



# LIWARA CATHOLIC PRIMARY SCHOOL

4 JULY 2019

## IMPORTANT DATES

**LAST DAY OF TERM 2 - FRI 5 JULY**

**FIRST DAY TERM 3 - TUES 23 JULY**

**OPENING MASS 9AM - FRI 26 JULY**

**NAIDOC DAY CELEBRATIONS**

**TUES 30 JULY AHERN CENTRE 9AM**

## END OF TERM PRAYER

We thank you Lord, for this term.

For the challenges, the successes, and the mistakes from which we have learnt.

Be with us as we spend our time with family and friends.

Give us strength and courage to do what is right: to be witnesses of our faith.

Help us to be a practical Christian these holidays,

to appreciate what others do for us, to give time and effort to help others.

To be peacemakers in our family.

Keep us safe in our activities; give us good rest and good fun.

Bring us back refreshed and ready for a new term.

We thank you for our classmates, teachers, parents

And a community that cares for us.

May we always be conscious of you in our lives.

Amen

F  
A  
I  
T  
H

Dear Parents

It is hard to believe that we are halfway through the 2019 school year. It certainly goes fast! I would like to thank the students, families and staff for their continual hard work this semester. I am sure everyone is ready for a relaxing holiday and to recover from all their colds and other illnesses. I hope there are some nice sunny days on the holidays for the children to get out and about and enjoy many beautiful parks, playgrounds and backyards.

T  
R  
U  
S  
T

## LONG SERVICE LEAVE

Mrs Millar has been sick with the flu recently and we wish her a speedy recovery. Mrs Millar will be taking Long Service Leave in Week 1 Term 3. Miss Angela Leddin will be the Short Term Principal for this week.

## OSHC

Our Liwara Out of School Hours Care is open for Vacation Care and will also be open on Monday 22nd July as it is a Pupil Free Day. The students begin Term 3 on Tuesday 23rd July.

## SEMESTER ONE REPORTS

Semester One Reports went out via our online platform called SEQTA Engage on Wednesday 3rd July. I hope parents enjoyed reading about how their child has progressed throughout the semester and the effort they have put in as well. Your child's Report and Elaboration are also supported with their Work Folio and Digital Work Folio. Many examples of your child's learning has already been sent home throughout the semester via SeeSaw or OneNote. Please take the time to go through these Work Folios with your child.

R  
E  
S  
P  
E  
C  
T

**ENROLMENTS—KINDY 2020, PRE KINDY 2021 & KINDY 2021:** Interviews for Kindy and Pre Kindy are currently being conducted. If you know of any families who have students who fall into any of these categories, and want to join the Liwara community, please inform them of the importance of contacting the office immediately.

### OUR MISSION

We gather as a community of believers in a Catholic environment to develop in each child a sense of wonder of learning.

With the essential support of parents, our Mission is *to empower children to be faith filled, confident and fully rounded, life-long learners.*

### OUR VISION

Our Vision is a community with strong connections where every student has a sense of belonging, feels safe and is known by name and need.

As our motto suggests, we strive to be a place of *Strength in Community.*



**ALL SAINTS CATHOLIC CHURCH**  
**PARISH PRIEST: FR ELVER DELICANO**

**TEL: 9447 6225** Check for further details on the General School News page.

## A MESSAGE FROM THE ASSISTANT PRINCIPALS

### WHOLE SCHOOL MASS

On Friday 26th July there will be a whole school Mass in the All Saints Church at 9.00am to celebrate the commencement of a new term. All are very welcome to attend.

### FIRST HOLY COMMUNION

Congratulations and prayers go out to all the Year 4 students who made their First Holy Communion recently. Well done and thank you to all those involved in their preparation.

### PUPIL FREE DAYS

A reminder that Monday 22nd July is a Pupil Free Day.

### DANCING LESSONS

Dancing lessons for all students Year 1 to 6 will commence next term. Each Thursday throughout the term each year level will participate in a 50-minute dancing lesson in the Ahern Centre conducted by Footsteps Dance Company. This series of lessons will culminate in a Dance Performance at the end of the Term. More details will be circulated closer to the time.

### INTERSCHOOL CROSS COUNTRY CARNIVAL

Congratulations to the 48 students from Year 3 to 6 who represented Liwara Catholic Primary School at the recent Northern Interschool Primary School Sports Association (NIPSSA) Cross Country Carnival. There were some outstanding individual performances and the school came second in its division by a mere 9 points. Congratulations to all involved.

