



# LIWARA CATHOLIC OUTSIDE SCHOOL HOURS CARE VACATION CARE PROGRAM – July 2019

## INFORMATION FOR FAMILIES

This program is available to school aged children from Pre Kindy – Year 6. It has been developed to ensure that children in early to middle childhood have access to age appropriate recreational experiences that promote challenge, social engagement as well as opportunities to engage with the community around them. The program is planned in advance and therefore may change if extreme weather conditions exist.

### Program Development

The program will follow the EYLF & My Time Our Place Curriculums and will comply with the National Quality Framework as well as the Education and Care National Regulations Act.

Programs will be developed in consultation with children and families attending the programs and will be based on children's interests.

### Contact Us

Phone - 0477994123  
Email – OSHC.liwara@cewa.edu.au  
Postal Address –  
5 Tuart Road,  
GREENWOOD 6024

### Fees

\$75 for vacation Care and Pupil  
Free Days  
Includes excursions, breakfast and  
afternoon tea and lunch where  
stated.

### How to book

Bookings can be made at the  
Liwara OSHC centre between  
7am – 9am &  
3pm - 6pm weekdays

## *Vacation Care Booking Conditions*

Please choose carefully as once booked, days cannot be swapped or changed.

**PLEASE NOTE THAT A 20% LATE BOOKING**

**FEE WILL BE CHARGED FOR BOOKINGS GIVING LESS THAN 7 DAYS NOTICE.**

*\* By signing parents or guardians agree to the Booking Conditions and give their consent for their child to be transported to and from the excursion's venue specified as well as providing consent for their child to participate in experiences offered as part of the excursion as detailed on this program.*

*Please see staff if you require more information or wish to make alternative care arrangements.*

### *Liwara Catholic Out of School Hours Care*

**Located on the grounds of the Liwara Catholic Primary School in Greenwood.**

This service is part of the licensed children's services run under the Catholic Education Commission Trustees Associations WA (inc) Provider Approval

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### ***Transport/Excursions***

#### *(Policy Extract)*

Travel Arrangements: a bus hired from the preferred provider for use for student transport.

All children and staff will be given clear guidelines and safety rules when moving to the vehicle and whilst travelling in the vehicle.

When moving from front gate to vehicle children will follow educator and listen to instructions.

Children must remain seated and in their own seat while on the bus and seatbelts will be worn while the bus is in transit.

Children are not permitted to open door or get out of the vehicle unless given permission to do so.

In case of an emergency the bus will pull over to a safe location and contact the centre Director/ Coordinator to assist.

In case of a breakdown the staff member will call the RAC for assistance or organise a relief staff member or school principal - Andrea Millar - to collect children.

A first aid box will also be stored in the vehicle.

### ***Sun Safety***

#### *(Policy Extract)*

Our Sun Protection Policy has been developed to ensure that all children are protected from skin damage caused by the harmful ultraviolet radiation (UVR) from the sun.

To ensure all children are protected the following applies:

- Children will wear a hat whenever outside
- SPF 30+ broad spectrum water resistant sunscreen will be provided for children and applied 20 minutes before going outside.
- Outdoor play will not occur in extreme heat or at the hottest time of the day.
- Staff will act as role models, by wearing hats and following sun smart procedures.
- Sunscreen protection will be provided at all times throughout all seasons.
- It is recommended that children and educators wear loose fitting clothing that protects as much of the skin as possible for outdoor activities. Shirts that cover the shoulders and have collars and sleeves in addition to longer style skirts and shorts are most suitable.
- Children wearing tank tops, singlets or dresses with strappy shoulders will be required to play in an area protected from the sun.

**On excursions children MUST wear their school hats as this assists ease of identification.**

### ***Daily Routine***

#### *(In-house & Incursions)*

7.00am - Centre opens

7.00 – 8.30 Breakfast and indoor/outdoor activities

9.45 - Morning tea (or as/when required)

10.00am – 12.00 Indoor/outdoor experiences

12.00 – 1.00 Lunch

1.00 – 3.30 Indoor/outdoor experiences

3.30- Afternoon tea

4.00 – 5.30 Indoor/outdoor experiences

6.00pm – Centre closes

### ***Daily Routine***

#### *(Excursions)*

7.00am - Centre opens

7.00am – 8.30am Breakfast and indoor/outdoor activities

9.30am - Depart for excursion (or as detailed on the program)

10.00 – 12.00pm- Morning tea and excursion activities

12.00 – 1.00pm Lunch

1.00pm – 3.30pm- Excursion activities

3.30pm- Return to the OSHC Centre for afternoon tea

4.00 – 5.30pm Indoor/outdoor experiences

6.00pm – Service closes

### ***Important Information***

Where stated lunch and afternoon tea is provided by the service. A menu is on display at the service.

