



LIWARA CATHOLIC PRIMARY SCHOOL

29 March 2019

IMPORTANT DATES

6 APRIL RECONCILIATION MASS - 2PM
6 & 7 APRIL RECONCILIATION CERT
MASSES

HOLY WEEK REFLECTIONS 8:50AM
AHERN CENTRE

8 APRIL YR 6 & YR 1 - PALM SUNDAY
9 APRIL YR 5 & PP - HOLY THURSDAY
10 APRIL YR 4 & 2 - GOOD FRIDAY
11 APRIL YR 3 RESURRECTION
12 APRIL YR 4 WHOLE SCHOOL MASS

9 - 12 APRIL YEAR 6 CAMP

12 APRIL LAST DAY OF TERM

LENTEN PRAYER

Lord of light, come shine your truth upon my life in this season of Lent.
Light into the dark corners of disillusionment,
where I hide beneath the comforts of food and drink.
Light upon the fears and worries I seek to quell with control and routine.
Light within the shadowed areas of hurt that cast shades
of resentment and unforgiveness in me.
Light bright across my thoughts, seep into my heart and come awaken my
hope.
May your eternal light reveal heavens beautiful promises
and bring a peace that surpasses understanding.

Amen

Dear Families

As we are currently heading into the Fourth Week of Lent it is a good time to reflect on this special season in the Church year which lasts for forty days and leads us to Easter. Lent is a time of prayer. Lent is a time for reflecting on the way we live our lives. Lent is a time for examining our hearts and being willing to make changes by being better people. Below are some thoughts on Lent from Pope Francis:

Are you thinking about fasting this Lent?

- † Fast from hurting words and say kind words.
- † Fast from sadness and be filled with gratitude.
- † Fast from anger and be filled with patience.
- † Fast from pessimism and be filled with hope.
- † Fast from worries and trust in God.
- † Fast from complaints and contemplate simplicity.
- † Fast from pressures and be prayerful.
- † Fast from bitterness and fill your heart with joy.
- † Fast from selfishness and be compassionate to others.
- † Fast from grudges and be reconciled.
- † Fast from words and be silent so you can listen.

The
Season
of
Lent



HARMONY WEEK

Thank you to our Harmony Week Team who organised a lovely day on Thursday 21 March filled with a range of activities for our school community. Buddy class activities were enjoyed by all, with children creating decorative bunting, drawing themselves in their family's national costume or by decorating a flag. They wrote "Hello" in many different languages and were entertained and engaged by an African drumming duo who certainly got the children and staff moving and swaying with the rhythm of the drums and bouncing to the beat!

Our Mission

We gather as a community of believers in a Catholic environment to develop in each child a sense of wonder of learning.

With the essential support of parents, our Mission is to **empower children to be faith filled, confident and fully rounded, life-long learners.**

Our Vision

Our Vision is a community with strong connections where every student has a sense of belonging, feels safe and is known by name and need. As our motto suggests, we strive to be a place of **Strength in Community.**



ALL SAINTS CATHOLIC CHURCH
PARISH PRIEST: FR ELVER DELICANO

TEL: 9447 6225 Check for further details on the General School News page.

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HARMONY WEEK cont ...

Harmony Week was once again highlighted at our Parish Family Mass at 9.30am on Sunday 24 March with the children singing a hymn in Italian and English and parents and staff reading the Prayers of Intercession in their home language and repeated in English by our students. The musicians and choir once again led the congregation in perfect harmony with their beautiful singing and the All Saint's parishoners provided hot and cold treats for all community members to enjoy.



PARENT-TEACHER INTERVIEWS

Parent-teacher Interviews are a great way to find out about your child's progress at school. By going to parent-teacher interviews, you also show your interest in your child's learning and school life.

Throughout your child's time in primary school, you'll be invited to attend parent-teacher interviews, twice a year. These are usually just short meetings – about 10 - 15 minutes—between you and your child's teacher or teachers. Every parent is invited to attend at least one interview a year. Being invited to a parent-teacher interview doesn't mean there's a problem with your child's progress. Interviews might be held during school hours, before or after school, or in the evening. It's good to make a time when both parents can go along, if you can.

