



LIWARA CATHOLIC PRIMARY SCHOOL

Newsletter No 11 26 July 2018

5 Tuart Road Greenwood

08 9448 3811

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OUR MISSION

We gather as a community of believers in a Catholic environment to develop in each child a sense of wonder of learning.

With the essential support of parents,
our Mission is **to empower children to be faith filled, confident and fully rounded, life-long learners.**

OUR VISION

Our Vision is a community with strong connections where every student has a sense of belonging,

feels safe and is known by name and need.

As our motto suggests, we strive to be a place of **Strength in Community.**



ALL SAINTS CATHOLIC CHURCH

PARISH PRIEST: FR ELVER DELICANO

ADDRESS: 7 LIWARA PLACE,
GREENWOOD WA **TEL:** 9447 6225

Check for further details on the
General School News page.

PRAYER FOR THE BEGINNING OF A NEW TERM

*We ask your blessing God, on this new term,
As we begin with our thinking, planning and preparing
Ensuring our students have the best possible opportunities
To achieve at their individual best.
Working together as a community, with our children in mind,
gives us energy and satisfaction. AMEN*

A MESSAGE FROM THE PRINCIPAL

Dear Families

Welcome back to Term 3, I hope you all had a restful and productive holiday and had the opportunity to re-energise and re-focus whilst spending quality time with the family. The staff began the term on Monday 16 July, involved in a productive day of professional learning and development. A couple of significant events taking place in the next few weeks I would like to highlight are the Archbishop's Pastoral Parish and School Visits from Friday 27—Sunday 29 July; Family Mass on Sunday 29 July and the Confirmation Commitment Masses on Saturday 4 and Sunday 5 August. The staff have definitely enjoyed the holidays and have all come back with vigour and enthusiasm. I look forward to welcoming Miss Angela Leddin back next week as she is currently fulfilling a secondment as Short Term Principal at St Josephs School in Boulder.

CATHOLIC EDUCATION LEAD AWARD Congratulations to Mrs Renee Haynes, Mrs Jacqui Chivell and Mrs Victoria Walker who are the proud recipients of a Catholic Education LEAD Award for Excellence. The school will receive a cheque for



\$4,000 for further resources or professional learning associated with the initiative, a trophy and certificate. The Strategic Area of the successful Liwara LEAD application was in the Learning category for the newly created Sensory Garden. "..... We designed and created the space firmly believing it will have a significant and positive impact on all our students'

learning and enjoyment, especially focussing on our students who have individual sensory needs.we strongly believe that the sensory garden allows them to reset their thinking and emotions, enabling them to be fully engaged to learn and participate when they return to the classroom....."



SCHOOL CYCLIC REVIEW (SCR) next week, on Wednesday and Thursday 1 & 2 August, we will be involved in a School Cyclic Review where a panel of educators, external to the school, will spend two days meeting with staff, students, Fr Elver and community members to affirm, challenge and report on the improvement journey at the school in the last five years. The SCR also contributes to the school's re-registration process. I have included an information sheet with this newsletter for the community to read more about the process.

SCHOOL CYCLIC REVIEW (SCR)

WHY THE REVIEW?

The School Cyclic Review (SCR) provides an opportunity for a panel of educators, external to the school, to affirm, challenge and report on the improvement journey at the school. The SCR also contributes to the school's re-registration process.

WHAT IS REVIEWED?

At first, the SCR focuses on the school's improvement journey over the previous three years. However, in order to create a shared vision for the future, it is necessary to also identify and agree on some of the key school improvement strategies that will ensure the realisation of this focus in the next period of time (usually the next three-year period).

PANEL COMPOSITION?

The SCR panel, which conducts the review, is comprised of a panel chair, the school's School Improvement Advisor/Regional Officer, and either a peer principal or a CEWA consultant.

HOW DOES THE REVIEW HAPPEN?

The SCR panel receives and reviews data collated by CEWA and the school including information relating to student results and progress, the demographics and finances of the school, strategic planning, cultural survey data, and other plans including the Evangelisation Plan and Aboriginal Education Plan, prior to a visit to the school. The school leadership team completes a self-review statement which forms the basis for the school visit. During the school visit, the panel meets with members of the school's staff, students and community, following up on their review of the data. The discussions throughout the SCR process are guided by the system's Strategic Direction (LEAD) and supported by the OECD report, *What makes a school a learning organisation* and the *Quality Catholic Schooling* (QCS) reviews undertaken by the school.

