



LIWARA CATHOLIC PRIMARY SCHOOL

Newsletter No 2 14 February 2019

5 Tuart Road Greenwood

08 9448 3811

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A STUDENT'S PRAYER FOR A NEW SCHOOL YEAR

*Lord Jesus, I ask for Your help
as I begin this new school year.*

*Allow me to experience Your presence
in the many blessings You put before me.
Open my eyes to the new challenges and exciting
opportunities that this new school year brings.*

*Open my heart and mind to new friends
and new teachers.*

*Give me a generous spirit to be enthusiastic
with my studies and courage to accept new opportunities.*

*Help me to be attentive to my teachers
and let me experience Your presence in my new friends.*

Jesus, inspire me to do my best once again this year!

AMEN

Dear Families

A warm welcome to all families, especially those new to our school. Seeing the smiling faces of families settling into the school routines this week has been fabulous. What a great way to begin the second week of the school year, gathering as a community at our Parent Information Evening on Tuesday. It was an opportune time for all parents to get to meet our staff and to share classroom information about the experiences and expectations your children will be involved with this year.

Thank you to all families for supporting and upholding the School Uniform Policy. You can refer to the policy on our website. Our core values of FAITH, TRUST & RESPECT will be reflected in the way our students present themselves for learning and this important life skill requires both the home and school to work in collaboration, something that is firmly embedded in the Liwara culture.

Last Friday we celebrated our first Whole School Mass together with the parish, and the children's enthusiasm and participation was contagious. The choir led the singing with vigour and passion and Fr Elver commented that he was so pleased to have us all back as he enjoyed celebrating with our beautiful students. Thank you to our musicians and teachers who assisted with the preparation.

All school leaders in Catholic Education, in the Archdiocese of Perth, joined Archbishop Timothy Costelloe in con-celebrating Mass at St Mary's Cathedral in Perth on the first Friday back for staff. Mr Dols, Miss Leddin and I joined many of our colleagues there and the main message from the Archbishop was for those working in our Catholic School System to serve with conviction, joy, hope, enthusiasm and love.

All classes, except the Year Ones will be working with the Protective Behaviours Program this term. The Year One teachers, in collaboration with Jane Evans our school Social Worker, believe at this age the students benefit from starting the year with the FunFriends Program, which comes under the "Friends for Life" program that is mentioned in the Kidsmatter website <https://www.kidsmatter.edu.au/primary/about-kidsmatter-primary/framework> as a recognised program. In Term Two the students in Year One will be working with the Protective Behaviours Program.

For those families with siblings attending Kindy this year, the staff would like to thank you for dropping the older students to their classes first and then bringing the Kindy students to class. A reminder that the Kindy doors will be open at 8.40am so please try and be in the room by 8.45am each morning.

OUR MISSION

We gather as a community of believers in a Catholic environment to develop in each child a sense of wonder of learning.

With the essential support of parents, our Mission is **to empower children to be faith filled, confident and fully rounded, life-long learners.**

OUR VISION

Our Vision is a community with strong connections where every student has a sense of belonging, feels safe and is known by name and need. As our motto suggests, we strive to be a place of **Strength in Community.**



ALL SAINTS CATHOLIC CHURCH
PARISH PRIEST: FR ELVER DELICANO

TEL: 9447 6225 Check for further details on the General School News page.

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NEW PARENTS' SUNDOWNER

Thank you to our dedicated group of P&F members for hosting the New Family Sundowner this Friday 15 February. If you haven't received the invitation, please ring the school office tomorrow and add your names to the list of attendees as we would love to have as many of you there as possible. The crèche will once again be run by our Outside School Hours Care (OSHC) staff in the OSHC building from 6.00—7.30 pm, but the form at the bottom of the invitation must be filled out with all the necessary information regarding your child before they can be dropped off. Once again please contact the office if you need a form to be emailed to you.

Next week all families will be receiving an envelope with important forms and your Fee Statement for Term 1 could you please fill in and return the relevant forms and most importantly any changes in family details, to the school, by **Friday 1 March**. An important reminder that any medication sent to school with a student must be handed in to the office with a Student Medication Form, signed by the medical practitioner who has prescribed the medication. The signed form must accompany the medication for the office staff to administer it to your child. The forms are available on the school website at:

<http://www.liwara.wa.edu.au/wp-content/uploads/2017/05/Student-Medication-Request-Form-1-1.pdf>

Wishing you God's blessings.

Andrea Millar
Principal



REGISTER TODAY!
FREE, QUICK & EASY

WE ARE NOW A QUICKCLIQ MEMBER!



