

LIWARA CATHOLIC PRIMARY SCHOOL

31 May 2019

IMPORTANT DATES

PUBLIC HOLIDAY MON 3 JUNE PUPIL FREE DAY TUE 4 JUNE ORDER SCHOOL PHOTOS BY 4 JUNE

LIFELINK WED 5 JUNE

WINTER LIGHTNING CARNIVAL 6 JUNE

WHOLE SCHOOL PRAYER 10 JUNE CERTIFICATE ASSEMBLY 7 JUNE YEAR 2 CLASS ASSEMBLY 14 JUNE

YR 4 HOLY COMMUNION RETREAT 14 JUNE

"Teaching can be a struggle but it is so powerful when the students really understand. Sometimes when I am teaching, I feel like I am a small burning candle desperately trying to light everyone's candle sticks. I plan out all different methods on how best to try and light others' candles and will research for hours yet only light a few. But then, F there are other times I teach and all of a sudden it's like 'BOOM' and I feel like I am standing centre stage with bright lights shining all around. Aaaaah!" Ι

"Always be joyful then, in the Lord; I repeat, be joyful." Phil 4:4
Joy is only there if you accept it;
Joy can be found at any time of the day;
Joy can be anything you like or love.

I have told you this so my joy may be in you and that your joy may be complete."

John 16:22

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Dear families,

ELECTROMAGNETIC GATE CLOSURES: This week we have had the activation of the new electromagnetic gate locks, to R strengthen our safety measures for the students whilst in the school grounds. As there is a keypad at both Gate 3 (bottom U parent Carpark 1) and Gate 4 (staff /visitor Carpark 2) parents now have easy access to the school from the main parent carpark. There will be no need for parents to have to scale the grassed bank or walk around to the top carpark, via the road, to collect students anymore, between the hours of 9.30am & 2.30pm, as there is ample parent parking in Carpark 1 (bottom Т Tuart Rd park). I thank everyone for their patience and understanding as we work together as a community in this settling in phase. The office staff are diligently making notes of constructive feedback from the parent community which will be looked at and addressed next week.

SCHOLASTIC BOOK FAIR

A **BIG** thank you

Thank you to all of our wonderful students, parents, grandparents, teachers and volunteers who helped make our Scholastic Book Fair such a big success! Book sales totaled \$4,817.00. From the commission on sales we have been able to purchase books to the value of \$1675 for the library. This will support the school in stocking up on resources to enrich your children's education and promote a love of reading.



Thank you for supporting our Scholastic book sales throughout the year as money raised from these sales goes to the library to make new purchases.

With the help of our expert book 'coverers', books have already been processed and are available for the children to enjoy.

The goal of the library is always to promote reading and we hope that everyone is delighting in their books. Thank you again!

OUR MISSION

We gather as a community of believers in a Catholic environment to develop in each child a sense of wonder of learning. With the essential support of parents, our Mission is to empower children to be faith filled, confident and fully rounded, life-long learners.

OUR VISION

Our Vision is a community with strong connections where every student has a sense of belonging, feels safe and is known by name and need. As our motto suggests, we strive to be a place of Strength in Community.



ALL SAINTS CATHOLIC CHURCH PARISH PRIEST: FR ELVER DELICANO TEL: 9447 6225 Check for further details on the General School News page.

SCHOOL TIMES: Pre Kindy & Kindy 8.45am—2.45pm (doors open at 8.40am) Pre Primary—Year Six 8.40—3.00pm (doors open at 8.30am)

LIBRARY VOLUNTEERS

Thank you also to the wonderful team library. Our lovely group of Mums and reorganise books in the library. A made a huge contribution to the children – no task has been too big or been invaluable.



of volunteers who have been regular helpers in the Grandmothers have covered, shelved and helped to regular band of very enthusiastic 'Friday' volunteers have smooth running of the library for the benefit of the small for them. The support of the library volunteers has

Dear Families Please take note of the important information on the sign to your right and add the date into your 2020 diary.

The Leadership Team will be sending out more information early next year.

God Bless

Mrs Andrea Millar





Thursday 24 March 2020

This will be a half-day due to Parent-Teacher Interviews. Students will need to be collected at 12.00pm. There will be no lunches available from the canteen. More information will be advertised early next year.