DATA SOURCES

Documentation:	The school produces the school self-review statement with a template provided by CEWA. Other documentation used in the SCR includes demographic and enrolment data, financial information, performance data (e.g. WACE, NAPLAN and Bishops' Religious Literacy Assessment), program data (e.g. Curriculum Plan, School Improvement Plan) and perception data (surveys).
Groups/Individuals:	Principal, leadership team, students, parents, School Board, P&F, and Parish Priest.

HOW IS VERBAL INFORMATION COLLECTED?

Verbal information is collected during the SCR school visit as per the following process:

The SCR panel visits the school to conduct conversations with school community members. These conversations involve the principal, leadership team, teaching and non-teaching staff, students, parents, School Board members, P&F members and the Parish Priest.

The Parish Priest is interviewed individually; all other data sources are interviewed in groups.

WHEN IS THE REVIEW?

The SCR will take place on ---Wednesday 1 August & Thursday 2 August 2018.

REPORT AND FEEDBACK TO SCHOOL

At the completion of the school visit, the SCR panel prepares a report based on the data and their findings during the interviews. The report provides the school not only with feedback about the improvement journey over the past three years but also identifies new challenges and directions as the school works towards implementing its next approach to improvement.

The Principal is responsible for sharing relevant aspects of the SCR report with the staff and school community.

The School Improvement Advisor/Regional Officer discusses the SCR report with the Principal and works with the Principal in acting on the recommendations made in the report.

The School Cyclic Review is managed by:

Rebecca Griffin

Project Officer (Leadership) School Improvement Directorate

Please feel free to contact Rebecca regarding any questions you may have about the process.

Telephone: (08) 6380 5115

Email: rebecca.griffin@cewa.edu.au

NATIONALLY CONSISTENT COLLECTION OF DATA

School Students with Disability

The Nationally Consistent Collection of Data (NCCD) is collected annually by all schools across Australia. It is compulsory for all schools to collect and submit information on an annual basis on the number of students receiving adjustments due to disability in their care and the level of adjustment they receive.

The term *disability*, for the purposes of this data collection, includes any individual need eg:

Medical – diabetes, anaphylaxis, epilepsy etc

Learning needs – significant speech delay, learning difficulties, dyslexia, ADHD etc

Physical – Cerebral Palsy, Spina Bifida, Muscular Dystrophy etc

Sensory – Hearing and Vision Impairment

The identifying data will be collected at the school and Catholic Education Office level only and no individual student will be identified at the national level of reporting of data.

WHY INTRODUCE A NATIONAL COLLECTION OF DATA ON SCHOOL STUDENTS WITH LEARNING DIFFICULTY/DISABILITY?

- ◇ All Australian governments agree that every child in an Australian school, regardless of his or her circumstances, has the right to a high quality and inclusive education that meets his or her needs.
- ◇ Better information about school students with learning difficulty/disability will assist teachers, principals and education authorities to support their participation in schooling on the same basis as students without disability.

HOW WILL IT BENEFIT MY CHILD?

- ◇ There are students with learning difficulty/disability in every school in Australia at some point. This means that every school needs to be ready and able to support students to ensure that any obstacles to participation and achievement in their school education are identified and minimised.
- ◇ This new national data collection will reinforce the actions required of schools under the national Disability Discrimination Act 1992 and the Disability Standards for Education 2005. These laws mean that schools and education systems are required to make, where needed, reasonable adjustments for some students.
- ◇ An adjustment is a measure or action taken to assist a student with disability to participate in education on the same basis as other students. Adjustments can be made across the whole school setting, in the classroom and at the individual level.
- ◇ The information provided by this national data collection will enable all Australian governments to better target support and resources that will assist students in government and non-government schools across Australia.

All children will be protected as their names will not be used at any time. The school name will be the only form of identification that will be provided to the government. If you do not want your child's information to be included, please contact me. I thank you in advance for your support.