Parent-teacher interviews give you a great opportunity to:

- ⇒ Learn more about your child's academic, emotional and social development
- ⇒ Meet and get to know your child's teachers
- ⇒ Help your child's teachers understand more about your child
- ⇒ Make plans with the teacher about how you can both support your child
- ⇒ Build a relationship with your child's school

If you don't have any particular concerns, you might wonder whether it's worth going to parent-teacher interviews. But going along is **one way to show your child that you're interested in his/her learning** and what's happening for them at school. Of course if you do have concerns, it's a chance for you to raise them with your child's teacher, if you haven't done that already.

It's useful to have a few other questions in mind too. For example:

- ⇒ What are my child's strengths?
- ⇒ What does my child struggle with?
- ⇒ What can I do at home to help my child with schoolwork?
- ⇒ What can you tell me about my child's behaviour in class?
- ⇒ How is my child getting along with other students?

If you don't get through everything you want to discuss, you might need to arrange another meeting with your child's teacher. Being open and friendly will set you up for positive communication with the teacher.

DOGS ON SCHOOL GROUNDS

The excerpt below is part of the Dogs On School Grounds Policy which is found on the School Website.

"Liwara Catholic Primary School is part of a community where the benefits of pet ownership are valued. The purpose of this policy is to support the promotion of a safe school environment and to ensure the safety of all whilst attending the school; through both direct and indirect contact with dogs. The school's primary duty of care is to our students, staff and school community. Some children have a fear of dogs and students need to feel safe whilst on school grounds. This policy outlines the responsibilities of dog owners and/or handlers within the school grounds, excluding dogs specifically trained to enhance or support learning, mobility or disability"

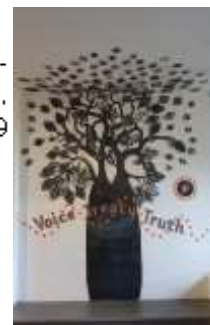
I encourage all families to abide by this to ensure the safety of all community members. The full policy has been attached to this newsletter for all parents to read and become familiar with.

BREEZEWAY DISPLAY

We have another beautiful display in the shared breezeway corridor, which takes us through to the undercover area, by our Year Three Classes, so if you get some time it will be well worth the walk through. As well as our rostered Religious Education displays there is the beginning of an early start to the 2019 NAIDOC Week preparation.

Wishing you God's blessings

Mrs Andrea Millar



DOGS ON SCHOOL PREMISES POLICY

RATIONALE

Liwara Catholic Primary School is part of a community where the benefits of pet ownership are valued. The purpose of this policy is to support the promotion of a safe school environment and to ensure the safety of all whilst attending the school; through both direct and indirect contact with dogs. The school's primary duty of care is to our students, staff and school community. Some children have a fear of dogs and students need to feel safe whilst on school grounds. This policy outlines the responsibilities of dog owners and/or handlers within the school grounds, excluding dogs specifically trained to enhance or support learning, mobility or disability.

AIMS

- To provide for the safety of students, toddlers and parents within the environment of the school grounds.
- While the school appreciates and values pet ownership as an educational experience, it also acknowledges that other children and adults can find contact with dogs stressful.
- Dogs can behave unpredictably when excited, and this can lead to accidents such as falls and dog bites.
- This policy aims to take into consideration the needs and expectations of all members of the school community and also minimise the risk of accident or injury to people or animals within the school grounds.
- Existing council by-laws already cover issues such as dangerous dogs, dog restraint and the need for owners to pick up their dog's excrement. For clarity some of these matters are referenced in this policy.
- The Principal and school staff have a duty of care to take reasonable steps to ensure that the school grounds are safe for all staff, students and visitors.

IMPLEMENTATION

As the safety of our students, staff and community members is always our priority, dogs are not permitted within the school grounds at any time, including during the school holidays, unless approval has been given by the Principal or nominee.