QuickCliq

REGISTER TODAY AT
www.QuickCliq.com.au

How to get started:

- Visit www.QuickCliq.com.au
- Sign up by completing the registration form
- Receive a confirmation email with activation link
- Activate your account and login to the website
- Add a student and nominate their school
- Order whenever you like

How to order meals:

- 1 Select a student
- 2 Add items
- 3 Select date
- 4 Confirm

It is that simple! It is our job to make your life easier.

Using QuickCliq helps you stay organised, order up-to four weeks in advance.

SAFE & SECURE | SUPPORT LINE: 1300 11 66 37 | ORDER 24/7



Stay informed with the SkoolBag App

The SkoolBag app is the easiest way to stay up-to-date with school events, last minutes notices, newsletters and all school communications.

- 1 Download the app**
Search for the free SkoolBag app in the Apple App or Google Play Store
- 2 Create an account**
Sign up in seconds with your email address
- 3 Add your school**
Search for your school and add your subscription groups



SkoolBag

A MESSAGE FROM THE ASSISTANT PRINCIPALS

Swimming Carnival

The Liwara Swimming Carnival for all Year 4 to Yr 6 students will be held on Wednesday 13th March at the HBF Arena in Joondalup. A note with all details, including a permission slip, was sent home last week that **is now overdue**. If you haven't already done so, could you please return your child's permission slip to their class teacher as soon as possible, as it contains important information for the planning of events at the carnival. Thank you.

Theology of Sacrament Parent Meeting

A 'Theology of Sacrament' Parent Meeting, conducted by Karl Brown, will be held on Tuesday 12th March in the Ahern Centre commencing at 7pm. This wonderful opportunity to learn more about the theology behind the sacraments from a very well respected theologian is strongly recommended for parents whose child is receiving a sacrament this year.

Rugby Clinics

The Years 1 - 6 classes will be attending non-contact Rugby Clinics during their Physical Education lessons over the next 2 weeks, conducted by Western Force & Rugby WA personnel.

Greenwood Dental Clinic

Welcome to new families. Very soon enrolment forms will be issued to each family. Please take the time to read the information provided before completing forms. Return the completed forms to either your school office or post it to the Greenwood Dental Therapy Centre as soon as possible. Please attach to a separate piece of paper the names and year level of older siblings already enrolled at a Dental Therapy Centre as unfortunately with the new forms this information has been omitted.

Kind Regards

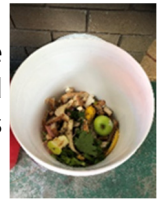
Janet, Casey, Cath & Mags GDC

Sustainable Living

Sustainable Living for the Liwara Community

My name is Mr Greenhill. I teach Visual Art, from Pre-primary to Year 4, and I am also the new Sustainability representative at Liwara. I am passionate about making Liwara CPS a more sustainable environment for our students. One of our aims is to teach students how to grow vegetable produce in our school gardens, which may eventually lead to supplying some fresh vegetables to the school canteen. Presently, we have planted some varieties of beans and peas, to invigorate the soil, ready for growing other vegetables later this year. We would also like to start worm farming and other composting initiatives.

Teachers regularly encourage all Liwara students to recycle their food scraps, using the white plastic food scraps buckets. These are located near the canteen, for Years 1 to 3 and 6, and outside OSHC, for Years 4 and 5. We have already recycled a lot of healthy food scraps so far this term. Please thank your child/ren for their effort to recycle at school. It really makes a difference!



We aim for Liwara to become a 'Wrapper Free' school. Should you need to wrap any of your children's food items, we recommend that you use foil rather than single use plastic wrappers, as these are non-recyclable. Students can put their used aluminium foil in the newly labelled green recycling bin in the Undercover Area (as seen in the picture). The bin displays recycling signs, reminding students that we recycle items including: paper (such as drawing paper and newspaper, NOT used tissue as it poses a hygiene risk); cardboard; metal (*such as alfoil, aluminium cans, empty tuna and sardine tins*); glass (*although rarely*) and hard recyclable plastics (*namely polyethylene also known as PET*).



Beeswax wrappers are another wrapper alternative that our P&F are passionate about! Please contact P&F class representatives if this interests you. They are re-reusable!

I have recently applied for Liwara to become a "Greenbatch" pilot school. This company has a wonderful recycling initiative, where school students bring in plastic polyethylene (PET) bottles which are recycled into rolls of 3D printer ribbon for the school. I am very hopeful that we will become one of the pilot schools, since we already have a 3D printer. You will be informed, via newsletter, when this takes place. You can read more about Greenbatch, and may even wish to become a supporter at www.greenbatch.com



Did you know that by 2050, there will be more plastic in our oceans than there will be fish?

