOL MASS

The Mass celebrating the End of Term 2 will be held on Thursday 28th June at 9:00am. This mass will be led by Year 2. At the conclusion of this Mass we will announcing the Citizenship Awards for the value of Respect. The next Whole School Mass will be held on Friday 20th July to celebrate the Beginning of Term 3. This Mass will be led by Year 6.

BISHOPS RELIGIOUS LITERACY ASSESSMENT

Children in Year 3 and 5 will be sitting the Bishops Religious Literacy Assessment early in Term 3.

CONFIRMATION COMMITMENT MASSES

The Confirmation Commitment Masses will be held on Saturday 4th August and Sunday 5th August.

LIWARA FAMILY MASS

Please note the date for the Liwara Family Mass for Term 3 has changed to Sunday 29 July 9:30am as this coincides with the Canonical Visitation by Most Rev Timothy Costelloe SDB. We hope to see as many Liwara families attend as possible.

COMMUNITY MEETING

On Sunday 27th May 2018 Basil Manganaro (Board Chair) and Christel Magorian (P&F President) attended the Kingsley and Balcatta Community Cabinet Town Hall meeting with the Honourable Mark McGowan MLA and State Cabinet Ministers.

The meeting provided a fabulous opportunity for the State Cabinet to hear from various community representatives on key issues in their community and for the State Cabinet to discuss what they bring to the Kingsley and Balcatta area.

Christel and Basil are pictured with the Honourable Mark McGowan MLA and the local member for Kingsley Jessica Stojkovski MLA.



THE RADIO SHOW

"MIC ON!" The song faded away, we move in towards the microphones as we got ready to say our part, butterflies were in our stomachs, our friends encouraged us from behind the glass,.

That was just the start of our amazing experience on 89.7fm.

Just last week, 13 of our year six students had the opportunity of a lifetime, we were on the radio – this isn't an every day activity. We were leading up to this day for two and a half weeks, we worked hard writing the script but we can definitely say it was all worth it.

We arrived at 89.7fm at ECU in Joondalup, where we meet Councillor John Logan, who guided us through our segment. We had five minute sessions to explain all about sustainability. Our time at the radio station went by so quickly. It was certainly a wonderful opportunity.

We asked a few of the students how they felt throughout this experience.

"At first I felt nervous, but as time speed up more excitement filled me up." - Emily

"Although I was nervous, it was an opportunity of a lifetime and I wanted to embrace every moment of it. I'll never forget it." - Caitlin, our anchor

"It was extremely fun and it was hard to read the script with a huge microphone in front of me but I loved every second of it." - Hayley

"I felt nervous and excited because I was going on the radio for the first time ever and lots of people would be listening." - Charlotte

"I wasn't really nervous beforehand but then when I walked into the room I began to feel the nerves, but then I sat down and began to talk, the nerves left and the adrenaline came. I loved it." - Olivia It was an amazing experience that we will never forget.

By Emily and Caitlin (Year 6)





Radio show participants: Caitlin, Olivia, Cody, Ariel, Ava, Pascaline, Hayley, Emily, Rebecca, Chennoa, Jazmyn, Charlotte and Niamh.



PJ Day and Lunch Time Movie

On Wednesday, 27th of June Liwara is having a PJ Day, and we will be having a lunch time movie in the Ahern Centre to raise money for Wheel Chair for Kids.



Cost: A gold coin donation. What: Lunch time movie and PJ day Wear your sport shoes and your PJs to school, no slippers, thongs or singlet tops. Popcorn will be on sale for 50c a bag.

Bring your lunch and a water bottle.





Triple P Positive Parenting Program



Triple P Positive Parenting helps you:

- raise happy, confident kids
- manage kids' behaviour so everyone enjoys life more
- set family rules and routines that everyone follows
- get along well with your kids and argue less
- balance work and family without stress

FREE programs offered by the Department of Health

- Seminar Series
- Group Triple P

All parents, carers and grandparents are welcome to attend.

Next program:

Triple P Seminar Series 3 weekly sessions Monday's - 30th July, 6th & 13th August 2018.

Warwick 9:30am - 11:30am Bookings essential – <u>healthywa.wa.gov.au/parentgroups</u> Creche is available via Warwick Stadium and bookings are essential – Ph: 9247 2266.









