



# LIWARA CATHOLIC PRIMARY SCHOOL

13 June 2019

## IMPORTANT DATES

YEAR 2 CLASS ASSEMBLY 14 JUNE

YR 4 HOLY COMMUNION RETREAT  
14 JUNE

COMMUNION MASSES 15 JUNE 6PM  
16 JUNE 9:30AM & 5:30PM  
COMMUNION MASSES 22 JUNE 6PM  
23 JUNE 9:30AM

PUPIL FREE DAYS 27 & 28 JUNE

## MY COMMUNION PRAYER

Dear God, I know that You give me many gifts.

The gift of Your Son, Jesus Christ in Holy Communion is the greatest of all.

How can I ever thank You enough for this special gift?

At Mass we are called to be like Jesus, by loving and serving one another in the world.

As I become more like Him, please continue to help me.

Show me the places and ways that I can bring Your love, kindness and peace to others....

In my family.. In my neighbourhood...in my community, with my friends.

I ask this in Jesus' name. Amen

F  
A  
I  
T  
H

Dear families,

I would like to extend our congratulations to all the students who will be receiving the sacrament of the Eucharist for the first time in the next couple of weeks. It is indeed a cause for great celebration as it is a beautiful and memorable occasion. At Liwara we are lucky to have such a strong and supportive relationship with the parish and with the Sacramental Coordinators. I would like to thank them for all the time they dedicate each year in preparing the students from the parish and working with the staff and students. We pray together to ask that the sacrament of First Eucharist is food for the students' souls and that they develop a closer friendship with Jesus, by receiving Communion with their families.

T  
R  
U  
S  
T

**LATEST CANTEEN NEWS:** I would like to introduce our newest staff member, Mrs Cathy Fitzgerald, who will be working in the canteen on Tuesdays, on a regular basis. Deb will still be working here and adding to the many exciting offerings she has implemented since she began with us, on Mondays, Thursdays and Fridays. I know some of you have already met Cathy, as she has already experienced the warm community spirit that is entrenched in our Liwara community.

**ENROLMENTS—KINDY 2020, PRE KINDY 2021 & KINDY 2021:** Interviews for Kindy and Pre Kindy are currently being conducted. If you know of any families who have students who fall into any of these categories, and want to join the Liwara community, please inform them of the importance of contacting the office immediately.

R  
E  
S  
P  
E  
C  
T

**PRINCIPAL REVIEW & SCHOOL CYCLIC REVIEW**—I will be away in Collie next week as part of the panel for a Principal and School Cyclic Review for the St Brigid's school community in Collie. These processes are invaluable opportunities for school communities and their principals and the opportunity to support a peer principal is an affirming process. Mr John Dols and Ms Angela Leddin will be responsible for the school in my absence.

### OUR MISSION

We gather as a community of believers in a Catholic environment to develop in each child a sense of wonder of learning.

With the essential support of parents, our Mission is *to empower children to be faith filled, confident and fully rounded, life-long learners.*

### OUR VISION

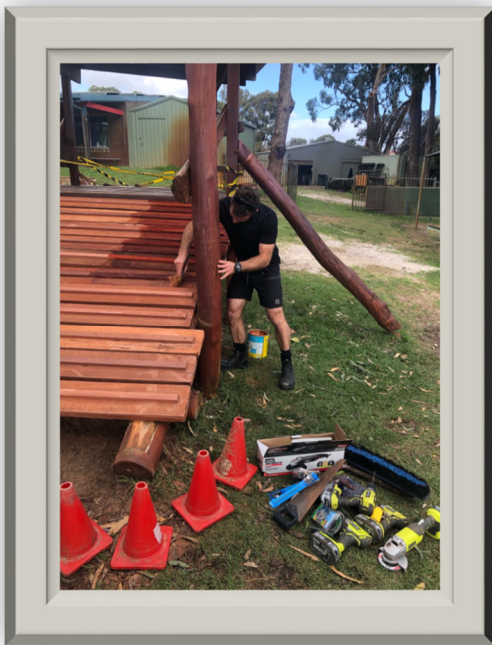
Our Vision is a community with strong connections where every student has a sense of belonging, feels safe and is known by name and need.

As our motto suggests, we strive to be a place of *Strength in Community.*



**ALL SAINTS CATHOLIC CHURCH**  
PARISH PRIEST: FR ELVER DELICANO

TEL: 9447 6225 Check for further details on the General School News page.