### BIN STICKERS - SENT HOME TODAY

'Consider Our Kids' is a program that invites Local Governments and the community to participate in raising the awareness of drivers to reduce their speed in built up areas.

Speeding drivers have been identified as a main contributing factor in road related deaths and serious injury in Western Australia. The Road Safety Council of Western Australia is committed to reducing the speed of vehicles on our roads and continues to conduct regular community education campaigns targeting speed.

The 'Please Slow Down, Consider Our Kids' stickers are designed to be placed high on side of bin facing oncoming traffic. The stickers act as a deterrent for speeding by providing a visual reminder to drivers to reduce their speed. As they are only displayed on bin collection days, it reduces the chance that drivers will become accustomed to them.



## SCHOOL OF THOUGHT

On Wednesday 3<sup>rd</sup> July 2019, twelve Year Six students were lucky to be live on air as part of the School of Thought Radio Show.

It was a team effort, all students in Year Six were involved in writing scripts about their favourite authors.

We shared our scripts and voted on the students to represent Liwara on the day.

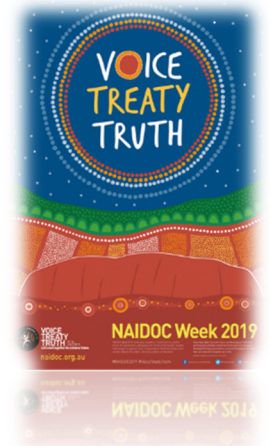
Special shout out to Gemma and Jake as hosts, Sofia for stepping into a role last minute and the other speakers Adam, Michael, Cody, Sophie, Daniel, Chiara, Sarah, Jack and Madison R.



## NAIDOC Day 2019



This year Liwara will be celebrating NAIDOC day on Tuesday 30<sup>th</sup> July 2019. We have lots of fun activities planned for the children as well as a very special 'Welcome to country' by Dr Simon Forest. This address will be in the Ahern Centre at 9am and all parents who wish to come along are more than welcome.



## OSHC says farewell to Nicole Leach



Nicole joined our OSHC staff in February 2018 and has been offered and has accepted a position at Our Lady's Assumption in Dianella as Nominated Supervisor. Our Lady's Assumption are planning to use our Liwara OSHC as a model to guide to the new service that they are establishing. We wish Nicole every success in this new and very exciting position and thank her for her dedicated service over the past 18 months.

We would also like to take this opportunity to warmly welcome Hannah Pollard who will be joining our OSHC Team at the start of our Vacation Care program. Hannah comes with a wealth of experience and is looking forward to joining us.



Important  
Information



**Tuesday 24 March 2020**

**This will be a half-day due to Parent-Teacher Interviews.  
Students will need to be collected at 12.00pm.  
There will be no lunches available from the canteen.  
More information will be advertised early next year.**



## Creating healthy digital habits in kids

by Martine Oglethorpe

Surveys have consistently shown that children have been exposed to rising amounts of screen time in recent years, as well as parents struggling to manage the moods and time demands of children and young people.

As kids spend increasing amounts of time tethered to a digital device, it makes sense that the time they are online, is time well spent. As parents we're often concerned about the connections children and young people are making and the subsequent impact on their wellbeing. We're often concerned about the content they're consuming, and how helpful, relevant and safe it is for them. Rightfully, there's concern that the time spent online, scrolling, searching and swiping, may well be time better spent on other pursuits.

Obviously, these digital devices won't be going anywhere fast. So, we need to look at how we remain in control of our screen use, and ensure the time we're investing online is adding something helpful, positive and meaningful to our lives. Here are a few tips to help you be more intentional with your scrolling. Being mindful of how time spent on devices, is certainly not just reserved for young people.

### Encourage creation not just consumption

Here's a simple question. Are you more of a consumer or creator when you're online? When you spend your online time in creative mode such as making things, creating own videos, editing photos, writing blogs, coding a video game or composing a song you are getting something tangible in return for the time spent on a screen. You are achieving and creating something, rather than simply consuming the content made by others, which is generally far more satisfying as a user.

### Look at who you are following

Consider the real purpose of the people on your feeds. Are you following celebrities you can never relate to, companies you would never buy from, or people who bring you down rather than teach or inspire you? Ideally, you'll follow people and companies that you can connect with and add positively to your life. So what about your child? If they have a passion for something, help them find suitable people to follow. For instance, if they love space, search for NASA and related accounts. If they love photography, help them find great photographers sharing their work online. When they're following people that teach, inspire and ignite their passions, they're less likely to spend valuable time with energy zappers.