SCHOOL PHOTOS



OUR SCHOOL PHOTOS WERE JUST TAKEN!

It's not too late.



HAVE YOU ORDERED YOUR CHILD'S PHOTOS?

Simply visit <u>www.msp.com.au</u> and follow the prompts. All orders received after 04.06.19 will incur an archive fee of \$30 so place your order today to avoid disappointment.

A MESSAGE FROM THE ASSISTANT PRINCIPALS

PUBLIC HOLIDAY AND PUPIL FREE DAY

A reminder that Monday 3rd June is a public holiday and Tuesday 4th June is a Pupil Free Day. Enjoy your extra long weekend.



LIFELINK DAY

LifeLink Day 2019 will officially be launched on Wednesday 5th June 2019. LifeLink Day provides a wonderful opportunity for students attending Catholic schools to join together to show their support for the many Church social service agencies, which reach out to provide care and assistance to thousands of people in need within the community each year. Year 6 Ministry group members and Mr Dols will attend the launch on behalf of Liwara Catholic Primary School.

For LifeLink Day 2019, Archbishop Tim Costelloe and Bishop Don Sproxton hope all our primary schools will make a 'Big Book of Love & Hope". In this book children will write prayers and messages of support to those in need. Parents, please donate a gold coin for children to raise money to support the important work these Catholic Charities do in our community.

WINTER LIGHTNING CARNIVAL

Year 5 and 6 students will be participating in the Winter Lightning Carnival on Thursday 6th June.

WHOLE SCHOOL PRAYER

On Monday 10th June Year 1 will be leading Whole School Prayer in the Church commencing at 2:40pm.

CLASS ASSEMBLY

Year 2 will be hosting the Class Assembly on Friday 14th June commencing at 2:30pm.

FIRST HOLY COMMUNION

In preparation for making their Sacrament of First Holy Communion, the Year 4 students and students from the Scripture classes will be attending a Retreat on Friday 14th June. Children will be receiving the sacrament on the weekends of June 15/16 and June 22/23. Please keep the children in your prayers.



ALL SAINTS CHURCH CLEANING

We are in need of volunteers to clean our beautiful church. The roster at the moment requires you to clean once every 8 weeks. Will you be able to help either on a Thursday or Friday before or after school pick up or on a Saturday morning. Please contact Cathy Mak 0409447005 or the church secretary 9448 3811. Thank you.

LIWARA CROSS COUNTRY CARNIVAL

The weather was perfect and the energy was abounding as all the PrePrimary to Year 6 students steeled themselves for the grueling cross country run. The commitment to earning as many points as possible for their faction pushed many students to their limit. Well done to all who participated. The results of the Carnival are :

1st - Boree 2nd - Aroona 3rd - Teangi 4th - Rawlinna



Individual

	Boys	Girls	
PrePrimary			
1 st	Charlie Scott	Leila Spivey	
2 nd	Dashel Warner	Zara Bialy	
2 3 rd	Alexander Perierra	Isla Richardson	
4 th	Tom Mak	Evie Cochrane	
Year One			
1 st	Darcy Anderson	India Gurdon	
2 nd	James Leather	Phoebe Croxford	
3 rd	Elijah Greenhill	Charlie Stuber	
4 th	Noah Allsworth	Sibella Frediani	
Year Two			
1 st	Blake Bialy	Aiza Torkington	
2 nd	Campbell Portwood	Sophia Le Blanc	
3 rd	Connor Clark	Molly O'Brien	
4 th	Noah Bradshaw	Harriet Barker	
Year Three			
1 st	Matthew Staniforth	Abigail Allison	
2 nd	Rocco Parlongo	Mia Bright	
3 rd	Alby Giles	Katie Walsh	
4 th	Chayce Sherwin	Edyn Conroy	
Year Four			
1 st	Sam O'Brien	Mia Host	
2 nd	Campbell Bishop	Kaitlyn Frediani	
3 rd	Elijah Lopresti	Caitlin Portwood	
4 th	Kalan Henderson	Charlotte Candeias	
Year Five			
1 st	Oliver Clark	Zadie Torkington	
2 nd	George Hemmingway	Jaime Sadlo	
3 rd	Tyler Pires	Ava Kimberley	
4 th	Sebastian Pope	Samantha Millington	
Year Six			
1 st	Jake Host	Harriet O'Brien	
2 nd	Thomas Frediani	Gemma Kempton	
3 rd	Sam Carmignani	Brady Kerridge	
4 th	Adam McAullay	Phoebe Gunner	







Five forgotten skill sets that contribute to student success

parenting * ideas

by Michael Grose

At a time when we hear a great deal about growth mindsets, good mental health habits and creating digitally savvy students, we can easily overlook the skill sets that form the building blocks of long-term school success.

