



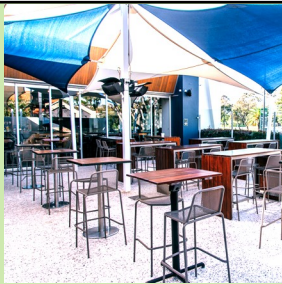
NEWSLETTER

February 2020

BROADENING HORIZONS FOR SCHOOL DADS

Bringing focus to ourselves, our loved ones, and beyond...

2020
Our first
catch-up!



Carine Glades Tavern
SUNDAY 9th February
FROM 3:00pm UNTIL 6pm
In the courtyard somewhere

LADS: Liwara Awesome Dads Society

Established in 2017, the LADS initiative has worked toward a goal of creating a social environment for all Liwara dads to build comradery, and to increase our overall wellbeing and our engagement in the school.

Events organised through LADS include social catch-ups, lawn bowls, ten pin bowling, networking evenings, busy bees, Bunnings Barbeques, and the Liwara camp night.

To keep in the loop with the latest news, simply register for the Facebook group or subscribe to the email below.

LADS is for all Liwara dads, and if your partner doesn't use email or Facebook, feel free to sign up on their behalf.

Keep in the loop

Follow events on facebook

[LADS facebook group](#)

Sign up for the e-[newsletter](#)

<http://eepurl.com/daCCXn>

Send any questions via email:

liwaralads@gmail.com

2020 Liwara Camp Night

Saturday **22 Feb** - Karrinyup Waters Resort

Get your tickets now! Great value at \$20 per person, price includes Saturday night camping in a powered site, plus breakfast on Sunday morning.

New: pay an extra \$15pp to camp Friday night too!

trybooking.com/BHXQA

Please check the terms and conditions.



Help plan the next
LADS busy bee!
Directly impact the
experience your kids
have at school!

Lazy Sunday Catchups

For something different this year, we're adding Sunday morning coffee catch-ups to the calendar.

These will be held at a local café or playground designed to encourage dads to bring the kids along and hang out.

Next scheduled date: Sunday 29th March

Time: 10:00 am

Location is to be confirmed but maybe Waldecks Kingsley or Karrinyup Waters Resort café. Both great venues.

Lock in the date, bring your kids along, and lets see how many dads we can get out!



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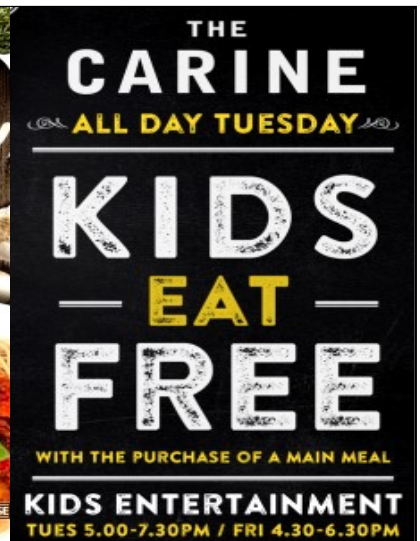
Weekly family meals

<https://houseofwellness.com.au/wellbeing/relationships/importance-of-family-meals>

Regular formal family meals may benefit your children's health and wellbeing in ways you may not have ever thought of.

Once you have established your formal dinner times at home, spice it up and get out to one of the local eateries. Kids eat free Monday at the Greenwood and Tuesday at the Carine!

The Liwara entertainment book also has some vouchers for these venues, for other occasions.



Meet your neighbour BBQ

<https://www.ioondalup.wa.gov.au/kb/resident/neighbourhood-bbq-program>

The Meet-Your-Neighbour Project aims to help bring the community a bit closer and is about building safer, connected neighbourhoods.

The Meet-Your-Neighbour Project is about the friends made and the community spirit it builds.

Host a Meet-Your-Neighbour gathering between Oct 2019 and Apr 2020 to go into a draw to win a Bunnings voucher valued at \$300.

Get the local LADS round for a barbie.



Parenting and tech

<https://www.esafety.gov.au/parents/skills-advice/taming-technology>

While the WA curriculum is driving the pace of learning in information and communication technology, it's known that Bill Gates and Steve Jobs raised their kids tech-free. So, is primary school really the right time for learning tech?

It has to be said that the rate of technology use and its capabilities are continually evolving faster than we can comprehend, but it's still our role as parents to guide kids on this journey.

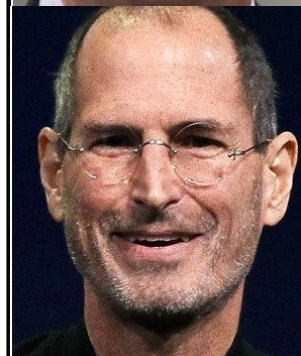
At this point, perhaps set yourself the challenge to become proficient in home technology, to help give your children the guidance that you feel necessary. This includes spending time with them searching Youtube, playing Minecraft and learning to code together. Be a teacher.



Technology is just a tool. In terms of getting the kids working together and motivating them, the teacher is the most important.

— Bill Gates —

AZ QUOTES



Technology is nothing. What's important is that you have a faith in people, that they're basically good and smart, and if you give them tools, they'll do wonderful things with them.

— Steve Jobs —

AZ QUOTES