### Do a digital declutter

We all have so many apps on our devices and many are just clutter that we used once and no longer visit or don't add anything constructive to our day. Maybe you could try deleting all the apps on your phone and only put those back that you need to make your day easier, or that offer you something positive. This forces us to look at the real benefits, or not, of the apps and thus the time we are spending online. Could there be better games for your kids to play? Are there better videos for them to watch than the ones that the YouTube algorithm believes they want to see?

### Role model good practises

Most kids learn much more from what they see and experience, rather than from what they are told. As a parent be sure to be intentional with your screentime. Do you:

Follow people that support you, challenge you in helpful ways or inspire and lift you up?

Interact in positive ways?

Give people your attention rather than scroll whilst others are talking to you?

Put your digital devices away in order to fit all the other important things into your day?

Setting your kids up with good online habits will help make these practises the norm. If you don't want your children falling prey to the harmful and unhelpful experiences online, you need to be sure that they are focusing on positive and helpful screentime pursuits. Be intentional with your scrolling, and you'll ensure you're getting a much greater return on your online investment.



Martine Oglethorpe Martine Oglethorpe is an accredited speaker with the Office of the eSafety Commissioner and has presented to numerous parent groups, schools and teachers. She is a speaker, counsellor and educator with a passion for building resilient kids in a digital world. Contact details: [info@martineoglethorpe.com.au](mailto:info@martineoglethorpe.com.au), [themodernparent.net](http://themodernparent.net), [facebook.com/themodernparent](https://www.facebook.com/themodernparent)



# Sustainable Living

## SUSTAINABLE LIVING FOR THE LIWARA COMMUNITY

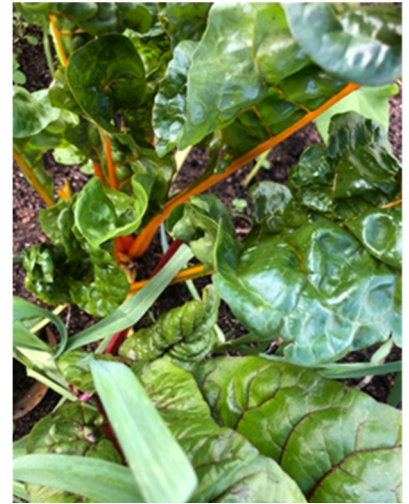
Wow! What a busy term in sustainability! Our new mulch pits have been filled with mulch and are working well. Our worm farms are very productive with our worms busily breaking down our school's food scraps. Our gardens are even benefitting from the worm waste. Pictured below are some of winter greens (Silverbeet and Swiss Chard) that have been used by our school canteen.



*New mulch pit in use*



*Our enormous worms after the rain*



*Swiss Chard and Silverbeet*

Keep watching this space for more exciting school sustainability news next term. Wishing you all a safe and enjoyable school holiday period. Keep recycling, reusing and reducing waste!



## Mater Dei College Band



When we heard that we got the honour of listening and watching the Mater Dei band everyone got the excitement chills . It was a mix of classical and modern so everybody enjoyed . Everyone sang along and was having a blast and everyone was devastated when it ended . It was awesome and I wish I could come next year . By Sophie and Phoebe Year Six.



# Pre-Kindy Class News



SENSORY  
PLAY IN  
PRE KINDY

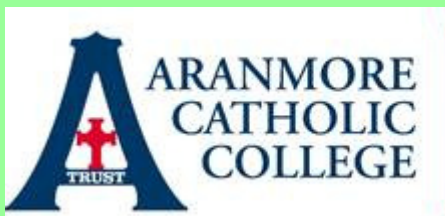


We have been experimenting with lots of different textures, colours and materials. Our favourite so far has been mud coloured gloop!



PIC COLLAGE

# GENERAL SCHOOL NEWS



## Aranmore Specialist Program

### Scholarships for 2020 – Apply Today

Aranmore Catholic College warmly invites applications for scholarships for our **Music**, **Netball** and **Rugby** Specialist Programs.

For further information, please visit <https://www.aranmore.wa.edu.au/enrolments/scholarships>.

The closing date for scholarships is August 2019.

Located close to public transport in Leederville, Aranmore is a co-educational school for Years 7 – 12. The College is renowned for our strong sense of community, teaching care and the outstanding opportunities available to students inside and outside of the classroom.