We offer a varied lunch menu to encourage children to experience different food choices. Please read the menu on the program and provide a packed lunch if you know your child will not enjoy the lunch provided. Please provide morning tea for your child each session and a packed lunch where stated on the program.

All entry fees for excursions and incursions are included in the daily fee unless otherwise stated.

Program Summary – PLEASE KEEP	
Monday July 8 <sup>TH</sup>	<p><b><u>Program details</u></b> – <i>Incursion Chicken Hatching</i> – Today join us as we explore the life cycle of chickens. The lovely people from Living Eggs WA will be bring fertile eggs and an incubator. Lunch will be provided and will be assorted wraps. Breakfast and afternoon tea will be provided. <b>Program reminders</b> – Please bring recess, a drink bottle, hat and wear suitable clothing.</p>
Tuesday July 9 <sup>th</sup>	<p><b><u>Program details</u></b> – <i>Incursion - First Aid</i> - Today St John’s will be presenting an exciting first aid session. Children all of ages will learn all about emergencies, who can help in these situations and where to find that help. Lunch will be provided and will be Macaroni Cheese. Breakfast and afternoon tea will be provided. <b>Program reminders</b> – Please bring recess, a drink bottle, hat and wear suitable clothing.</p>
Wednesday July 10 <sup>th</sup>	<p><b><u>Program details</u></b> – <i>In House - Messy Play Day</i>- No need to worry about making a mess today! We are going to be up to our elbows in sticky fun! Lunch will be provided and will be Spaghetti Bolognese. Breakfast and afternoon tea will be provided. <b>Program reminders</b> – Please bring recess, a drink bottle, hat and wear suitable clothing.</p>
Thursday July 11 <sup>th</sup>	<p><b><u>Program details</u></b> – <i>Incursion - Fit Kids Australia</i> - Today Fit Kids Australia will join us for an exciting sports incursion with a ‘Hunger Games’ theme. Lunch will be provided and will be Bangers and Mash. Breakfast and afternoon tea will be provided. <b>Program reminders</b> – Please bring recess, a drink bottle, hat and wear suitable clothing.</p>
Friday July 12 <sup>th</sup>	<p><b><u>Program details</u></b> – <i>In House - NAIDOC Week Celebrations</i> – Join us as we explore and celebrate the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. Lunch will be provided and will be Bush Tomato Soup with Parmesan Crisps. Breakfast and afternoon tea will be provided. <b>Program reminders</b> – Please bring recess, a drink bottle, hat and wear suitable clothing.</p>
Program Summary – PLEASE KEEP	
Monday July 15 <sup>th</sup>	<p><b><u>Program details</u></b> – <i>Incursion- Games Vault</i>- Look no further than Games Vault for a fun video game experience in what is described as the ultimate games truck! Lunch will be provided and will be Fried or Steamed Rice and Fish Fingers. Breakfast and afternoon tea will be provided. <b>Program reminders</b> – Please bring recess, a drink bottle, hat and wear suitable clothing.</p>
Tuesday July 16 <sup>th</sup>	<p><b><u>Program details</u></b> – <i>In House - Let’s Get Creative</i>- Today is all about creativity. There will be painting, tie dying, collage and box construction. Lunch will be provided and will be Tacos. Breakfast and afternoon tea will be provided. <b>Program reminders</b> – Please bring recess, a drink bottle, hat and wear suitable clothing.</p>
Wednesday July 17 <sup>th</sup>	<p><b><u>Program Details</u></b> –<i>In House - BYO Wheels Day</i> – Bring your bikes, scooters, skates or skateboards for a day of riding fun. Helmets and safety gear must be worn. Bring your ‘wheels’ and show off your cool moves! Don’t forget your helmet! <i>Lunch will be provided and will be veggie pasta and cheesy bread. Breakfast and afternoon tea will be provided. Program reminders</i> – Please bring recess, a drink bottle, hat and wear suitable clothing.</p>
Thursday July 18 <sup>th</sup>	<p><b><u>Program details</u></b> – <i>Incursion - LMS Dance Incursion</i>- Join LMS Dance School for a circus themed dance workshop filled with plate twirling, juggling and acrobatics. Lunch will be provided and will be Chicken Noodle Soup and Dinner Rolls. <b>Program reminders</b> – Please bring recess (lunch and afternoon tea will be provided) a drink bottle, hat and wear suitable clothing.</p>
Friday July 19 <sup>th</sup>	<p><b><u>Program details</u></b> – <i>In House - Master Chef</i>- Today we are going to ‘throw’ ingredients at you and see what you and your group of junior chefs can create. We will create an alfresco dining area outside the centre too. Breakfast and afternoon tea will be provided. <b>Program reminders</b> – Please bring recess, a drink bottle, hat and wear suitable clothing.</p>
<i>Monday</i> July 22nd	<p><b><u>Program details</u></b> – <i>In House - Back to School Party</i> Today will be a day full of games, one-minute challenges and excitement, as we celebrate our final day of holidays before we head back to school. Lunch will be provided and will be Ham or Cheeseburgers. Breakfast and afternoon tea will be provided.</p>

Program reminders – Please bring recess, a drink bottle, hat and wear suitable clothing.