- Dogs are not permitted to be inside a school building
- Dogs are not permitted at school events where Liwara Catholic Primary School students will be present – Sports Carnivals; Busy Bees; Family Nights; Family Events organised by the P&F on school grounds; School Concerts; School Fair; Parent Teacher Interviews; Learning Journey Nights; Open Nights.
- Dog owners are not permitted to tie their dog at the school boundary fence.
- Dog owners must remain with their dogs, outside the school boundaries, at all times.
- Dog owners are entirely responsible for the control of their dog around the school boundary fence area, which includes being on a lead, ensuring safe behaviour, and cleaning up any mess made by the dog.
- Any stray dogs in the school grounds will be immediately reported to the ranger for collection.

A MESSAGE FROM THE ASSISTANT PRINCIPALS

Sacrament of Reconciliation

The Year 3 classes are in the final stages of their preparation to receive their First Reconciliation on Saturday 6 April, with a Retreat at the Redemptorist Monastery in North Perth next Friday, 5 April. We wish them all the very best in this significant step in their Faith Journey. A reminder to parents of Reconciliation candidates that Reconciliation Certificates can be collected from the parish during the Parish Masses on the weekend of 6 and 7 April.

Holy Week Celebrations

Although Easter is not until the middle of the school holidays, the school will celebrate the events of Holy Week as usual in the last week of Term with a daily reflection in the Ahern Centre commencing at 8.50am. All are welcome to attend. The schedule for these reflections are as such:

Monday April 8	Year 6 & 1	Palm Sunday
Tuesday April 9	Year 5 & PP	Holy Thursday
Wednesday April 10	Year 4 & 2	Good Friday
Thursday April 11	Year 3	Resurrection
Friday April 12	Year 4	Whole School Mass

Caritas Project Compassion boxes

Project Compassion boxes are due for return by the end of this term. Please return them to your child's class teacher and the school will ensure that the donations are counted and forwarded to Caritas to continue funding the excellent work that they do.

Rosary in the Month of May

Each Wednesday morning at 8.25am during the month of May, a short prayer session to pray a decade of the Rosary, in honour of Our Lady, will be conducted in the Library. All parents and students are welcome to attend.

Liwara Running Club

Liwara Running Club will start up again next term commencing at 8am on Tuesday April 30 on the school oval. It will then run each Tuesday and Thursday for the remainder of the Term (weather permitting).

Interschool Swimming Carnival

Congratulations to all the children who all represented Liwara with such enthusiasm and sportsmanship at the Northern Independent Primary Sports Association (NIPPSA) Swimming Carnival at HBF Arena, Joondalup today. You were all a credit to the school and your parents.

All Saints Catholic Church

The Parish Summer Fair was a great success, with an amazing amount raised, approximately \$10,000. This will go towards the construction of the new Parish Centre.

Winter Uniform Reminder & Uniform Shop Opening Times

Reminder all children need to be in their winter uniform for the start of Term 2. Winter uniform stocks are now available in the Uniform Shop. Please visit the shop on Thursday mornings from 8:15am. The last opening day for this term will be Thursday, 11 March. The shop will also be open for last minute items on Monday, 29 April from 8:15am however its best to ensure you have your child's winter uniform requirements before the end of this term.



Insights

by Martine Oglethorpe

There are better questions than 'How much screen time?'

by Martine Oglethorpe

'How much time should my child be allowed in front of a screen?' 'What about my five-year-old?' 'How long should I let my 13-year-old play Fortnite?' As a digital wellness and online safety expert, these are some of the questions I am most frequently asked.

They are certainly all relevant questions as parents fumble about trying to make rules and boundaries around their child's screen time habits. Obviously we all want to prevent the screen time obsessions we hear about in the media. We want to maintain a sense of control over our child's screen time habits.

As the digital world is far more complex and nuanced, our approach and questions need to mirror those complexities. We can certainly apply some time limits, and prescribe times when devices are not to be used. But it's wise to ask more pertinent questions to help us make more informed choices about the rules and boundaries we set up for our kids.

In particular, there are three important questions we should ask.

These are:

1. 'What is my child doing with his or her screen?'

There's no point worrying about how long your child is on a screen if you have no idea what they are doing when they're on it. Handing a child a device without guidance can lead to a vast range of different experiences. One child might spend the time researching the dietary habits of a green tree frog, or learning how to make the best paper plane to fly with a younger sibling. Another might watch a funny cat video, or even watch hard-core pornography. These are vastly different ways to spend their time online.