These are skill sets that are also easily forgotten when we narrow our focus onto numeracy, literacy, performing

arts, STEM and other academic areas. While all these other mental skills and academic areas are important, the skills I want to focus on here are ones that can be taught, or at the very least drawn out, alongside every other skill when we as parents and teachers know what to look for.

Following are five skill sets that contribute massively to overall student success and contentedness at school.

1. Friendship skills

The ability to get along with others is hugely important for children and teenagers. Those students with a strong set of friendship skills are easy to like, easy to relate to and easy to play with. The skills they possess include knowing how to win and lose well, how to approach others to join in a group

and how to lead rather than boss.

2. Organisational skills

The ability to organise your time, your space, your items and other aspects of your life is a massive plus for any student. The best way to help children who are organisationally challenged is to introduce them to systems and processes to help them organise themselves. These processes include the use of visual reminders, anchoring (i.e. linking new behaviours to habitual behaviours) and the mapping out of activities.

3. Optimism skills

It may seem strange to see optimism as skill set, but as leading psychologist Professor Martin Seligman discovered through his research, optimism can be taught. Seligman found that while some children are more inclined by nature to see a glass as half empty than half full, all children are capable of developing an optimistic explanatory style through exposure and direct teaching. The skills of optimism include being aware of self-talk, reframing negative events into positive events and the practice of perspective-taking.

4. Coping skills

Kids will generally face a number of challenges during the course of their school lives including overcoming the disappointment of not being picked on a team, working their way through difficult learning situations and dealing with rejection. The impact of these challenges will depend on each kid's own spirit, the support they receive and their coping skills. The good news is that coping skills can be taught or, at the very least, encouraged if adults know what to focus on. Coping strategies include parking problems for a while, normalising difficult situations and accepting and moving on. Some kids will use coping strategies quite naturally, while others need parental and teacher input to help them cope with even seemingly minor challenges.

5. Relaxation skills

The ability to relax and get away from it all is vital for the maintenance of mental health, which in turn affects a student's ability to perform. Many of today's kids live with pressure. That pressure needs to be released through relaxation and play, otherwise it can lead to anxiety and other mental illnesses. The ability to relax and unwind is paramount to your child's school success. Relaxation techniques include mindfulness and meditation, participating in hobbies and enjoying creative pursuits.

These skills are part developmental and part environmental. That is, kids will naturally develop many of them as they mature but the skills also need to be nurtured environmentally. They need to be recognised, encouraged, taught and modelled by adults who children and teenagers respect and admire. That makes parents and teachers 'Very Important People' in the process of acquiring them.





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Another busy fortnight in Sustainability has seen the setting up of the second greenhouse. Seeds planted by our Green Team last week have even begun to sprout. Our greenhouses are beautifully humid, keeping the temperature at around 27 degrees Celsius which is like the conditions in Cairns or Broome. No wonder, the seeds have turned into seedlings so quickly!





Greenbatch Update!

Mrs Millar has given the go ahead for Liwara to be involved in the Greenbatch recycling program. Very soon, with the support of our wonderful P&F, we hope to roll out new Greenbatch bins where students will be able to bring in polyethelene (PET) plastic bottles to recycle. Greenbatch can convert PET bottles into 3D printer ribbon for our school. We encourage students to start collecting clear plastic bottles at home but, for the time-being, not to bring them to school. We will let you know, via the newsletter, when the new bins arrive so that students can bring in their PET bottle collection.

Wishing you all a safe and relaxing long weekend! Enjoy the sunshine and keep recycling! Together we can continue to make a difference!



Kindy Shapes

In Kindy we have been learning about rectangles, squares, triangles and circles. We went for a walk around the school to learn about shapes in the environment, made shape pictures and used shape stampers.