## VACATION CARE JULY 2019 - BOOKING FORM

### Details

Child 1

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Is your child affected by any of the following conditions (please tick)

- Anaphylaxis – please provide an action plan to staff and any medication required*
- Asthma – please provide an action plan to staff and medications required*
- Medical condition – please provide a care plan*
- Disability – please provide a care plan*

Child 2

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Is your child affected by any of the following conditions (please tick)

- Anaphylaxis – please provide an action plan to staff and any medication required*
- Asthma – please provide an action plan to staff and medications required*
- Medical condition – please provide a care plan*
- Disability – please provide a care plan*

Child 3

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Is your child affected by any of the following conditions (please tick)

- Anaphylaxis – please provide an action plan to staff and any medication required*
- Asthma – please provide an action plan to staff and medications required*
- Medical condition – please provide a care plan*
- Disability – please provide a care plan*

*Family acknowledgement:*

*I have checked the information contained in my child/children's current enrolment form/forms and have ensured that all information contained in the documented is correct and/or have provided updated details as required.*

Signed \_\_\_\_\_

Full Name \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

**NB - On excursions children MUST wear their school hats as this assists ease of identification.**

### Booking conditions

Please choose carefully as once booked days are unfortunately unable to be changed.

Please also note full fees will be charged for any bookings cancelled without the required 7 days' notice.

Program Details Monday July 8 <sup>th</sup> – Friday 19 <sup>th</sup> July 2019		
Monday July 8 <sup>th</sup>	<p><b>Program Aim- Outcome 4.2 Children use a range of skills and processes such as problem solving, enquiry, experimentation, hypothesising, researching and investigating.</b></p> <p><b>Program details – Incursion Chicken Hatching –</b>            Today join us as we explore the life cycle of chickens. The lovely people from Living Eggs WA will be bring fertile eggs and an incubator. Over the following days we will watch the eggs hatch and will be able to help care for the chickens. Lunch will be provided and will be assorted wraps. Breakfast and afternoon tea will be provided.  <b>Program reminders – Please bring recess, a drink bottle, hat and wear suitable clothing.</b></p>	<input type="checkbox"/> Please tick to book *Signature required <hr/>
Tuesday July 9 <sup>th</sup>	<p><b>Program aim - 4.3 Children transfer and adapt what they have learned from one context to another.</b></p> <p><b>Program details – Incursion - First Aid -</b>            Today St John's will be presenting an exciting first aid session. Children all of ages will learn all about emergencies, who can help in these situations and where to find that help. First Aid is a life skill and it is never too early to learn about it. Lunch will be provided and will be Macaroni Cheese. Breakfast and afternoon tea will be provided.  <b>Program reminders – Please bring recess, a drink bottle, hat and wear suitable clothing.</b></p>	<input type="checkbox"/> Please tick to book *Signature required <hr/>
Wednesday July 10 <sup>th</sup>	<p><b>Program aim- 4.1 Children develop dispositions such as curiosity, cooperation, confidence, creativity, commitment, enthusiasm, persistence, imagination and reflexivity</b></p> <p><b>Program details – In House - Messy Play Day-</b>            No need to worry about making a mess today! We are going to be up to our elbows in sticky fun! Let your senses run wild as we create some ooey gooey fun with all sorts of messy play like goop, shaving foam, slime and we're even going to concoct our own take slime.            Lunch will be provided and will be Spaghetti Bolognese. Breakfast and afternoon tea will be provided.  <b>Program reminders – Please bring recess, a drink bottle, hat and wear suitable clothing.</b></p>	<input type="checkbox"/> Please tick to book *Signature required <hr/>
Thursday July 11 <sup>th</sup>	<p><b>Program aim- 4.2 Children use a range of skills and processes such as problem solving, enquiry, experimentation, hypothesising, researching and investigating.</b></p> <p><b>Program details – Incursion - Fit Kids Australia -</b>            Today Fit Kids Australia will join us for an exciting sports incursion. The children will engage in different sporting activities under the 'Hunger Games' theme.            Lunch will be provided and will be Bangers and Mash. Breakfast and afternoon tea will be provided. <b>Program reminders – Please bring recess, a drink bottle, hat and wear suitable clothing.</b></p>	<input type="checkbox"/> Please tick to book *Signature required <hr/>
Friday July 12 <sup>th</sup>	<p><b>Program aim- 2.2 Children respond to diversity with respect.</b></p> <p><b>Program details – In House - NAIDOC Week Celebrations –</b>            Join us as we explore and celebrate the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. Art and craft will include decorating a boomerang, dot paintings, dreamtime stories and a mural for display at the OSHC centre. Lunch will be provided and will be Bush Tomato Soup with Parmesan Crisps. Breakfast and afternoon tea will be provided.  <b>Program reminders – Please bring recess, a drink bottle, hat and wear suitable clothing.</b></p>	<input type="checkbox"/> Please tick to book *Signature required <hr/>