*There were some very excited 'little people' and big people, watching Mr Ridout and Mr Graffin (Mrs Kristy Graffin's husband) restoring the fort back to its former glory. Keep a close eye on this playground as the Early Childhood Team have been busy planning to refurbish and revitalise many of the play areas!*



**ITALIAN FESTIVAL 2019 COMPETITION:** I have received a letter from the Italo-Australian Welfare and Cultural Centre Inc to share the wonderful news about our Italian program and the talent of our students. I have added an excerpt below:

"On behalf of the ITALO-AUSTRALIAN WELFARE & CULTURAL CENTRE INC, we wish to congratulate the following student from your school who is the winner of her respective year group level in the **Italian Festival Primary School students' Competition 2019** for students of Italian (K-6): Kindergarten: **Scarlett Ford**

As the overall winner of her respective year group level, Scarlett has attended a special presentation on Saturday 25 May. All Merit winners will receive their special Merit Certificates at a School Assembly.

We also congratulate **Zoe Burn**, and **Emilie Lamoureux** (Kindergarten), **Elvira Conroy**, **Milana Etrelezis** and **Mitchel Marlow** (Pre Primary), from your school who have been awarded Merit Certificates for submitting entries which once again reflect a high standard of achievement and great personal effort..... We would like to take this opportunity to congratulate Liwara Catholic Primary School on achieving such an excellent result this year. Your Italian teacher, Mrs Rosaria Rossi, also needs to be congratulated for her effort, her enthusiasm for the Italian Language and her support for this competition each year. We extend our thanks and appreciation to her and to all of the students, teachers and assistant teachers who participated and assisted."

## SCHOOL TIMES

**Pre Kindy & Kindy 8.45am—2.45pm (doors open at 8.40am)**  
**Pre Primary—Year Six 8.40—3.00pm (doors open at 8.30am)**



**Important Information**



**Thursday 24 March 2020**

**This will be a half-day due to Parent-Teacher Interviews.  
 Students will need to be collected at 12.00pm.  
 There will be no lunches available from the canteen.  
 More information will be advertised early next year.**

## A MESSAGE FROM THE ASSISTANT PRINCIPALS

### INTERSCHOOL CROSS COUNTRY CARNIVAL

The Interschool Cross Country Carnival for our representative students in Years 3 to 6 students will be held on Friday 21<sup>st</sup> June at Mawson Park, Flinders Avenue, Hillarys commencing at 9.30am. Parents are invited to attend in support of our competitors.

### PROJECT COMPASSION DONATION

Caritas, as organisers of the Project Compassion Lenten collection, wish to thank the Liwara School Community for the \$529.20 that was raised through the Project Compassion boxes. Thank you to everyone who contributed to such a worthy cause.

### CLASS ASSEMBLY

Year 2 will be hosting the Class Assembly on Friday 14<sup>th</sup> June commencing at 2:30pm.

### MUSIC PERFORMANCE

There will be a Music Performance by some of the children who receive instrumentalist or vocal lessons at school. This will be held on Friday 21<sup>st</sup> June commencing at 2.20pm in the Ahern Centre. Please note the early start to this assembly as some presentations are to be made at this assembly.

### FIRST HOLY COMMUNION

In preparation for making their Sacrament of First Holy Communion, the Year 4 students and students from the Scripture classes will be attending a Retreat at The Redemptorist Monastery North Perth on Friday 14<sup>th</sup> June. Children will be receiving the sacrament on the weekends of June 15/16 and June 22/23. Please keep the children in your prayers.



### WHOLE SCHOOL PRAYER

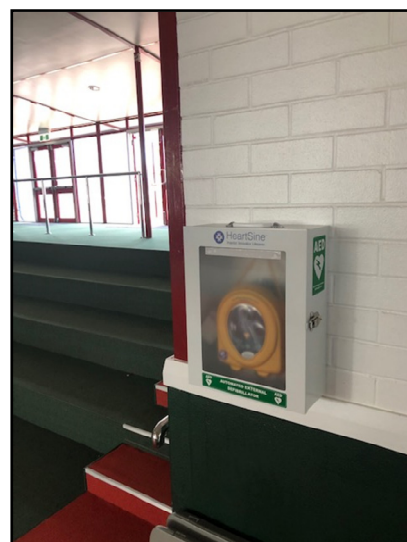
On Monday 24<sup>th</sup> June Year 6 will be leading Whole School Prayer in the Church commencing at 2:40pm.

### PUPIL FREE DAYS

A reminder that Thursday 27<sup>th</sup> June and Friday 28<sup>th</sup> June are Pupil Free Days.

### SCHOOL DEFIBRILLATOR

We now have a defibrillator on site. It is located in the Ahern Centre on the southern wall of the entrance from the year six court yard as per the pictures below.



