



LIWARA CATHOLIC PRIMARY SCHOOL

Newsletter No 16 18 October 2018

5 Tuart Road Greenwood

08 9448 3811

A MESSAGE FROM THE PRINCIPAL

Dear Families

Welcome back to all staff, students and families and an especially warm welcome to those families who have joined the Liwara Community for the first time. Almost unbelievably, we have started our final term of the year—how did this happen !?!? With only nine weeks of school for the students, it promises to be a full and 'quick' term. It is pleasing to see how quickly the children have settled in, straight back into their great work habits. The students have returned ready for the weather looking smart in their summer uniforms. Please keep an eye on the Term Calendar as there are many important dates this term.



KINDY SPORTS CARNIVAL On Thursday 11 October the Kindy children participated in their very own Sports Carnival. It was a beautiful morning and all children participated enthusiastically in their games and running races. It was great to see many parents and grandparents cheering them on, on the sidelines. Thank you to Mrs Dawe for organising such a wonderful experience. A big thank you also to the Kindy staff who worked closely with Mrs Dawe and cheered all the children along.

VOLUNTEERS' MORNING TEA On Thursday 1 November, All Saints' Day, the staff will be catering for the morning tea to be held after the All Saints' Mass at 9.00am, to thank all of our many helpers who assist around the school and in many different ways. Individual invitations will be sent out soon, so please complete the RSVP slip and return it for catering purposes. If you don't receive a Volunteer's Invitation please call the office with numbers of attendees.

I remind you that in whatever capacity you have volunteered your time and/or talents, you are greatly appreciated and I hope to see you at the church, followed by the morning tea in the Ahern Centre.

STUDENT REPORTS ONLINE We are currently working with SEQTA to move to paperless reports accessible via the SEQTA Engage Portal. More information will be sent through to all families as we work towards setting up the portal. The portal has strict security measures in place re login information. Families will receive an email in the next couple of weeks asking you to setup your SEQTA Engage account. We will also have a Parent Guide with all the information available on the school website, to coincide with the setup email.

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OUR MISSION

We gather as a community of believers in a Catholic environment to develop in each child a sense of wonder of learning.

With the essential support of parents,

our Mission is *to empower children to be faith filled, confident and fully rounded, life-long learners.*

OUR VISION

Our Vision is a community with strong connections where every student has a sense of belonging,

feels safe and is known by name and need.

As our motto suggests, we strive to be a place of *Strength in Community.*



ALL SAINTS CATHOLIC CHURCH

PARISH PRIEST: FR ELVER DELICANO

ADDRESS: 7 LIWARA PLACE,
GREENWOOD WA **TEL:** 9447 6225

Check for further details on the
General School News page.

SAFE4KIDS WORKSHOPS Thank you to all our parents and carers who attended the Safe4Kids Student and Parent Workshops held on Monday 15 and Wednesday 17 October, presented by Holly-ann Martin who has over 30 years experience in delivering child protection education workshops. You are encouraged to browse the website to read more about the training and resources on the Safe4Kids website: <https://safe4kids.com.au/> '.....Holly-ann's background is teaching children with special needs and she has a real passion for ensuring all children receive this vital information. The training we provide in this area is evolving all the time. It is essential teachers are given the training and tools to deliver these body safety messages at the appropriate level the children can comprehend.... Parents, the good news is, talking to your children about how to help keep them safe, is not as hard as you think.our parent information session is specifically created, so you have the confidence and tools to start teaching this valuable information to your children straight away.....'



NEW FEDERAL GOVERNMENT FUNDING INFORMATION FOR NON-GOVERNMENT SCHOOLS

New Federal Government funding packaging for non-government schools

Date : 21 September 2018

Dear Parents / Carergivers

The Federal Government yesterday released its new funding arrangements for non-government schools after weeks of discussions with representatives of the national Catholic education sector.

The new package of measures will significantly improve the funding situation for our Catholic Education system. It will provide certainty that our schools and colleges will continue to thrive and be a viable, accessible and affordable education option for Western Australian families.

The new funding arrangements will also provide certainty for our valued and committed staff who deliver the high standard of education experienced in our school.

We are committed to supporting all families of varying financial means and the new funding package provides a much firmer foundation for this.

