



SUNSMART POLICY

RATIONALE

Our SunSmart Policy has been developed to ensure that all students and staff attending Liwara are protected from skin damage caused by the harmful ultraviolet rays of the sun. It is to be implemented throughout the year.

STRATEGIES

As part of our general SunSmart strategies our school will:

Behaviour

- Require children to wear broad-brimmed hats or hat with neck protection whenever they are outside (e.g. recess, lunch, sport and excursions).
- Work with the parent community to provide SPF30+ broad-spectrum, water-resistant sunscreen for all staff and student use.
- Encourage the daily application of sunscreen before school and prior to the lunch break.
- Encourage children to use the available areas of shade for outdoor activities.
- Request staff and parents to act as role models by practicing SunSmart behaviour.

Curriculum

- Incorporate programs on skin cancer prevention into the curriculum at all grade levels.
- Regularly reinforce SunSmart behaviour in a positive way through school newsletters, parent meetings, and student and parent activities.
- Ensure that the SunSmart policy is reflected in the planning of all outdoor events (e.g. camps, excursions, sporting events).

Environment

- Provide sun protective clothing items as part of our school uniform (e.g. collared polo-shirts, wide-brimmed hat)
- Schedule outdoor activities before 11.00am and after 2.00pm wherever possible.
- Schedule outdoor assemblies in an area where the children are shaded.
- Work towards increasing the number of shelters and trees so as to provide adequate shade in the school grounds.