## GREENWOOD DENTAL THERAPY

Centre will be open School

Holidays from 8<sup>th</sup> July – 16<sup>th</sup> July inclusive .

Closed 17<sup>th</sup>-19<sup>th</sup> July .

Emergency Clinic Hudson Park DTC from 17<sup>th</sup>-19<sup>th</sup> July inclusive.

Phone number 9342 4217.

## SCHOOL TIMES

Pre Kindy & Kindy 8.45am—2.45pm  
(doors open at 8.40am)

Pre Primary—Year Six 8.40—3.00pm  
(doors open at 8.30am)



### All Saints Catholic Church

**PARISH PRIEST:** FR ELVER DELICANO

**ADDRESS:** 7 LIWARA PLACE, GREENWOOD WA

**TEL:** 9447 6225 **FAX:** 9246 2692

**MOB:** 0435 173 454 *(for Urgent pastoral needs only)*

**PARISH EMAIL ADDRESS:**

[greenwood@perthcatholic.org.au](mailto:greenwood@perthcatholic.org.au)

**PARISH OFFICE OPENING TIMES:** MONDAY,  
WEDNESDAY & FRIDAY 10:00AM TO 3:00PM

**MASSES:** Mon-Fri 9.00am

Saturday 9.00am & Vigil – 6pm—Sunday 7.30am,  
9.30am, & 5.30pm (anointing every 2<sup>nd</sup> Saturday of  
month) **Reconciliation:** Saturday 9.30am-10.00am  
and 5.00pm - 5.30pm or by request.

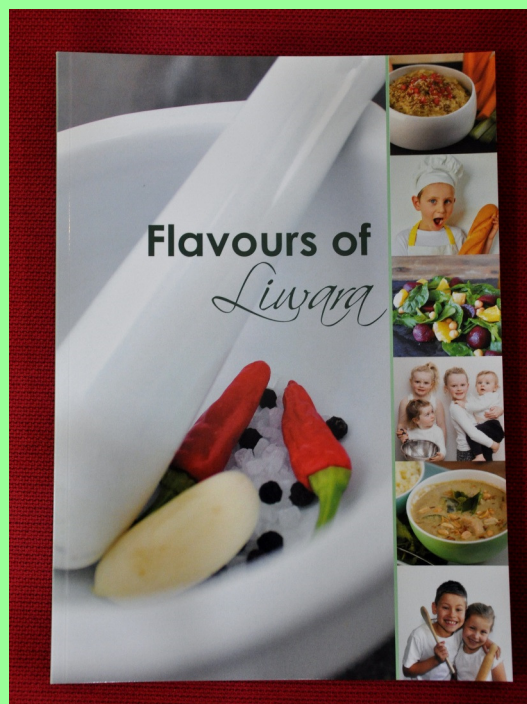
### All Saints Parish 24:7 Greenwood Youth Group

For all youth in Years 6-12

Every Sunday night 6.30-8pm @ the Ahern Centre  
(Liwara Catholic Primary School)

For more info call Lynn 0452 413 942 or  
Lionel 0405 107 841

## LIWARA CATHOLIC PRIMARY SCHOOL COOKBOOK 2019



Available for purchase in the  
School front office



## P&F Notices

# Family Matters

4th July  
2019

## Coming Up...

### Next Meeting

Monday

5th August

7pm in the library

### White Elephant

Drop Off

will be during the  
holidays.

Friday 19th July

9.30 - 10.30am

## School Disco!

Friday 5th July

Details attached.

## Lion King Movie

Fundraiser

Sunday 4th August

@1pm

### P&F Contacts

President - Christel Magorian

[liwarapfpresident@gmail.com](mailto:liwarapfpresident@gmail.com)

Vice President - Sam Lane

[liwarapfvice@gmail.com](mailto:liwarapfvice@gmail.com)

All inquiries should be directed to P&F  
Secretaries

Ally Mullane & Katherine Millington

[liwarapf@gmail.com](mailto:liwarapf@gmail.com)

Treasurers -

Bronwyn Patience & Carresa Magorian

[liwarapftreasurer@gmail.com](mailto:liwarapftreasurer@gmail.com)

LADs (Liwara Awesome Dads Society)

Coordinator - Craig Byrne

## Liwara P&F Movie Fundraiser

Sunday 4th August at 1pm

Grand Cinemas Warwick

Tickets \$15 per person

<https://www.trybooking.com/BDRRP>

Purchase before July 27th



A huge thank you to our  
volunteers for the night.  
We can't hold it without  
you, so thanks!