We are learning to draw shapes correctly and describe their features.

Check out our amazing shape work!



GENERAL SCHOOL NEWS

ACHIEVEMENT CERTIFICATE

Term 2 Week 3

PPG Harper Haines, Ava Bonanno, Cohen Rappeport,Zachary MurphyPPR Alex Ferreira, Violet McGuire

1G Miles Orange, Noah Allsworth1R Sebastian Matamanadzo, Chelsea Pope

2G Charli Slevin, Jerome Pires 2R

3G Lucas Manganaro, Mattia Muscuso**3R** Alby Giles, Chayce Sherwin

4G Sarah Richards, Sebastian Magorian4R Aidan Murray

5G Harrison Gilford, Ava Kimberley, Eva Conroy5R Samantha Millington, Eilish McGee

6G Ayesha Refugio, Lucas West6R Sam Carmignani, Sienna Mullane



All Saints Catholic Church PARISH PRIEST: FR ELVER DELICANO ADDRESS: 7 LIWARA PLACE, GREENWOOD WA TEL: 9447 6225 FAX: 9246 2692 MOB: 0435 173 454 (for Urgent pastoral needs only) **PARISH EMAIL ADDRESS:** greenwood@perthcatholic.org.au PARISH OFFICE OPENING TIMES: MONDAY, WEDNESDAY & FRIDAY 10:00AM TO 3:00PM MASSES: Mon-Fri 9.00am Saturday 9.00am & Vigil – 6pm—Sunday 7.30am, 9.30am, & 5.30pm (anointing every 2nd Saturday of month) Reconciliation: Saturday 9.30am-10.00am and 5.00pm - 5.30pm or by request. All Saints Parish 24:7 Greenwood Youth Group For all youth in Years 6-12 Every Sunday night 6.30-8pm @ the Ahern Centre (Liwara Catholic Primary School)

For more info call Lynn 0452 413 942 or Lionel 0405 107 841 Parents have you filled in an application for your child?

Kindy 2020

Kindy 2021

Pre Kindy 2019

Pre Kindy 2020

Pre Kindy 2021



LIWARA CATHOLIC Primary School Cookbook 2019



Available for purchase in the School front office



Text Nicole (0432 843 228) or Sarah (0405 717 079) to arrange an alternate time

ALL SAINTS YOUTH MINISTRY



YOUTH MINISTRY GOALS & RESULTS

Youth Group Attendance Goal: 25 There were 19 of us at youth group this week and were missing a number of the boys. We hope to get them back to youth group in the coming weeks. Youth Group Content Goal: Introduce a new prayer method ACTS (adoration, contrition, thanksgiving and supplication)

GAMES

British bulldogs Line Tag Story time

YOUTH GROUP TALK / FOCUS

We had a talk on structuring our prayer time by using the acronym ACTS.which stands for adoration, contrition, thanksgiving and supplication. At the end of the night the youth spent 10 minutes writing in their journals following the ACTS acronym.

NEXT YOUTH GROUP THEME Lectio Divina

PARISH/NEWSLETTER PROMOTION

24:7 Greenwood Youth Group Youth in Years 6-12

Sundays 6.30-8pm

SERVICES AT LIWARA

UNIFORM SHOP

THURSDAY

8.15am - 9.00am

Please direct all enquiries to sales@jfe.net.au Order Forms available on website Full payment is required on ordering. Orders will be dropped off at your child's class.

OSHC

3 Year Old Pre Kindy - Year 6

Before & After School Care

Vacations Care

Contact Centre Supervisors

0477 994 123

BOOK NOW



ABSENTEE

ABSENTEE CHANGES

Click on the Absentees Icon on the Liwara School Website or leave a voice message on the school number 9448 3811

ext1 before 8:20am

Leave the child's name, class and a brief description for the absence.

No, SMS or voice mail to the school <u>mobile number.</u>

Changes from Term 4 2018

Please do not reply to the computer generated absentee text sent to you if your child is not at school. We do not receive it.

CANTEEN

Please include your child's class colour (Red or Green) when you are ordering your children's lunches online. This will reduce the time taken to process your order. Thank you.

Please take the time to look at the Quick Click menu - https://quickcliq.com.au/



Volunteers always welcome Just pop in and see Deb