2. 'What is the effect of the screens on my child?'

Is your child enjoying socialising online because it allows them deeper connections with their friends, provides them with support and gives them a sense of belonging? Alternatively, is he or she feeling excluded or being cyberbullied? A child's online experiences can help or hinder wellbeing. If online activities lead to tantrums when transitioning to offline tasks, or even aggression then it may be a sign that online use is having a negative impact.

3. 'What is my child missing out on?'

Children and teens benefit from involvement in a wide range activities so they can maintain optimum physical, social and emotional development. Spending time outdoors, enjoying active sports, connecting face-to-face with friends, sharing family meals, keeping up with homework and assisting with household chores are the types of activities that most experts agree are beneficial for children and young people. If the amount of time a child spends on digital devices excludes him or her from these types of activities then it can be considered excessive. If this is the case, then it's reasonable to expect that, with your assistance, your child begins to place some limits on their screen use.

Digital devices present new challenges for parents to manage. As a result parents need to shift the focus away from simply managing a child's time to helping him or her successfully integrate screen use into their daily life in ways that support learning, development and wellbeing.



Martine Oglethorpe

Martine Oglethorpe is an accredited speaker with the Office of the eSafety Commissioner and has presented to numerous parent groups, schools and teachers. She is a speaker, counsellor and educator with a passion for building resilient kids in a digital world.

Contact details:

info@martineoglethorpe.com.au, themodernparent.net,

facebook.com/themodernparent

Sustainable Living

Sustainable Living for the Liwara Community

Term 1 has been very successful in terms of sustainability at Liwara. Purchases have been made with our WaterWise Grant and our sustainable gardens are very productive due to the effort of our groundsman Mr Ridout, the school Green Team (aka the Year 6 "Garden Gurus" and the Environment Ministry). Our Green Team have planted beans, peas, garlic and sunflowers. The side of our school groundsman's shed should look 'blooming lovely' as the sunflowers grow and blossom. Below, are our Semester 1 "Garden Gurus" (Asha and Molly) watering in the sunflower seeds and garlic.



Year 6 Garden Gurus



Sweet potato runner & tubers



Red radish

This week, the Green Team planted some sweet potato runners, courtesy of our Principal Mrs Millar. Last week some of our Year 3 students, with the assistance of Mrs Dawe, also planted some sweet potato tubers in the Year 3 garden bed. With previous success from the love and attention shown to our school garden beds, our students are likely to see more amazing plant growth! Already the runner beans and radish are close to harvest size.



Our Green Team is also on the case to make use of water, produced from the condensation in our classroom air conditioners. We are putting a variety of plants in pots to collect and use this previously wasted water resource (see above photo). It is also fantastic to see so many students using reusable plastic containers and there is a visible difference in the amount of plastic collected daily in our red bins clearly labelled for non-recyclable waste.

Instead of adding your plastic to your household waste bin, whether it is plastic from pies and sausages packaging or bread bags, why not collect these with your child/children and, on your next shopping expedition to Coles or Woolworths, place them in the bins provided. Above is a photo of bins found outside Woolworths. The more packaging returned to these bins puts greater pressure on both retailers, and ultimately manufacturers, to make and sell products using more sustainable materials, other than plastics. Our school Environment Ministry will be collecting, measuring and accounting for this waste collected at Liwara over next term. If your child/children bring home their wrappers in their lunchboxes, as some already do, please take advantage of recycling bins provided at local shopping centres near you. All of us, together, can make a difference!

Pre Primary Class News

Harmony Day in Pre-Primary

These are some activities we completed on Harmony Day. We learnt that we need to celebrate, accept and show kindness to everyone.