Free Triple P - Discussion Groups

You are invited to attend a Triple P Discussion Group/s. This is a short 2 hour session that will focus on some of the commonly experienced behaviours that parents can struggle with eg: disobedience, fighting and aggression.

The next **FREE** Discussion Groups are being held at: West Stirling Neighbourhood House 228 Hancock Street Doubleview

Торіс	Date
Dealing with challenging behaviour	31 July 2018
Managing challenging behaviour	14 August 2018
5 5 5	28 August 2018
(Repeat)	

Time: 9.30am - 11.30am (all sessions)

RSVP: Bookings are essential and places are limited.

Please register via: <u>healthywa.wa.gov.au/parentgroups</u> or phone 1300 749 869 for more information.

Please contact West Stirling Neighbourhood House direct to reserve a crèche spot - 9446 2757.

To find other available programs please visit our website www.healthywa.wa.gov.au/Triple P

PARENTS WE WANT YOU TO ATTEND THE Ysafe Cybersafe Workshop

Ż

3

3

3

5

Ż

Ż

3

3

Ż

Tuesday 17th July 5-6pm

Ahern Centre



The world of social media & technology is fast becoming the centre of our children's universe. It can be a challenging task for parents to stay on top of the dangers of social media and technology, while monitoring their child's online behaviour and finding balance.

We are offering a workshop for parents to learn more about managing children's technology use, including an introduction into the most popular social media platforms and practical tips for keeping kids safe online. We will also cover information on setting boundaries around technology, online behaviour management, and tools for managing technology both in and outside of the home.

If you've ever struggled with getting your kids off their games and into bed, worried about knowing what your child is accessing online, or felt concerned that your child was spending too much time in the digital world, this workshop is for you!

Please register for this event by following the link provided. This is an important school event for all parents to attend.

http://bit.do/liwaraprimary

3

4

4

4

4

4

4

Ż

3

3

3

3

parenting*ideas

Helping children achieve sustained school success

by Sharon Witt

The new school year is well and truly underway and thousands of kids (and their parents) across the country are settling in for a full year ahead. For some children, this year marks their first step into their school journey, while for others it is a chance for new opportunities, friendships and educational experiences. Here are some tips to help yourchild navigate the school year ahead:

1. Communicate with school

Communication with the school is important in aiding a successful school year for your child, whether they have just started at the school or have been there for several years. Familiarise yourself with your child's class teacher.

If your child has any specific learning or behavioral issues it is important to communicate these with their teacher early on in the year. Don't assume that all relevant information will be passed on from previous teachers. It is well worth sending an introductory email to a new teacher outlining any information that would be helpful in relation to your child, including any strategies that have been successful in the past. Far from initiating 'red flags', this information is actually much more helpful for teachers than having to find out themselves.

Be sure to communicate any early concerns regarding your child's experience at school to the class teacher as soon as you become aware of them. Teachers can only deal with information you share with them, so by all means, call or email the school and make an

appointment to discuss any issues. Avoid trying to have a serious discussion with the teacher at the beginning or end of the school day as this is often the busiest time for teachers. Booking an appointment time is desirable unless it is an urgent matter.

2. Give organisational tools to support success

Children thrive on routine and being able to visually see what is happening in the school week ahead. Creating a family calendar, whiteboard or wall chart that is visible to your child is helpful. Include important events such as camps, sports days and excursions.

It is also helpful to set up a communication tub or tray in the home where your child can place any notices they bring home, forms that need signing or books that need to be checked or worked on for homework. When children have a place for things it creates an environment that supports them gaining organisation skills and increased independence. Having a place to put their school bag each afternoon and encouraging them to empty out their lunch box and unpack notices is important.

3. Provide support with homework

Homework can be a struggle for both your child and yourself as a parent, especially when you are exhausted at the end of a working day. To enable your child to complete any set homework, ensure your child has a well-lit space where they can complete tasks, with the correct tools on hand – pens, rulers, whiteout, paper, etc. (a stationery tub or set of small drawers is helpful for the home). Prioritise time to sit with them and guide them through their homework. If homework is becoming burdensome in your home and causing extra stress to your child, communicate this to their class teacher.