Principal
Andrea Millar

A MESSAGE FROM THE ASSISTANT PRINCIPALS

CONFIRMATION COMMITMENT MASSES

The Commitment Masses for those Year 6 students making their Confirmation later this term will be held next weekend - August 4th and 5th. Students are to attend either the Sat 6pm, Sunday 7.30am, 9.30am or 5.30pm Masses where they will be given the opportunity to declare their commitment to preparing for the Sacrament to be received later this term.

CONFIRMATION WORKSHOPS

Worth noting is the Confirmation Parent/Student Workshops which are to be held on Tuesday 14th and Thursday 16th August in the Ahern Centre commencing at 6pm. Each student, with a parent/guardian, is expected to attend one of these workshops.

TERM 3 LIWARA FAMILY MASS

The Term 3 Liwara Family Mass will be held this Sunday 29 July at 9:30am. All parents, students and staff are invited to attend. Archbishop Timothy Costelloe will be present at this Mass as part of his Parish Visitation.

PROFESSOR MATHS INCURSION

Professor Maths will once again be visiting the school next week. He will bring with him many Maths challenges for students of all classes to problem solve. He will visit the Year 2, Year 5, Year 6 and Kindy classes on Monday July 30 and the Year 1, Year 3, Year 4 and PrePrimary classes on Thursday August 2. It's a wacky, fun way to enjoy Maths!

YSAFE CYBERSAFETY PRESENTATIONS.

On Tuesday 17th July, students in Year 1-6, staff and parents engaged in presentations on Cybersafety from Ysafe. By all accounts the messages we received through these sessions were invaluable. We learnt tips about managing Cybersafety, social media and games.

Feel free to use the link for further information: <http://ysafe.com.au/tools.html>





**Library News Let's Celebrate Children's Book Week
2018 CBCA Book Week
Theme: Find Your Treasure
Dates: 18th - 24th August 2018**

The week-long event is an annual celebration of books written for young people, and hopes to inspire a love of reading. Schools, libraries, and communities across the country host numerous events and activities that connect readers with books and celebrate the joy of reading.

As part of the celebrations children in Years 1, 3 & 4 will be attending libraries within the City of Joondalup to attend Book Week Author talks.

This year the Book Week Parade will be held on Thursday August 23, at 8.50am in the Ahern Centre.

Children LOVE to dress up as their favourite book character and as the theme this year is 'Find Your Treasure' we expect to see lots and lots of little and also some very BIG pirates.....



One Big Voice is Australia's largest children's choir, and we are taking part at the Perth Arena on the 17th of August!

The Senior Choir have been working very hard preparing for our One Big Voice Concert on Friday EVENING in Week 5 this Term. We invite the Liwara community to come to this spectacular event. Tickets are selling fast so check it out on Ticketek now! If they sell out, the very top seating will be opened to the public.

Pre concert entertainment 6:00pm Concert commences 6:45pm

Adult tickets- \$37 per ticket

Premium tickets @ \$50 per ticket (these are the front 2 rows of each choir)

4 Ticket Family Option @ \$115.

Go online or phone Ticketek group phone line 1300 364 001.

Please make sure you check the seating plan in the office and select the Beethoven section to see the Liwara Senior Choir sing their hearts out.

Thank you,

Miss Bryce.

DEVELOPING YOUR CHILD'S EMOTIONAL INTELLIGENCE

by Michael Grose



Everything old is new again.

Over 2,000 years ago Socrates reminded his Greek compatriots, "Educating the mind without educating the heart is no education at all." Socrates was talking about the development of what we now call emotional intelligence.

Current day muse Dr. Marc Brackett director of the Yale Centre for Emotional Intelligence is more expansive. He says, "Emotions matter as they drive learning, decision-making, creativity, relationships, and health."

Emotions are messy. They can be loud. They can be hidden. They so often interrupt our well-organised schedules. "What do you mean you're sad? We're off to watch a movie. It's a happy time!" Emotions are hard to control and difficult to see. Like slippery eels swimming in a dam, you know that they are down there somewhere but it's hard to figure just what they are doing.