## insights

## Talking to kids makes them smart

by Michael Grose

The links between school achievement and parents' ability to talk with kids from a young age are now well established.

The language stimulation children receive when they talk with parents is one factor. But engagement in conversation with parents benefits kids in a far broader sense. In many ways it is through conversations that kids get a real sense of us as parents. It is through talking with kids that we impart some of our knowledge, ideas, wisdom and thoughts while also gaining access to a window into their worlds and the way they think.

In the current age of digital distraction, talking with children and young people can be a challenge. Busy schedules, homes designed for individual enjoyment rather than group living, a plethora of screens competing for attention and kids that clam up at the first sign of a chat are some of the conversation blockers parents must overcome.

You need to be cunning, proactive and inventive to get some chat going at home. These are some ideas that will help.

**1. Turn screens off.** Are you competing with televisions, computers and electronic games for your kids' attention?

If so, take control of the screens to create some conversational space. Start with a screen-free day each week or screen-free hour each day if you have a home full of young hard-core screen junkies.



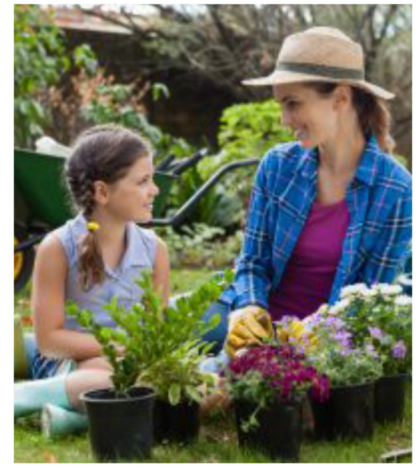
**2. Turn screens on.** If you can't beat them, join them. Some television programs provide great conversational fodder, particularly for older children and teens. Topics can range from "Who's going to win *My Kitchen Rules*?" or "What happens to the winners of *My Kitchen Rules*?" to "What is the point of *My Kitchen Rules*?"

**3. Have regular mealtimes.** The family that eats together talks together. Meals are great social occasions – more than just refueling stops. They provide terrific opportunities for families to get together and talk. It's no coincidence that families who enjoy and appreciate food generally enjoy close relationships as well. However, for this to work it's important that meals are screen free, so turn off the television and ban phones at the table.

**4. Move more.** If sitting and chatting is not your child's thing then try to get some action happening. Boys, in particular, tend to talk more when they are playing, walking or involved in activity with an adult.

**5. Talk with kids on their own turf.** Many children will open up in the privacy of their own bedroom where they tend to feel more relaxed and secure. If you have something important to discuss then choose a comfortable place and a time that promotes good conversation.

**6. Try shoulder-to-shoulder parenting.** Travelling together in a car with the radio off, washing the dishes together or playing a game can all provide opportunities for talk. Paradoxically, many teenagers will talk more when they don't have to concentrate or make eye contact with the other person. That's why cars can be great conversation catalysts for parents. Every family has their own way of getting the talk happening. Figure out what works for you and make sure it happens. The best communication in families happens when no one is working at it, however busy modern families need to work on their communication rather than leave it to chance.



### Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including *Thriving!* and the best-selling *Why First Borns Rule the World and Last Borns Want to Change It*, and his latest release *Spoonfed Generation: How to raise independent children*.



# Sustainable Living

Another busy wintery, fortnight has zoomed past. Students have been amazed at the seed germination that has taken place over the last fortnight. We even have some lovely strawberries growing in the summery greenhouse conditions.



*Strawberries! Yum!*



*Finally, up comes the parsley!*

Our school Green Team have been weighing the amount of plastic waste from our red "Landfill" bins. This Monday, the Green Team weighed almost 300g of plastic waste which was considerably more than we had weighed in previous weeks. All waste collected by our Green Team is being taken to one of the Woolworth's redcycle bins. Below is a poster explaining the do's and don'ts of soft plastic recycling.



### Soft plastic recycling

The REDcycle Program makes it easy for consumers to keep plastic bags and packaging out of landfill.