4. Prepare for a successful day ahead

Ensure your child gets plenty of sleep. Children should be averaging around 8 to 12 hours of sleep each night. Make sure they have a regular bed time and stick to it wherever possible. Reading before bedtime can be a helpful way to end the day and set the scene for a good night's rest. The best way to set up a successful day ahead is for your child to eat a healthy breakfast and take a nutritious and balanced lunch with them, including plenty of snacks to keep their brain focused throughout the day.

5. Make time to chat about school

Keep the lines of communication open with your child. Ask them questions about their day and look for any signs that they might be experiencing any concerns, particularly social issues. Remind your child that you are alwaysavailable to listen. At the end of dinner time each evening you could ask each family member: "*What went well for you today?*"

6. Assist with friendships

Making and maintaining friends is an important aspect of your child's school life. Ask your child regularly about the friends they are making at school, who they are playing with and how they are interacting with others. Get to know your child's friends where possible and look for opportunities to grow your child's social experiences, particularly if you have a shy child. If there are social concerns at school, make sure you communicate these as early as possible to the class teacher.



Sharon Witt has been immersed in teen world for over two decades in her role as a Secondary teacher, Author and Presenter. Sharon is one of Australia's leading book authors for young people. She has written 12 books for young people to help guide them through many of the issues they face in early years and help them develop key strategies in building resilience. www.sharonwitt.com.au







CANTEEN NEWS

Thank you to the wonderful parents and grandparents that have volunteered their time to the Canteen so far this term, your help has been invaluable while I have been settling in to the day to day activities at Liwara. Your generous help enables the canteen to provide the items that we produce daily.

MENU ITEMS

Recently added to the on-line menu are home cooked Macaroni Cheese and Spaghetti Bolognese with the added bonus of a few "hidden vegetables", a delicious warm and healthy lunch for the chilly weather ahead.

We have been informed by Mrs Macs that the Beef and Cheese pies have been discontinued, so once our current stock is sold; they will unfortunately be removed from the menu.

Several different items have been trialled this term, adding to the great choice of food available for purchase over the counter.

A small amount of loose change can provide a delicious morning tea or a small treat at lunchtime. Thanks to all the wonderful families who support the canteen.

The canteen is still needing volunteers for the 22nd of June. If you can help please contact me in the Canteen.-We would really love to see you in the canteen. Deb Fraser

Please include your child's class colour (Red or Green) when you are ordering your children's lunches online. This will reduce the time taken to process your order. Thank you.

Please take the time to look at the Quick Click menu - https://quickcliq.com.au/

CANTEEN ROSTER

22 June - 28 June

22 June - HELP NEEDED

25 June - Jen Jones

26 June - Rebekah Baker

28 June - Amy O'Connor, Melanie Stevenson

HELP URGENTLY NEEDED

Contact Canteen: 9447 5133





SERVICES AT LIWARA

UNIFORM SHOP

OSHC

THURSDAY 8.15am - 9.00am

Please direct all enquiries to sales@jfe.net.au

Order Forms available on website Full payment is required on ordering. Orders will be dropped off at your child's class.

HOLIDAY OPENING HOURS

Monday 30 April 3:30—5pm Before & After School Care Vacations Care Contact Centre Supervisors

0477 994 123

BOOK NOW



ABSENTEE LINE

SMS - 0419 915 606 for the absentee line before <u>9.30am.</u>

Leave the child's name, class and a brief description for the absence.

Please do not reply to the computer generated absentee text sent to you if your child is not at school. We do not receive it.