So where do we start exploring the alien landscape, the new frontier of parenting? Here are five ideas to help you explore the alien landscape of kids' emotions, the new frontier of parenting:

1. View emotions through the pleasantness lens.

We often place value judgements on emotions by saying some emotions are good or positive (happy, motivated, energised) while some are bad or negative (sad, worried, sullen). Avoid passing judgement in such ways. Recognise that emotions are pleasant or unpleasant and that all emotions are acceptable, whereas some behaviours (such as hurting someone when you are angry) are unacceptable.

2. Set your antennae to pick up emotion.

Ever have a child come home from school and misbehave in a way that is out of character? If so, did you focus on the behaviour or did you try to detect the emotion behind the behaviour? The default mechanism for many adults is to respond to children's behaviour rather than stand back and take notice of what may be going on beneath the surface. We respond to aggressive behaviour and sometimes fail to notice the anger seething below. Stop automatically reacting to behaviour and start noticing the emotion that may be driving the behaviour. You still need to manage poor behaviour but responding in this way may give you a valuable insight into your child's inner world.

3. Validate kids' emotions.

Children and teenagers who are upset or experience extreme emotions require to understanding and validation. You don't necessarily have to necessarily fix the situation, but it is important that your child knows that understand he is upset. Convey your empathy with statements such as, "Ahh, I see your upset that your brother...."; "Yes, it's understandable to be annoyed....."; and "I can see that you are angry about this...."

4. Help your kids recognise, then regulate emotions.

Kids, like adults, need to recognise their feelings before they can regulate their emotional state. Emotional recognition is a complex process that takes practice. Learning to recognise your feelings is a continuous process that's best started when young, before the ups and downs of adolescence becomes a reality. Cue kids to their emotions by reflecting back to them how they maybe feeling rather than shutting them down or ignoring them. E.g. "It seems that pretty angry right now. Could I be right?"



5. Build your child's vocabulary of feeling words.

Emotionally smart kids generally have a wide vocabulary, which means they are better placed to shift their moods when required. Reflect back as accurately as possible how your child or young person may be feeling. The differences between emotions such as anxious, tense, nervous, worried and overwrought maybe small but they are important in terms of giving kids some wiggle room to shift their feelings.

Emotional intelligence is best learned when it becomes part of your family's culture, or way of doing things. Impacting on family culture is the best way of creating inter-generational change. You'll know you've had generational impact when your children as adults identify you as the person who trained them in the skills of emotional intelligence. How cool would that be!



Government of **Western Australia**
Department of **Health**
Child and Adolescent Health Service



Free Triple P - Discussion Groups

You are invited to attend a Triple P Discussion Group/s. This is a short 2 hour session that will focus on some of the commonly experienced behaviours that parents can struggle with eg: disobedience, fighting and aggression.

The next **FREE** Discussion Groups are being held at:
West Stirling Neighbourhood House
228 Hancock Street
Doubleview

Topic	Date
Dealing with challenging behaviour	31 July 2018
Managing challenging behaviour	14 August 2018
Dealing with challenging behaviour (Repeat)	28 August 2018

Time: 9.30am - 11.30am (all sessions)

RSVP: Bookings are essential and places are limited.

Please register via: healthywa.wa.gov.au/parentgroups or phone 1300 749 869 for more information.

Please contact West Stirling Neighbourhood House direct to reserve a crèche spot - 9446 2757.

To find other available programs please visit our website
[www.healthywa.wa.gov.au/Triple P](http://www.healthywa.wa.gov.au/Triple_P)

CANTEEN NEWS

Thanks to the volunteers that have been in to help, It's great to see lots of new people helping out. Your generous help enables the canteen to provide the items that we produce daily.

MENU ITEMS

During these colder/wet days there is a lots of food at recess to help warm "little" tummies..

A variety of food is available for recess like Pizza slices, Cheesies, cheese spuds, chicken bites, oat biscuits, chocolate muffins also cold food like fruit, custard + fruit cups, milk and milo drinks.