HARMONY DAY



GENERAL SCHOOL NEWS

ACHIEVEMENT CERTIFICATE Term 1 Week 6

PPG Spencer White Dashed Warne
PPR Milana Etrelezis Charlie Scott Olivia Mercer

1G Aidan Burns Kai Serrano
1R Cormac Tennyson Lotte Fox

2G Connor Clark Sophia Le Blanc
2R Jai Thorpe Dante Pendergrast

3G Sam Sadler Aiden Nelligan Lara Chester
3R Abigail Allison Chase Sinderberry-Williams
Jack Casey Crowley

4G Luke Rose Kaitlyn Frediani
4R Stella Williams Lachlan O'Connor

5G Away at Year 5 Camp
5R Away at Year 5 Camp

6G Alejandra Falkingham Adam McAullay
6R Chiara Finlay Xavier Williams

Parents have you filled in
an application for your
child?

Kindy 2020
Kindy 2021

Pre Kindy 2019
Pre Kindy 2020
Pre Kindy 2021



All Saints Catholic Church
PARISH PRIEST: FR ELVER DELICANO
ADDRESS: 7 LIWARA PLACE, GREENWOOD WA
6024
TEL: 9447 6225 **FAX:** 9246 2692
MOB: 0435 173 454 *{for Urgent pastoral needs
only}*
PARISH EMAIL ADDRESS:
greenwood@perthcatholic.org.au
PARISH OFFICE OPENING TIMES: MONDAY,
WEDNESDAY & FRIDAY 10:00AM TO 3:00PM
MASSES: Mon-Fri 9.00am
Saturday 9.00am & Vigil - 6pm - Sunday 7.30am,
9.30am, & 5.30pm (anointing every 2nd Saturday of
month)
Reconciliation: Saturday 9.30am-10.00am and
5.00pm - 5.30pm or by request.
All Saints Parish 24:7 Greenwood Youth Group
For all youth in Years 6-12
Every Sunday night 6.30-8pm @ the Ahern Centre
(Liwara Catholic Primary School)
For more info call Lynn 0452 413 942 or
Lionel 0405 107 841

LIWARA CATHOLIC
Primary School
Cookbook 2018



Available for purchase in the
School front office \$25

SERVICES AT LIWARA

UNIFORM SHOP

THURSDAY
8.15am - 9.00am

Please direct all enquiries to
sales@jfe.net.au

Order Forms available on website
Full payment is required on
ordering. Orders will be dropped
off at your child's class.

OSHC

3 Year Old Pre Kindy - Year 6
Before & After School Care
Vacations Care
Contact Centre Supervisors

0477 994 123

BOOK NOW



ABSENTEE NOTIFICATION

ABSENTEE CHANGES

Click on the Absentees Icon on
the Liwara School Website or
leave a voice message on the
school number 9448 3811
ext1 before 8:20am

*Leave the child's name, class and a
brief description for the absence.*

**No, SMS or voice mail to the school
mobile number.**

Changes from Term 4 2018

*Please do not reply to the computer
generated absentee text sent to you if your
child is not at school. We do not receive it.*

CANTEEN

*Please include your child's class colour (**Red** or
Green) when you are ordering your children's
lunches online. This will reduce the time taken
to process your order. Thank you.*

*Please take the time to look at the Quick Click
menu - <https://quickcliq.com.au/>*



***Volunteers always welcome
Just pop in and see Deb***



St Luke's Catholic Primary School

MARKETS

Fundraiser

EAT

PLAY

SHOP

Bring along your family and friends to
St Luke's Catholic Primary School for our first market!

SATURDAY 30TH MARCH 2019

10am - 2pm

17 Duffy Terrace, Woodvale WA

* **30+ Market Stalls** * **Performances by Hype Dance and other entertaining Acts** * **Food Trucks and Cake Stall** *
Games and Activities * **Raffles for annual family passes to AQWA, Scitech and the Perth Zoo** *

Pre-Purchase raffle tickets online

@www.trybooking.com/BBBOK *

Catch Bus 447 or 468 from Whitfords Station



UNIFORM SHOP

Winter Uniform Reminder & Uniform Shop Opening Times

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The shop will also be open for last minute items on Monday, 29 April from 8:15am however its best to ensure you have your child's winter uniform requirements before the end of this term.

REGISTER TODAY!
FREE, FAST & EASY

WE ARE NOW A QUICKCLIQ MEMBER!