### Disco Supervisors

Kindy - Jodie Scott & Sarah Kerby

PPR - Rebecca Marlow PPG - Genna Haines

Yr1 R - Angela Ford Yr1 G - Margaret Stonage-Smith

Yr 2 - Meagan Shanks, Lisa Zucal & Narelle Barker

Yr 3 - Ali Sadler & Jessica Schafer

Yr 4 - Lisa Zucal & Leanne Maxwell, Natalie Candeias

Yr 5 - Katty Torkington, Anna Panetta & Karen McAllum

Yr 6 - Susan Irvine & Claire O'Sullivan

1st Aider Junior Disco - Assumpta Haynes

1st Aider Senior Disco - Narelle Barker

Some Dad's helping supervise would be appreciated if  
at all possible!







## INFORMATION

**Where:**

Ahern Centre

**When:**

Friday 5<sup>th</sup> July- last day of school!

**Times:**

(doors open @ 4.15pm)

**Kindy to Year 2 from 4.30 - 5.30pm**

\* (Kindy parents are required to stay and no siblings please)

**Year 3 to Year 6 from 6.00 - 7.30pm**

**Cost:**

\$5 per child (Cash only)

**Entry:**

Is at the top side doors of the Ahern centre through gate 7 (top drop off)

**Wristbands:** These have been given out to students. Spares are available at the office or at the door on the night. Please have child's name, parent/guardians name, mobile number and medical issues on the bands (used in case of emergency). Eg Asthma

**Exit:**

Parents to collect children from the supervised Yr 6 courtyard outside the Ahern centre (please note, only gate 7 will be open).  
Fruit poles will be handed out at the end of the Disco

**Medical conditions:** Assumpta Haynes (junior disco) and Narelle Barker (senior disco) will be the First Aid Officers on the disco night. If your child has any medical conditions allergies/anaphylaxis etc. please bring it to their attention when dropping off your child, if you are not staying on-site.

**What to bring on the night:**

- 1) Water bottle
- 2) Wristband- filled out and worn
- 3) \$5
- 4) Your dancing moves

## SERVICES AT LIWARA

# UNIFORM SHOP

# OSHC

THURSDAY

8.15am - 9.00am

Please direct all enquiries to

[sales@jfe.net.au](mailto:sales@jfe.net.au)

Order Forms available on website

Full payment is required on ordering. Orders will be dropped off at your child's class.

3 Year Old Pre Kindy - Year 6

Before & After School Care

Vacations Care

Contact Centre Supervisors

**0477 994 123**

**BOOK NOW**



# ABSENTEE

## ABSENTEE CHANGES

Click on the Absentees Icon on the Liwara School Website or leave a voice message on the school number 9448 3811

ext1 before 8:20am

*Leave the child's name, class and a brief description for the absence.*

**No, SMS or voice mail to the school mobile number.**

**Changes from Term 4 2018**

*Please do not reply to the computer generated absentee text sent to you if your child is not at school. We do not receive it.*

# CANTEEN

*Please include your child's class colour (Red or Green) when you are ordering your children's lunches online. This will reduce the time taken to process your order. Thank you.*

*Please take the time to look at the Quick Click menu - <https://quickcliq.com.au/>*






*Volunteers always welcome*

*Just pop in and see Deb*

# SUBIACO HOLIDAY CLINIC

## FOOTY SKILLS, FOOTY FUN

**Date:** Tuesday 9 July **Time:** 9.30am-12.30pm  
**Venue:** Richard Guelfi Reserve Balcatta  
**Price:** \$75.00 includes morning tea and a giveaway pack  
**Special:** Sign up a team of 5 or more to receive a \$20 discount  
**Register at:** [www.lionsdistrict.com.au](http://www.lionsdistrict.com.au)

**TRINITY  
COLLEGE**



*Celebrating*  
125 YEARS

### TRINITY COLLEGE

Trinity College is now accepting enrolments for students entering Year 7 in 2020 and 2021. To find out more and to access the enrolment form, please visit the Trinity College website:

**[trinity.wa.edu.au](http://trinity.wa.edu.au)**. If you would like to book a personalised tour and learn more about the College, contact our

Registrar via [registrar@trinity.wa.edu.au](mailto:registrar@trinity.wa.edu.au) or (08) 9223 8121.