You might also like to view the Netflix documentary "A Plastic Ocean" hosted by Australian award-winning journalist Craig Leeson (2016). The documentary discusses the vast amount of plastic that is presently found in our oceans. International scientists show the causes and consequences of plastic pollution, as well as a variety of solutions already making a difference.

Please support sustainability at Liwara. It is a future-focused initiative and together we can make a difference for our children's future.

Yr 6 Class News



Leadership Day

As leaders of Liwara, it was amazing to have Alpha Motivation come to our school and teach us useful tips on how to be a responsible leader. We started straight away with a game including teamwork and excitement, there were useful slides of motivating quotes and helpful information on how to be a great person, a leader and set goals. We played teambuilding games such as paper scissors support and a blindfolding game, Alpha Motivation has definitely helped us to be the great Year 6 leaders we strive to be.



LIWARA CATHOLIC PRIMARY SCHOOL MENU — SUMMER 2019

RECESS AND LUNCH HEALTHY SNACK SELECTION

Whole Fresh Seasonal Fruit	\$0.50
Popcorn Snack Cup	\$0.50
Pikelet (HM)	\$0.50
Seasonal Fruit Cup	\$1.50
Yoghurt (low fat assorted flavours)	\$1.50
Pizza Slice OR Cheesie (RECESS ONLY)	\$1.00
Low fat/sugar Fruit Muffins (HM)	\$1.00
Veggie Sticks (add Hommus dip – 50c)	\$1.00
Biscuit—Liwara Special (HM)	\$0.50
Corn on the Cob	\$0.80



EVERYDAY LUNCH SELECTION

Toasted Baked Bean Sandwich	\$3.00
Toasted Spaghetti Sandwich	\$3.00
Add Cheese	\$.60

(more toasties available see sandwiches)

Quiche (HM)	\$4.00	*Add Salad +\$1.00
Hot Chicken Roll (includes mayo)	\$4.30	
Salad Tray	\$3.00	
*Add Egg or Cheese	\$.60	
*Chicken or Ham	\$1.00	

SUSHI

CURRENTLY AVAILABLE ON FRIDAY ONLY

(Order by Thursday)

Sushi (6 pieces) - Teriyaki Chicken, Tuna, Vegetarian, Combo or California	\$6.50
Crispy (Katsu) Chicken (6 pieces)	\$7.50

DELICIOUS FROZEN DELIGHTS

Frozen Yoghurt Treats (HM)	\$1.50
Frozen Pureed Fruit 100% Pops (HM)	\$1.50

V = Vegetarian
GF = Gluten Free
HM = Home Made



SANDWICHES, ROLLS AND WRAPS

SANDWICHES (GF BREAD AVAILABLE)

Vegemite	\$2.00
Salad	\$3.00
Cheese	\$3.00
Egg Plain ((Curried) + \$.50c)	\$3.00
Tuna	\$3.60
Ham or Chicken	\$3.60
* ROLLS / WRAPS add	\$0.50

* TOASTING – Sandwiches or Wraps add \$0.30

EXTRAS

Salad = lettuce, tomato, carrot, cucumber	\$1.00
Or individual salad items (+ for each)	\$0.25
Cheese or Egg	\$0.60
Mayonnaise OR Beetroot	\$0.40 ALL