The new funding arrangements announced are complex but can be summarised in three parts:

Interim funding arrangements for 2018 have been extended to 2019. The Federal Government will provide an additional \$135.1 million Australia-wide to continue 2018 funding into 2019.

A new measure of parents' capacity to contribute will be introduced in 2020, based on personal income tax (PIT) data rather than area-based Socio-Economic Status data. It is estimated that this will improve funding to Catholic schools Australia-wide at an average of 3.9% per student per annum between 2020 and 2029.

The introduction of a new fund worth \$718m Australia-wide over 10 years to address the adverse effect of the Capacity to Contribute discount curve on Catholic schools.

I will keep you informed as the new funding arrangements are progressed by Catholic Education Western Australia. If you have any questions, please do not hesitate to contact me.

Mrs Andrea Millar

A MESSAGE FROM THE ASSISTANT PRINCIPALS

CATHOLIC MARRIAGES AND FERTILITY SERVICES PARENT WORKSHOP

All parents, in particular, those of year 4, 5 or 6 students are invited to attend a workshop run by the Diocesan run agency, Catholic Marriages and Fertility Services, who will outline the Human Sexuality workshops that they will be running in the Year 5 and 6 classes early next month. The parent workshop will be held in the **Ahern Centre on Wednesday October 24th commencing at 7.00pm.**

LIWARA FAMILY MASS

The Term 4 Liwara Family Mass will be held on Sunday 28 October at the All saints Parish Church commencing at 9.30am. All families are encouraged to attend.

SCHOOLBAG FOR JESUS APPEAL

The Social Justice Ministry would like to thank the generous members of the Liwara Community for your donations to the 'Schoolbags For Jesus' Appeal. It was because of your generosity that we are able to send fifty-four, fully-stocked education resource bags with still enough donations left over to assist other donor schools to complete their bags. These bags will be going to children in the Philippines who can now go to school with suitable supplies. Once again, on behalf of all the Social Justice Ministry. THANKYOU!

CHANGE OF ASSEMBLY TIME

Please be advised that this year's PrePrimary Nativity Play has been re-scheduled to the morning of 23 November commencing at 9.15am to allow the Pre Primary children to change into their costumes and make their way to the Ahern centre. The children look forward to sharing the Nativity Play with you. We apologise for any inconvenience this change may cause.

ALL SAINTS PARISH PLAYGROUP

Recruiting new members for 2019!

The Parish Playgroup are calling for any families with young children ages 0-5 to come and meet other members from the Liwara and wider Parish community next year.

The playgroup meet every **Friday** morning during **school term** in the Parish meeting room.

Time- 9:00-10:30am

Cost per family, per term- \$25

This includes activities for the children, an excursion each term and tea & coffee for parents.

There is a roster for a family to bring Morning Tea each week.

Playgroup is a perfect play-date for Pre-Kindy and Kindy children, as well as younger babies and toddlers.

If you, or anyone you know who may be interested in joining the playgroup for 2019, please contact the **Parish Office** on **9447 6225**, or come to the Parish room on Friday mornings and we can sign you up.



Social Workers Corner

Monday 15th and Wednesday 17th October were busy days with Holly-ann Martin, Director and Founder of Safe4Kids on site. We were very lucky to have her present lessons to each of our classes, from Kindergarten to Year 6 on Child Protection Education – keeping our children safe. Whilst all of our teaching staff have provided Child Protection Education earlier in the year, it was great for the children to all have a refresher in this vitally important part of their learning and development. We also offered a Parent Workshop on 19th October and it was great to see so many parents come along and upskill their own knowledge. Confronting for some parents regarding cybersafety issues in particular, but I know that many parents left the sessions feeling better equipped to have conversations with their children to ensure their safety, both in the real world and the online world.

For any further resources, please see Holly-ann's website – <https://safe4kids.com.au/>



Sustainable Living



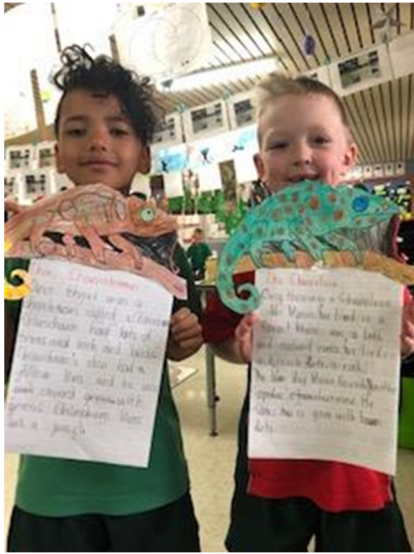
PLASTIC

Did you know?