*Please include your child's class colour (**Red** or **Green**) when you are ordering your children's lunches online. This will reduce the time taken to process your order. Thank you.*

Please take the time to look at the Quick Click menu - <https://quickcliq.com.au/>

CANTEEN ROSTER

26 July - 10 August

26 July - Kerrie Serrano PP Red

27 July - Bronwyn Patience, Angie Byrne PP Red

30 July - Tersha Csejteiova I Red

31 July - Jasmin Thorpe, Megan Shanks 1 red

2 August - Nicole Harrell 1 Red

3 August - Mel Temov 1 Red

*6 August - **HELP NEEDED 2 Red***

*7 August - **HELP NEEDED 2 Red***

*9 August - **HELP NEEDED 2 Red***

*10 August - **HELP NEEDED 2 Red***

HELP URGENTLY NEEDED

Contact Canteen: 9447 5133





AFTERNOON SOCCER PROGRAM

The Football Centre is Perth's newest indoor soccer facility; conveniently located in Osborne Park.

To share our love for soccer and youth development, we are offering **AFTER SCHOOL SOCCER SESSIONS** for players aged 4-10 years old at Liwara Catholic Primary School Oval.



JOIN OUR AFTER SCHOOL PROGRAM

Commencing Tuesday July 24th and running for 8 weeks, we will target training across a variety of areas including:

- Ball mastery
- Skill acquisition
- Small sided games
- 1 V 1
- Decision making
- Reaction games



Location: Liwara Catholic Primary School

Ages: Players born from 2008 - 2014

Start: Tuesday July 24th

End: September 11th

Time: 3.15 - 4.00pm

Price: \$80

To easily register for our **after school sessions** visit www.footballcentre.com.au and select Liwara Catholic.

www.footballcentre.com.au | info@footballcentre.com.au

SERVICES AT LIWARA

UNIFORM SHOP

OSHC

THURSDAY
8.15am - 9.00am

Please direct all enquiries to
sales@jfe.net.au

Order Forms available on website
Full payment is required on ordering. Orders will be dropped off at your child's class.

Before & After School Care
Vacations Care
Contact Centre Supervisors

0477 994 123

BOOK NOW

HOLIDAY OPENING HOURS

Monday 30 April
3:30—5pm



ABSENTEE LINE

SMS - 0419 915 606
for the absentee line
before **9.30am.**

Leave the child's name, class and
a brief
description for the absence.

*Please do not reply to the
computer generated absentee
text sent to you if your child is
not at school.
We do not receive it.*

CANTEEN

*Please take the time to look at the
Quick Click menu as there are a few
new items.*

<https://quickcliq.com.au/>



*Volunteers always welcome
Just pop in and see Helen*

P & F Entertainment Books

Are currently for sale.
Online and in the
Front office.

Have you enrolled Your child into Pre Kindy?



2018 COMMUNITY BUSINESS DIRECTORY

The School Community Business Directory is an avenue of support for families within the school. The details listed are not to be used for marketing/advertising purposes or for commercial mass distribution of material.

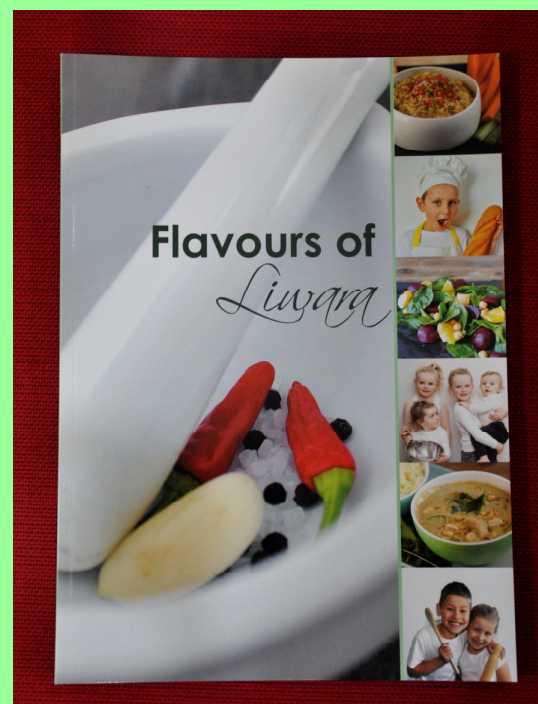
LiwaraPBD@gmail.com

<http://web.liwara.wa.edu.au/index.php/community-business-directory>

Liwara Catholic Primary School
5 Tuart Rd, Greenwood WA 6005
Tel: 08 9448 3811
Email: LiwaraPBD@gmail.com
www.liwara.wa.edu.au



LIWARA CATHOLIC PRIMARY SCHOOL COOKBOOK 2018



**Available for purchase in the
School front office \$25**

P&F Notices

Family Matters

26 July 2018

Coming Up...