BREAD, ROLLS & WRAPS ARE BOUGHT FRESH DAILY

EVERYDAY DRINK SELECTION

Plain Milk	\$1.50
Juice or Milo Cup (NO ADDED SUGAR)	\$1.00

Available at Canteen Recess & Lunch \$1.00



DAILY SPECIALS

BURGER BONANZA—MONDAY ONLY

Beef Burger (HM) with Salad & Tomato Sauce \$5.00

Chicken Burger with Salad & Mayonnaise \$5.00

HOME COOKED TREATS—TUESDAY ONLY

Spaghetti Bolognese (HM) \$4.50

Mac N' Cheese (HM) \$4.50

Jacket Potato (Choose your fillings from— Baked Beans / Ham / Cheese) \$3.00

WRAP IT TIGHT —THURSDAY ONLY

Crispy Chicken Wrap, Salad & Mayo (Sm or Lg) \$4.00 /\$5.00

Crispy Fish Wrap, Salad & Mayo (Sm or Lg) \$4.00 /\$5.00

MIGHTY MEXICAN FIESTA—FRIDAY ONLY

Nachos Bowl (S or L) GF add Sour Cream + 30c \$4.00/\$5.00

Burrito Bowl (V) add Chicken + 60c \$4.50

NEW IN 2019

MRS F'S LUNCHBOX MEAL

Chicken Salad Wrap (sm), Pikelet & Slinky Apple \$5.00

Vegemite & cheese Roll, Yoghurt Tub & Watermelon \$5.00

Ham & Cheese Toastie, Vegie Sticks & Corn Cob \$5.00

Add Plain Milk \$1.00

SERVICES AT LIWARA

UNIFORM SHOP

OSHC

THURSDAY
8.15am - 9.00am

Please direct all enquiries to
sales@jfe.net.au

3 Year Old Pre Kindy - Year 6
Before & After School Care
Vacations Care
Contact Centre Supervisors

0477 994 123

Order Forms available on website
Full payment is required on
ordering. Orders will be dropped
off at your child's class.

BOOK NOW



ABSENTEE NOTIFICATION

ABSENTEE CHANGES

Click on the Absentees Icon on
the Liwara School Website or
leave a voice message on the
school number 9448 3811
ext1 before 8:20am

*Leave the child's name, class and a
brief description for the absence.*

**No, SMS or voice mail to the school
mobile number.**

Changes from Term 4 2018

*Please do not reply to the computer
generated absentee text sent to you if your
child is not at school. We do not receive it.*

CANTEEN

*Please include your child's class colour (**Red** or
Green) when you are ordering your children's
lunches online. This will reduce the time taken
to process your order. Thank you.*

*Please take the time to look at the Quick Click
menu - <https://quickcliq.com.au/>*



***Volunteers always welcome
Just pop in and see Deb***

GENERAL SCHOOL NEWS



Parents have you filled in
an application for your
child?

Kindy 2020
Kindy 2021

Pre Kindy 2020
Pre Kindy 2021



All Saints Catholic Church
PARISH PRIEST: FR ELVER DELICANO
ADDRESS: 7 LIWARA PLACE, GREENWOOD WA
6024

TEL: 9447 6225 **FAX:** 9246 2692

MOB: 0435 173 454 (*for Urgent pastoral needs only*)

PARISH EMAIL ADDRESS:

greenwood@perthcatholic.org.au

PARISH OFFICE OPENING TIMES: MONDAY,
WEDNESDAY & FRIDAY 10:00AM TO 3:00PM

MASSES: Mon-Fri 9.00am

Saturday 9.00am & Vigil – 6pm—Sunday 7.30am,
9.30am, & 5.30pm (anointing every 2nd Saturday of
month)

Reconciliation: Saturday 9.30am-10.00am and
5.00pm - 5.30pm or by request.

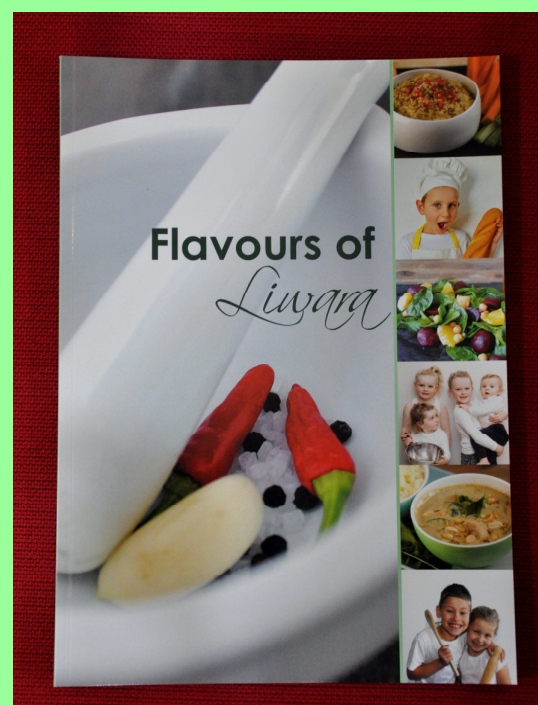
All Saints Parish 24:7 Greenwood Youth Group

For all youth in Years 6-12

Every Sunday night 6.30-8pm @ the Ahern Centre
(Liwara Catholic Primary School)

For more info call Lynn 0452 413 942 or
Lionel 0405 107 841

LIWARA CATHOLIC PRIMARY SCHOOL COOKBOOK 2018



**Available for purchase in the
School front office \$25**

P&F Notices

Family Matters

February 2019

Coming Up...