- Worldwide plastic consumption has increased 20 times since the 1950s. Today 100 million tonnes of plastic are consumed every year in the world.
 - Since the 1950s almost every single plastic item we have made remains in our environment in some form.
 - Each year more than one million tonnes of plastic are used in Australia, of which 320,000 tonnes goes to landfill. Most of this plastic consists of packaging.
 - In WA about 13,360 tonnes of plastic are recycled each year.
- Recycling one tonne of plastic saves enough energy to run a refrigerator for a month.

Yr 1 Class News

Year One News



We have been reading lots of Non-Fiction texts. We read a text about a chameleon, wrote a narrative, highlighted the key words and created a colorful chameleon.



We have been 'tinkering' with lots of different machines. We have unscrewed over 50 screws and have pulled apart the machines to see what's inside and how they work!



We have been doing lots of addition problems in our Mathematics lessons. We are using strategies including our doubles, friends of 10, near doubles and counting on!



Have you ever wondered what happens to your teeth when you don't brush them after sugary drinks, sometimes foods and drinks with colour?

We found out that vinegar, foods with acids and fruit juices eat away the enamel part of our teeth. We also found out that drinks like coke, changes the colour and stains our tooth enamel.

Five forgotten skill sets that contribute to student success

by Michael Grose

At a time when we hear a great deal about growth mindsets, good mental health habits and creating digitally savvy students, we can easily overlook the skill sets that form the building blocks of long-term school success. These are skill sets that are also easily forgotten when we narrow our focus onto numeracy, literacy, performing arts, STEM and other academic areas.

While all these other mental skills and academic areas are important, the skills I want to focus on here are ones that can be taught, or at the very least drawn out, alongside every other skill when we as parents and teachers know what to look for. Following are five skill sets that contribute massively to overall student success and contentedness at school.

1. Friendship skills

The ability to get along with others is hugely important for children and teenagers. Those students with a strong set of friendship skills are easy to like, easy to relate to and easy to play with. The skills they possess include knowing how to win and lose well, how to approach others to join in a group and how to lead rather than boss.

2. Organisational skills

The ability to organise your time, your space, your items and other aspects of your life is a massive plus for any student. The best way to help children who are organisationally challenged is to introduce them to systems and processes to help them organise themselves. These processes include the use of visual reminders, anchoring (i.e. linking new behaviours to habitual behaviours) and the mapping out of activities.

3. Optimism skills

It may seem strange to see optimism as skill set, but as leading psychologist Professor Martin Seligman discovered through his research, optimism can be taught. Seligman found that while some children are more inclined by nature to see a glass as half empty than half full, all children are capable of developing an optimistic explanatory style through exposure and direct teaching. The skills of optimism include being aware of self-talk, reframing negative events into positive events and the practice of perspective-taking.

4. Coping skills

Kids will generally face a number of challenges during the course of their school lives including overcoming the disappointment of not being picked on a team, working their way through difficult learning situations and dealing with rejection. The impact of these challenges will depend on each kid's own spirit, the support they receive and their coping skills. The good news is that coping skills can be taught or, at the very least, encouraged if adults know what to focus on. Coping strategies include parking problems for a while, normalising difficult situations and accepting and moving on. Some kids will use coping strategies quite naturally, while others need parental and teacher input to help them cope with even seemingly minor challenges.

5. Relaxation skills

The ability to relax and get away from it all is vital for the maintenance of mental health, which in turn affects a student's ability to perform. Many of today's kids live with pressure. That pressure needs to be released through relaxation and play, otherwise it can lead to anxiety and other mental illnesses. The ability to relax and unwind is paramount to your child's school success. Relaxation techniques include mindfulness and meditation, participating in hobbies and enjoying creative pursuits. These skills are part developmental and part environmental. That is, kids will naturally develop many of them as they mature but the skills also need to be nurtured environmentally. They need to be recognised, encouraged, taught and modelled by adults who children and teenagers respect and admire. That makes parents and teachers 'Very Important People' in the process of acquiring them.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including *Thriving!* and the bestselling *Why First Borns Rule the World* and *Last Borns Want to Change It*, and his latest release *Spoonfed Generation: How to raise independent children*.