Student Disco

**Casino Night
Saturday 25th August**

**Next P&F Meeting
Monday 27th August
7pm
All New Members
Welcome**

**Sports Carnival
Subway Catering
Wed 12th Sept**

**Fathers Night
7th September**

Liwara School Disco

Where: Ahern Centre
When: Friday 10th August
Times: Kindy to Year 3 from 4.30 - 5.30pm (doors open @ 4.15pm)
(Kindy children must have a parent stay for the duration, no younger siblings)
Year 4 to Year 6 from 6.00 - 7.30pm
Cost: \$3 per child - pay at the door
Entry: From the top side doors, have your wrist band on*
Exit: Parents to collect children from the courtyard
(please note, only gate 7 will be open)

* Wrist bands will be sent home with each child, the week of the disco -
Parents to write contact name and number on them

Bring your own water bottle, can be refilled if needed
Popcorn will be handed out at the end of the Disco



*** *Come dressed to impress and ready to
party with DJ 'Matt'* ***

P&F Contacts

Secretary &

General enquiries

liwarapf@gmail.com

President

liwarapfpresident@gmail.com

Vice President

liwarapfvice@gmail.com

Treasurer

liwarapftreasurer@gmail.com

Liwara Catholic Primary School

**RAFFLE
Prize Winners!**



- 1st Prize:** Aaron Francesconi
SONY 80cm HD LED LCD Smart TV
+ Apple iPad 6th Generation
- 2nd Prize:** P. Kyanga
Panasonic 80cm HD LED LCD
+ Apple iPad 6th Generation
- 3rd Prize:** Greg B
FootPrints Beach Resort, Preston Beach,
2 night stay
- 4th Prize:** Perkins Family
30 Arundel Luxury B&B, 2 night stay
- 5th Prize:** Karin Cunningham
Beyond Tools Voucher Value: \$500
- 6th Prize:** Michelle Flanagan
The Maze all inclusive Family Pass

Liwara's Biggest Parent Social Event!



Saturday 25th August
IN THE Ahern Centre

DRESS UP VEGAS STYLE

**Doors open
7pm**

Gaming tables open
7:45pm - 10:30pm

TICKETS

\$25

Ticket includes:
\$100 pretend money
Various prizes

**Bar closes
11:30pm**

Silent Auctions
& Raffles

Party on 'til midnight! Eftpos payments available
Please bring a plate of finger food for the buffet

★ Bookings: www.trybooking.com/404428 ★

CASINO



NIGHT



Second Hand Uniforms

Advertise your Second hand uniforms on the Liwara P&F Facebook page

You can then advertise any second hand clothing for sale. In your post please include photo, size, description of condition (good, ok or worn) and the price.

To join the Liwara P&F Facebook page, follow the instructions below.



Entertainment Books available in the office. \$70 cash or purchase via Trybooking and your book will be sent home with your eldest child. Digital memberships can be purchased via the link and can be loaded onto 3 different smart phones for you convenience. Current memberships have expired... so don't delay!



The Liwara P&F is on Facebook

The Liwara P&F has a Secure Facebook Group for members of the Liwara community only. The Facebook Group is used for internal events, advertising Second hand uniforms and information for members of the school community.

To join, search '**Liwara P&F Association Private Group**' on Facebook or click link

<https://www.facebook.com/groups/377178798959937/>

. Request membership and answer all three questions.

Membership will only be accepted once

eligibility confirmed with the School Secretary. All members of the School Community wishing

to be on Facebook must read the guidelines available on the school website.



LIWARA COMMUNITY BUSINESS DIRECTORY

The new 2018/19 Directory is coming soon... Make the Business Directory your first port of call, when looking for local products & services.

Make a difference to the School, other families and your local community. Shop here first...and don't forgot to mention you're from Liwara

<http://www.liwara.wa.edu.au/wp-content/uploads/2017/03/PBD-Listings-2807-2017.pdf>