CANTEEN

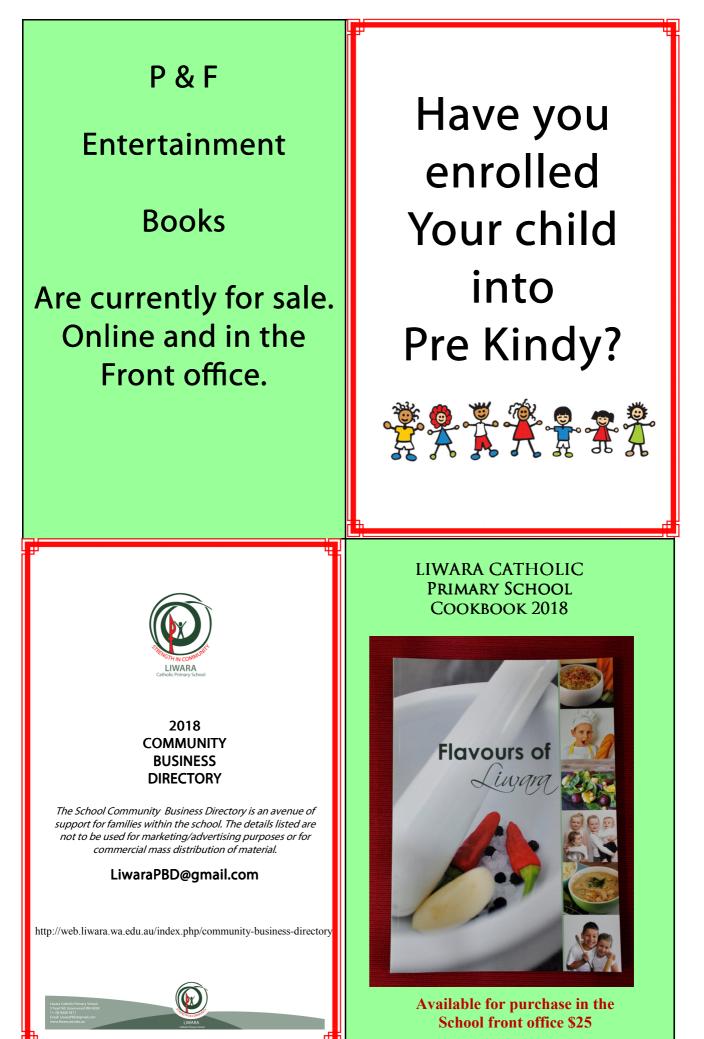
Please take the time to look at the Quick Click menu as there are a few new items.

https://quickcliq.com.au/



Volunteers required

GENERAL SCHOOL NEWS



P&F Notices

Family Matters

Coming Up...

White Elephant Drop Off Friday 6th July

Student Disco 10th August

Major Parents Night Event **New Theme** 25th August

Next P&F Meeting Monday 11th June 7pm Ali New Members Welcome

Fathers Night 7th September

LIWARA COMMUNITY BUSINESS DIRECTORY

The Directory raised over \$1800 for the school last year!

Make the Business Directory your first port of call, when looking for local products and services.

Make a difference to the School, other families and your local community. Shop here first...

http://www.liwara.wa.edu.au/wp-content/uploads/2017/03/PBD-Listings-2807-2017.pdf

Liwara Catholic

P&F Contacts

Secretary and general enquiries

21 June 2018

liwarapf@gmail.com

President

liwarapfpresident@gmail.com

Vice President

liwarapfvice@gmail.com

Treasurer

liwarapftreasurer@gmail.com

School

RAFFLE 2018

In Term 2 the P&F will be hosting a

MEGA RAFFLE FUNDRAISER

Amazing Prizes on Offer!!!

Our school community will benefit from all funds raised!

This is a fully licensed raffle; therefore Liwara Families, extended family, friends, work colleagues can all get involved!

White Elephant 2018



The Term Two holiday drop will be held in the first week of the school holidays on Friday July 6th from 10.30 to 12.00.

For alternative drop off time please contact Mel Traeger on 0419 943 327 or

mel@traegerelectrical.com.au



Entertainment Books available in the office.

\$70 cash or purchase via Trybooking and your book will be sent home with your eldest child.

Digital memberships can be purchased via the link and can be loaded onto 3 different smart phones for you convenience.

Current memberships have expired... so don't delay!



Second Hand Uniforms

Advertise your Second hand uniforms on the Liwara P&F Facebook page

To join the Liwara P&F Facebook page, complete the application form below and then request membership on the 'Liwara P&F Association' Facebook page.

You can then advertise any second hand clothing for sale. In your post please include photo, size, description of condition (good, ok or worn) and the price.



The Liwara P&F is on Facebook

The Liwara P&F has a Secure Facebook Group for members of the Liwara community only. The Facebook Group is used for internal events, advertising Second hand uniforms and information for members of the school community.

To join, search 'Liwara P&F Association Private Group' on Facebook or click link <u>https://www.facebook.com/groups/377178798959937/</u>. Request membership and answer <u>all three</u> questions.

Membership will only be accepted once eligibility confirmed with the School Secretary. All members of the School Community wishing to be on Facebook must read the guidelines available on the school website.