CANTEEN NEWS

I wish to say a big thank-you to all the parents that have been coming in to help, it is appreciated. Please call into the canteen anytime to put your name on the Roster, even if it is not your classes turn.

Canteen will be open Wednesday 31st October instead of Friday 2nd November which is Fair Day. I will offer the Friday Menu of Sausage Rolls/Pies etc on the Wednesday.

*Please include your child's class colour (**Red** or **Green**) when you are ordering your children's lunches online. This will reduce the time taken to process your order. Thank you.*

Please take the time to look at the Quick Click menu - <https://quickcliq.com.au/>

NO CURRENT HELPERS ARE LISTED

Term 4 Week 3 helpers from 3 Green

Term 4 Week 4 helpers from 4 Green

Term 4 Week 5 helpers from 5 Green

Term 4 Week 6 helpers from 6 Green

Term 4 Week 7 helpers from Kindy Red

Term 4 Week 8 helpers from PP Red

Term 4 Week 9 helpers from 1 Red

HELP URGENTLY NEEDED

Contact Canteen: 9447 5133



SERVICES AT LIWARA

UNIFORM SHOP

OSHC

THURSDAY
8.15am - 9.00am

Please direct all enquiries to
sales@jfe.net.au

3 Year Old Pre Kindy - Year 6
Before & After School Care
Vacations Care
Contact Centre Supervisors

0477 994 123

Order Forms available on website
Full payment is required on
ordering. Orders will be dropped
off at your child's class.

BOOK NOW



ABSENTEE NOTIFICATION

ABSENTEE CHANGES
Click on the Absentees Icon on
the Liwara School Website or
leave a voice message on the
school number 9448 3811
ext1 before 8:20am
*Leave the child's name, class and a
brief description for the absence.*

**No, SMS or voice mail to the school
mobile number.**

Changes from Term 4 2018

*Please do not reply to the computer
generated absentee text sent to you if your
child is not at school. We do not receive it.*

CANTEEN

*Please take the time to look at the
Quick Click menu as there are a few
new items.*

<https://quickcliq.com.au/>



***Volunteers always welcome
Just pop in and see Helen***

GENERAL SCHOOL NEWS

CITIZENSHIP AWARD TERM 3

PPG - Noah Allsworth
PPR - Chloe Leong

1G - Connor Clark
1R - Katia Fonti

2G - Edyn Conroy
2R - Emerson Scott

3G - Elijah Lopresti
3R - Gemma Fox

4G - Eva Conroy
4R - Amelia Jones

5G - Morgan Roddis
5R - Sarah Thorsen

6G - Brendan Traeger
6R - Luke Swindells

Parents have you filled in
an application for your
child?

Kindy 2019
Kindy 2020

Pre Kindy 2018
Pre Kindy 2019
Pre Kindy 2020



All Saints Catholic Church
PARISH PRIEST: FR ELVER DELICANO
ADDRESS: 7 LIWARA PLACE, GREENWOOD WA
6024

TEL: 9447 6225 **FAX:** 9246 2692
MOB: 0435 173 454 (*for Urgent pastoral needs only*)

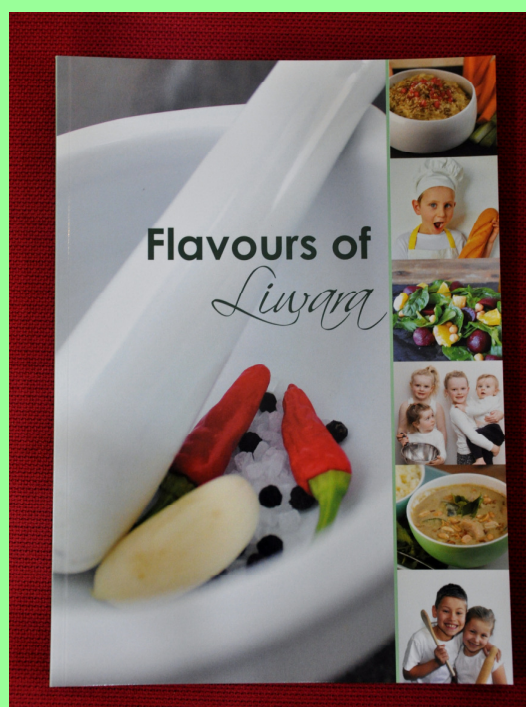
PARISH EMAIL ADDRESS:
greenwood@perthcatholic.org.au