REGISTER TODAY AT
www.QuickClik.com.au

How to get started:

- Visit www.QuickClik.com.au
- Sign up by completing the registration form
- Receive a confirmation email with activation link
- Activate your account and login to the website
- Add a student and nominate their school
- Order whenever you like

How to order meals:

- 1 Select a student
- 2 Add items
- 3 Select date
- 4 Confirm

It is that simple! It is our job to make your life easier.

Using QuickClik helps you stay organised, order up to four weeks in advance.

SAFE & SECURE | SUPPORT LINE: 1300 11 66 37 | ORDER 24/7

Stay informed with the SkoolBag App

The SkoolBag app is the easiest way to stay up-to-date with school events, last minutes notices, newsletters and all school communications.

- 1 Download the app**
Search for the free SkoolBag app in the Apple App or Google Play Store
- 2 Create an account**
Sign up in seconds with your email address
- 3 Add your school**
Search for your school and add your subscription groups

SkoolBag

P&F Notices

Family Matters

28th March
2019

Coming Up...

Next P&F Meeting
**Monday 6th
May**
7pm in the Library
All New Members
Welcome



Easter Raffle
Friday 12th April
2.30pm in the
Ahern Centre

LIWARA EASTER RAFFLE 2019

Here's how you can help:

- Donate an Easter Item (Eggs, Craft, etc) by Friday 5th April
- Place your donation in **the basket located in your child's classroom**
- Purchase Raffle Tickets for a chance of winning an Easter prize!

Each child receives 10 Raffle Tickets. Tickets are \$1 each. Please ensure **all tickets sold include your child's name** and class.

Also include your contact number and if your child is Gluten Free.

If you would like to purchase additional tickets, please contact

liwarapf@gmail.com

All raffle tickets to be returned by

Wednesday 10th April

Raffle will be drawn on Friday 12th April

2:30pm Ahern Centre



P&F Contacts

Secretary &

General enquiries

President - Christel Magorian

liwarapfpresident@gmail.com

Vice President - Sam Lane

liwarapfvice@gmail.com

Secretaries -

Ally Mullane & Katherine Millington

liwarapf@gmail.com

Treasurers -

Bronwyn Patience & Carresa Magorian

liwarapftreasurer@gmail.com

LADs (Liwara Awesome Dads Society)

Coordinator – Craig Byrne

Classroom Rep Coordinator – Sarah Kerby

All inquiries should be directed to P&F

Secretary: liwarapf@gmail.com

The Liwara P&F is on Facebook

To join, search 'Liwara P&F Association Private Group' on Facebook or click link [https://](https://www.facebook.com/groups/377178798959937/)

[www.facebook.com/
groups/377178798959937/](https://www.facebook.com/groups/377178798959937/) .

Request membership and answer all three questions. Membership will only be accepted once eligibility confirmed with the School Secretary. All members of the School Community wishing to be on Facebook must read the guidelines available on the school website

Thanks to everyone who came along to our Casino night! It was a successful and fun night all round. Thanks so much to Kath Warner for ensuring it all ran smoothly and that everyone had a blast!



24:7 Greenwood Youth Group

For all youth in Years 6-12

Every Sunday 6:30pm to 8pm at the Ahern Centre

Call Lynn Lewis 042551 3942 for more information



Youth Ministry Goals & Results

1. Our goal was to have a Youth Group attendance figure of at least 25: We overwhelmingly achieved it with a turnout of 34 (41 including the Youth Mission Team who visited)
2. Look at the Power of the Cross: Use the talk to really impress the need to understand what Christ has done for us on the Cross.

Games

Evolution

Youth Group Talk / Focus

The Promise

Youth Minister, Lionel gave the talk on Sunday, where he looked at our call to holiness. When Jesus died on the cross that wasn't the end of our story but the beginning of a new chapter for humanity. It was God's call on us to live holy lives. During Lent it might be where we challenge ourselves not only to give up something but to take something up during our Lenten journey.

Next Youth Group Theme

We will be diving deeper into the season of Lent.

God bless,
Lynn and Lionel Lewis

24:7 Greenwood Youth Ministers
www.247youthministry.org