#### Do the scrunch test



If it's soft plastic and CAN be scrunched into a ball, it can be placed in a REDcycle drop off bin



If it's not plastic, or it's plastic that CAN'T be scrunched into a ball, it cannot be recycled via REDcycle\*



bread bags



biscuit packets, wrapper only



paper goods packaging



pasta & rice bags



frozen food & veggie bags



confectionery bags



plastic bags



old green bags



cereal box liners

#### NO THANKS

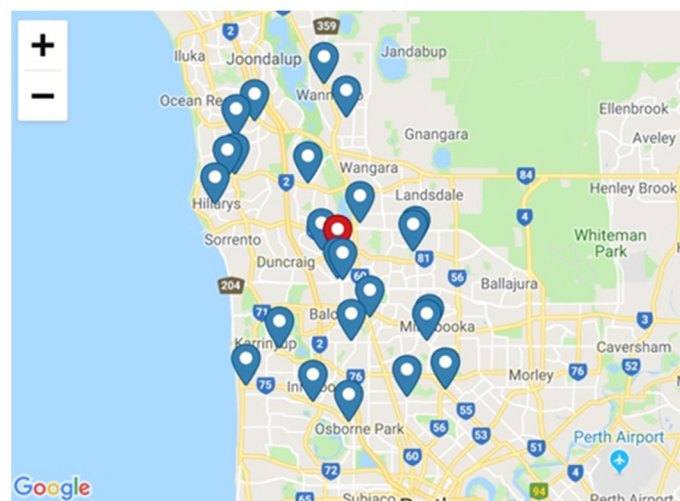
We cannot accept the following:

- X Plastic bottles
- X Plastic containers
- X Any rigid plastic such as meat trays, biscuit trays or strawberry punnets
- X Glass
- X Rubber
- X Paper and cardboard
- X Tin cans
- X Food waste

\*Contact your local council to check if it can go into your kerbside collection.

Please make sure your plastic is dry and as empty as possible. For a comprehensive list of what can be REDcycled and more information, check the website.

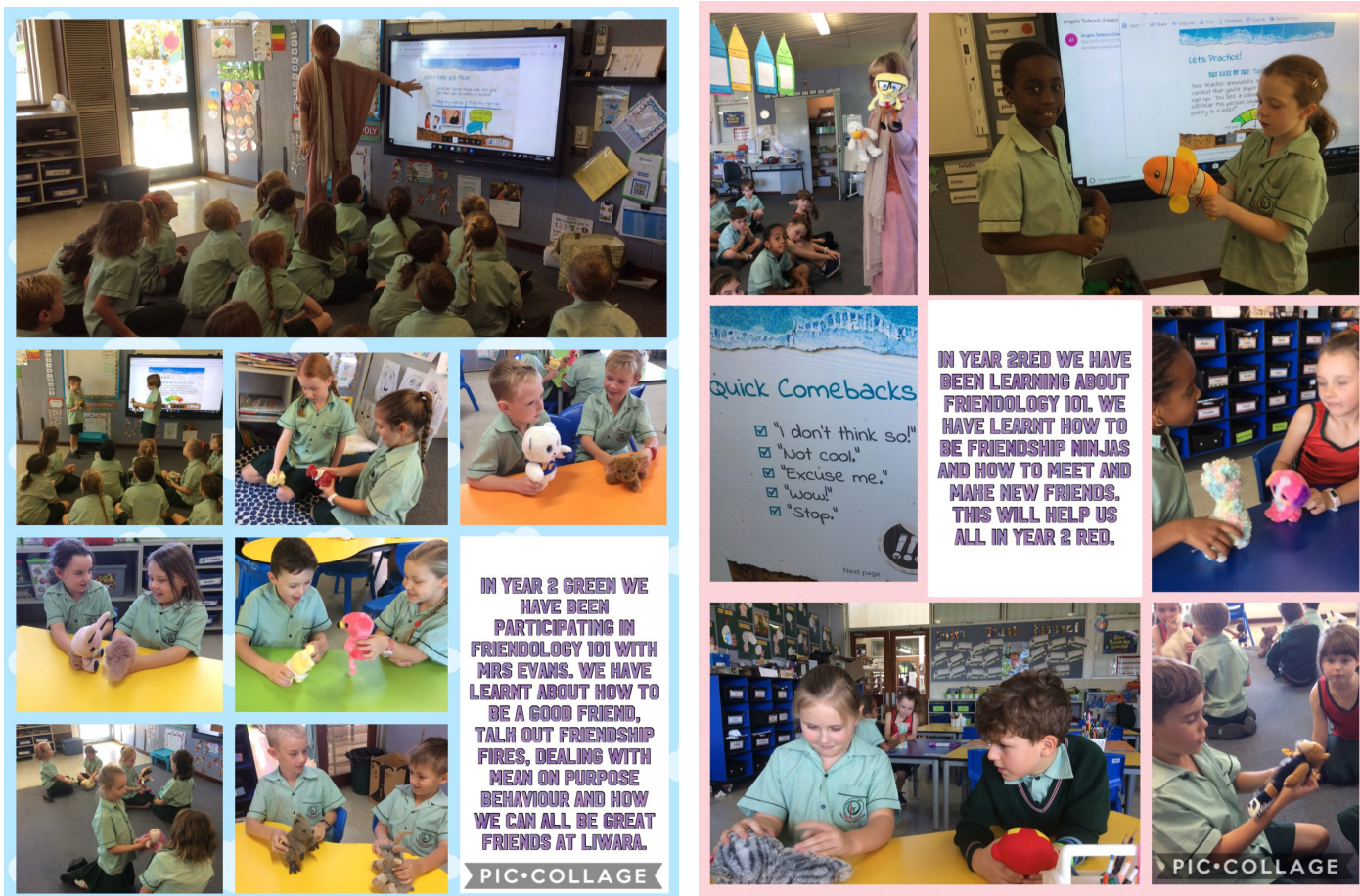
[www.redcycle.net.au](http://www.redcycle.net.au)