PARISH OFFICE OPENING TIMES: MONDAY,
WEDNESDAY & FRIDAY 10:00AM TO 3:00PM
MASSSES: Mon-Fri 9.00am
Saturday 9.00am & Vigil – 6pm—Sunday 7.30am,
9.30am, & 5.30pm (anointing every 2nd Saturday of
month)

Reconciliation: Saturday 9.30am-10.00am and
5.00pm - 5.30pm or by request.

All Saints Parish 24:7 Greenwood Youth Group
For all youth in Years 6-12
Every Sunday night 6.30-8pm @ the Ahern Centre
(Liwara Catholic Primary School)
For more info call Lynn 0452 413 942 or
Lionel 0405 107 841

LIWARA CATHOLIC PRIMARY SCHOOL COOKBOOK 2018



**Available for purchase in the
School front office \$25**

Liwara School Fair 2018

Friday 2nd November

The countdown is on to our annual Liwara School Fair!

2 weeks to go!!

How can you help?

If you would like to help with the Fair but are unsure of what to do, please contact Tess Mak on 0430 927 696 or email liwarapf@gmail.com

There are so many ways you can help

- Volunteer on a stall (see below roster info)
- Set-up/pack-up,
- Making something for cake/gourmet/cafe stalls
- Donating items such as plants, lollies & raffle items

Keep up to date on everything Fair by joining our Liwara P&F Private Facebook Page.

Here is the link [https:// www.facebook.com/groups/377178798959937/](https://www.facebook.com/groups/377178798959937/)

2018 Fair Committee

Fair Coordinator

Tamara Bastow — 0438 197 640

Stall Coordinator

Tess Mak — 0430 927 696

Food Coordinator

Briony Fonti — 0402 745 650

Marketing & Administration

Tamara Bastow — 0438 197 640

Secretary

Michelle Rocca — 0411 285 321

Treasurer

Bronwyn Patience — 0402 260 660

Email

liwarapf@gmail.com

Stall Rosters

Our stall coordinators need help on the night. If every family can give just half an hour to an hour of their time on the night, then everyone can enjoy the night.

Contact a Stall coordinator or email liwarapf@gmail.com and offer your help.

Live Google Docs rosters will go out soon via class contacts and Facebook, so be sure to pop your name down.

MAKE IT...

Leave at the office

- ♦ Jams, Preserves, Chutney, Relish



Bring on the day

- ♦ Cheesecakes, mudcakes, desserts, tarts
- ♦ Cakes, slices, biscuits



Pre-purchase your Tickets

Pre-purchase tickets will be available on Trybooking from next week. Look out for the link on our Facebook page

Special pre-purchase offers

Buy 50 tickets get 8 free \$50

Buy 20 get 3 free \$20

Buy 10 get 1 free \$10

They will also be for sale in the undercover area on Thursday 1st and Friday morning of the Fair



Mystery Mania Containers

Please fill your mystery mania containers and return to the front office
Extra containers will be available in your child's classroom

Here are some ideas or ask the kids for suggestions!

- Hair accessories
- Matchbox cars
- Craft items
- Stationary
- Stickers
- \$2 coin and we will fill
- Coles minis !!

Start donating now!

We will be asking for donations of items for various stalls in each newsletter. While doing your shopping if you can just add one extra item in!
This week we are calling for donations of...

Lollies

Please leave donations at the office

White Elephant 2018

Friday morning drop offs will run though till Week 3 of Term 4 (October 26th).

Please leave any donations on the benches outside the canteen between 8.15 and 8.45.

Any questions call

Mel Traeger 0419 943 327 or email mel@traegerelectrical.com.au

Fair Plant Stall

Calling all green thumbs!