Program Details Monday July 8 <sup>th</sup> – Friday 19 <sup>th</sup> July 2019		
Monday July 15 <sup>th</sup>	<p><b><u>Program aim-</u> 4.1 Children develop dispositions such as curiosity, cooperation, confidence, creativity, commitment, enthusiasm, persistence, imagination and reflexivity</b></p> <p><b><u>Program details</u></b> - – Incursion- Games Vault- Look no further than Games Vault for a fun video game experience in what is described as the ultimate games truck! The gaming experience will be phenomenal thanks to the state of-the-art systems in place and the wide range of popular multiplayer games available. Lunch will be provided and will be Fried or Steamed Rice and Fish Fingers. Breakfast and afternoon tea will be provided. Program reminders – Please bring recess, a drink bottle, hat and wear suitable clothing.</p>	<input type="checkbox"/> Please tick to book *Signature required  _____
Tuesday July 16 <sup>th</sup>	<p><b><u>Program aim-</u> 1.2 Children develop their autonomy, inter-dependence, resilience and sense of agency.</b></p> <p><b><u>Program details</u></b> – In House - Let's Get Creative- Today is all about creativity. There will be painting, tie dying, collage and box construction. They'll be plenty of other crafty activities, something everyone is sure to love! Lunch will be provided and will be Tacos. Breakfast and afternoon tea will be provided. Program reminders – Please bring recess, a drink bottle, hat and wear suitable clothing.</p>	<input type="checkbox"/> Please tick to book *Signature required  _____
Wednesday July 17 <sup>th</sup>	<p><b><u>Program aim-</u> 4.1 Children develop dispositions such as curiosity, cooperation, confidence, creativity, commitment, enthusiasm, persistence, imagination and reflexivity</b></p> <p><b><u>Program details</u></b> -- In House –In House - BYO Wheels Day – Bring your bikes, scooters, skates or skateboards for a day of riding fun. Helmets and safety gear must be worn. Bring your 'wheels' and show off your cool moves! Don't forget your helmet! Lunch will be provided and will be veggie pasta and cheesy bread. Breakfast and afternoon tea will be provided. Program reminders – Please bring recess, a drink bottle, hat and wear suitable clothing.</p>	<input type="checkbox"/> Please tick to book *Signature required  _____
Thursday July 18 <sup>th</sup>	<p><b><u>Program aim</u> - Children feel safe, secure, and supported</b></p> <p><b><u>Program details</u></b> – Incursion - LMS Dance - Join LMS Dance School for a circus themed dance workshop filled with plate twirling, juggling and acrobatics. We will put it all together for a Circus Performance to amaze! During the day there will also be circus themed games and craft activities. Lunch will be provided and will be Chicken Noodle Soup and Dinner Rolls. Program reminders – Please bring recess (lunch and afternoon tea will be provided) a drink bottle, hat and wear suitable clothing.</p>	<input type="checkbox"/> Please tick to book *Signature required  _____
Friday July 19 <sup>th</sup>	<p><b><u>Program aim-</u> 1.2 Children develop their autonomy, inter-dependence, resilience and sense of agency</b></p> <p><b><u>Program details</u></b> – In House - Master Chef- Today we are going to 'throw' ingredients at you and see what you and your group of junior chefs can create from it. We will create an alfresco dining area outside the centre and then we will enjoy the amazing food that has been prepared. But remember it's a competition! Breakfast and afternoon tea will be provided. Program reminders – Please bring recess, a drink bottle, hat and</p>	<input type="checkbox"/> Please tick to book *Signature required  _____

	wear suitable clothing.	
	<b>Program Details Monday 22nd July 2019</b>	
<i>Monday July 22nd</i>	<p><b><i>Program aim - Children feel safe, secure, and supported</i></b></p> <p><b><u>Program details</u> – In House - Back to School Party</b></p> <p>Today will be a day full of games, one-minute challenges and excitement, as we celebrate our final day of holidays before we head back to school.</p> <p>Lunch will be provided and will be Ham or Cheeseburgers.</p> <p>Breakfast and afternoon tea will be provided.</p> <p>Program reminders – Please bring recess, a drink bottle, hat and wear suitable clothing.</p>	<p><input type="checkbox"/> Please tick to book</p> <p>*Signature required</p> <hr/>