New Parents Night
15th February
6pm
Ahern Centre
Courtyard

Next P&F Meeting
Monday 18th March
7pm in the Library
All New Members
Welcome

Casino Night
Saturday 16th March

thank you

Your donations, contributions
and help in 2018 raised
\$40,000

P&F Contacts

Secretary &
General enquiries

President - Christel Magorian

liwarapresident@gmail.com

Vice President - Sam Lane

liwarapvice@gmail.com

Secretaries -

Ally Mullane & Katherine Millington

liwarapf@gmail.com

Treasurers -

Bronwyn Patience & Carresa Magorian

liwarapftreasurer@gmail.com

LADs (Liwara Awesome Dads Society)

Coordinator - Craig Byrne

Classroom Rep Coordinator - Sarah Kerby

All inquiries should be directed to P&F

Secretary: liwarapf@gmail.com



Keeping the tradition alive, LADS proudly announces...

LIWARA CAMP NIGHT

All Liwara families are invited. Get outdoors! Have fun!

Location **Karrinyup Waters Resort**

Cost **\$20 per person**

Check-in **23rd Feb 2019 2pm Saturday**

Check-out **24th Feb 2019 11am Sunday**

Get your tickets now as the camping space is limited:

<https://www.trybooking.com/book/event?eid=463073>

Please note the following important information :

- TENTS ONLY! Please email us if you can lend a tent.
- Price includes overnight camping plus breakfast.
- Activities for kids & adults to participate Saturday arvo.
- Visitors can come on Saturday and stay until 10pm.
- Swimming pools, jumpy pillow, plus extra equipment will be provided by the resort. Have FUN with your kids!

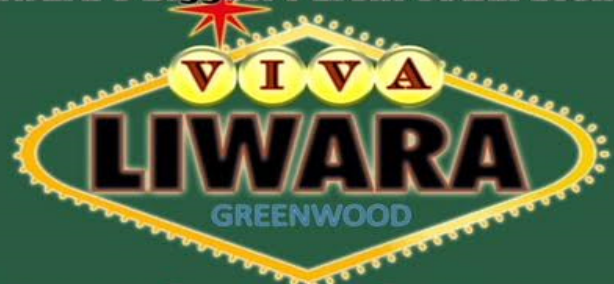


Questions? Email LADS
liwaralads@gmail.com



Find us on
Facebook

Liwara's Biggest Parent Social Event!



Saturday 16th March

IN THE **Ahern Centre**
DRESS UP VEGAS STYLE

Doors open
7pm

Gaming tables open
7:45pm - 10:30pm

TICKETS
\$25

Ticket includes:
\$100 pretend money
Various prizes

Bar closes
11:30pm

Silent Auctions
& Raffles

Party on 'til midnight! Eftpos payments available
Please bring a plate of finger food for the buffet

★ Bookings: www.trybooking.com/404428 ★

CASINO



NIGHT

If your child is currently in Year 6,
then now is the time to apply for a
scholarship

Mater Dei College 2020 Scholarships



Scholarships are available in the following areas:

- Academic for Year 7
- Music Scholarships
- Hawks AFL Academy



For further information please view our website:
<https://www.mdc.wa.edu.au/enrolment/scholarships>
Or contact our Enrolments Officer on Ph: 9405 4777 Email: enrolments@mdc.wa.edu.au



28 Holdhurst

Personal Advocacy Service Calling for Volunteers.

To enable People with intellectual disability to Lead full and valued lives in the Community.



Join the Fun, be a Friend and Experience
unconditional Love

VOLUNTEER
all that's missing is U!

All sessions are held during school terms. The commitment is once a week
during school term .No experience is necessary.



Government of Western Australia
Child and Adolescent Health Service



Triple P - Positive Parenting Program®

A FREE program that teaches practical and effective ways to enhance
family relationships and manage common child behaviour issues.

Who is this program for?

Parents, carers and/or grandparents of a child aged between 3 and 8 years.

What is involved?

- **Seminar Series** – 90-minute talks on:
 - children's behaviour
 - the tough part of parenting
 - raising confident children
 - raising emotionally resilient children.
- **Discussion Group** – small, 2-hour groups:
 - misbehaving
 - fighting and aggression
 - hassle-free shopping with children.
- **Group Triple P** – 8-week parenting course.



Program details:

Place: Seminar Series - Wanneroo

Date/s: 27th February, 6th March and 13th March 2019

Time: 9.30am - 11.30am

Cost: FREE

How do I book?

Visit www.healthywa.wa.gov.au/parentgroups.

If unable to book online, contact the Child Health Booking System on 1300 749 869.

Childcare: Please do not bring babies and children over the age of 6 months to the group.

You will need to make your own childcare arrangements for them. Crèche may be available at some venues. (Please check and organise through the venue).

You can bring babies into groups for feeding.

Visit www.healthywa.wa.gov.au/parentgroups for more information.

This document can be made available in alternative
formats on request for a person with a disability.

December 2018 CAH-001009_TripP