We will need all the plants we can lay our hands on. Trees, shrubs, ground covers, indoor plants, water plants, succulents, topiary, roses, climbers, herbs, vegetables, ferns or fruit trees.

It would be fantastic if each family could donate a plant to this beautiful stall!
Contact Alli Mullane 0401103114



BOOK STALL

Books can be dropped off at the P&F Shed near the Presbytery on Liwara Place (Oval carpark exit) at the following times -

- Monday & Friday Mornings 8.15-9am
- Monday, Wednesday & Friday Afternoons 2.30-3pm

For alternative arrangements contact Sarah 0419 041 036 or mikesarahc@gmail.com

Small donations can be left at the office.



Liwara Fair Raffles 2018

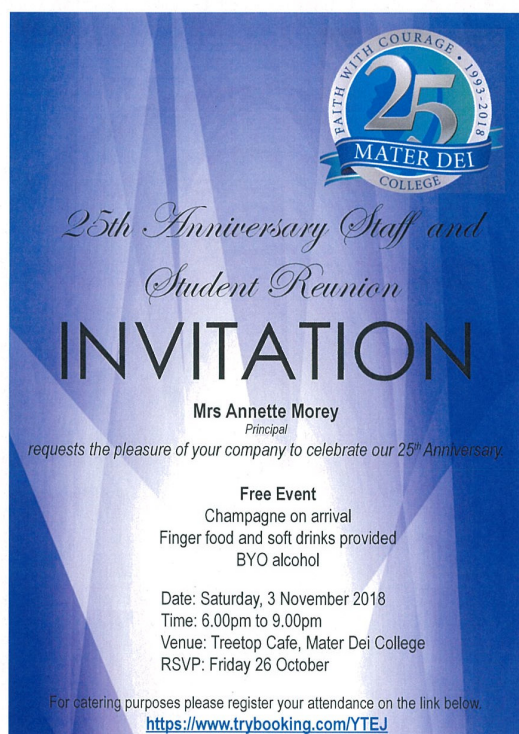
As our Fair is quickly approaching, we are again asking for your support in donating items for our Fair Raffles. As with the previous years, we would like to make up several hampers and have allocated a theme for each year level. We would appreciate any donations. If you wish to donate a more substantial item, perhaps you could combine with a few families in your class to contribute to the cost. Also, if you have a business and would like to donate an item for the raffle, we would be pleased to acknowledge your company on the day of the Fair – please include the name of your business and contact number when you send in your item.

Our suggested class themes are:

KINDY	Chocoholic's Hamper – this could include anything related to Chocolate!!...cooking, eating.. YUM
PRE-PRIMARY	Dad's Hamper – this could include chocolates, alcohol, Magazines, DVD's, Books, toiletries etc...
YEAR ONE	Mum's Hamper – this could include cosmetics, perfume, Books, chocolates, craft items, toiletries etc....
YEAR TWO	Family Night in Hamper – this could include games, DVD's Cards, yummy snacks, coffee, hot chocolate ANYTHING!!!
YEAR THREE	Gourmet / Wine Hamper – this could include any gourmet Foods, cookbooks, etc...
YEAR FOUR	Boy's Hamper – this could include items that boys enjoy (catering for the 5-12 year age range)
YEAR FIVE	Girls Hamper – this could include items that girls enjoy (catering for the 5-12 year age range)
YEAR SIX	Great Outdoors Hamper – this could include camping, Sporting equipment, pool toys, magazines, clothing, Fishing etc...

Any donations are greatly appreciated! Please send in your items marked "Raffle prize" to the Office or contact us for collection if necessary.
Thanks for your support.

Rebecca Fox (6G) 0419042207
rebecca@foxinsurance.com.au



Mercedes College

Class of 1968 • 50 Year Reunion

To celebrate this milestone, the College invites ex-students from the Class of 1968 to reminisce with friends from your school days over a lovely lunch. Hear from the current Principal about what's happening at the College and plans for the future. Take a sneak peek at some of the amazing student artwork on display at the College's Art Exhibition.

Friday 16 November, 2018

Mercedes College, Conference Room

(located under the Chapel of Immaculate Conception)

11.45am – 2.30pm • \$30 pp

Bookings at Trybooking - <https://www.trybooking.com/YNVQ>