If we are to become a zero plastic waste school, here's how parents can help. Encourage your children to bring home their waste wrappers in their lunch boxes and collect your family's soft plastic waste at home. Then, drop it into a redcycle bin which can be found outside many local shopping centres. Above is a Google Map showing the numerous locations of redcycle bins in and around the Perth metropolitan area. For more precise locations visit <https://www.redcycle.net.au/where-to-redcycle/>

Remember that the Liwara community can work together to help win the war on waste!

# Yr 2 Class News



## YEAR 6 GATE NEWS

This week Year 6 GATE spent an hour building and creating our ideal school from Lego. We added new curriculum content, decided how students should be graded and how families could be involved in things we do around the school. Our building was looked at by Mrs Millar as we explained some very different ideas of how a school could be run, we added a sensory garden, playground, administration block, principal office, basketball courts, classrooms, canteen, after school care, bike racks, and a rock climbing wall all in 60 minutes. This was a very exciting and interesting task which we really enjoyed.

Written by Chiara Finlay



# GENERAL SCHOOL NEWS

## ACHIEVEMENT CERTIFICATE

### Term 2 Week 5

**PPG** Isla Richardson

**PPR** London Shipley, Rorke Allison, Poppy Martin

**1G** Olivia Lamoureaux, Ellena Byrne

**1R** Sienna Ford, Jessica Cunningham

**2G** Coco Watson, Daniel Kerby, Leila Croxford

**2R** William Androszczuk, Harlow Mak, Ashley Higgle

**3G** Isabelle Moala, Isaac Canzurlo

**3R** Kai Rose, Conor Holton

**4G** Ryan Taylor, Cooper Flatman

**4R** Mackenzie Gilford, Hudson Allsworth, Caleb Reiger

**5G** Sophie Traeger, Zoe Higgle, Wyatt Giddens

**5R** Hope Walker, Hannah Greenhalgh

**6G** Michael Brennan, Sabastian Ottobrinio

**6R** Cash Nation, Isabella Cunningham

## ACHIEVEMENT CERTIFICATE

### Term 2 Week 6

**PPG** Laik Hampton, Sophia Marshall-Silveira

**PPR** Matilda Jones

**1G** Holly Style Ellena Byrne

**1R** Max McCarthy, Leo Musca

**2G** Evie Muir Abbey, Sarullo

**2R** Holly Murray, Lucia Maxwell

**3G** Katie Walsh, Lochlan Smoker

**3R** Sophie Moala, Caitlin Stewart

**4G** Logan Kerridge, Kalan Henderson

**4R** Jake Temov, Campbell Bishop

**5G** Oliver Clark, Annaleigh Brennan, Jasmine Flack

**5R** Darcy Bastow, Sophie Hetman

**6G** Maddison O'Sullivan, Julian Candeias

**6R** Jacob Burns, Aiden Greenhalgh



### All Saints Catholic Church

**PARISH PRIEST:** FR ELVER DELICANO

**ADDRESS:** 7 LIWARA PLACE, GREENWOOD WA

**TEL:** 9447 6225 **FAX:** 9246 2692

**MOB:** 0435 173 454 *(for Urgent pastoral needs only)*

**PARISH EMAIL ADDRESS:**

[greenwood@perthcatholic.org.au](mailto:greenwood@perthcatholic.org.au)

**PARISH OFFICE OPENING TIMES:** MONDAY,  
WEDNESDAY & FRIDAY 10:00AM TO 3:00PM

**MASSES:** Mon-Fri 9.00am

Saturday 9.00am & Vigil – 6pm—Sunday 7.30am,  
9.30am, & 5.30pm (anointing every 2<sup>nd</sup> Saturday of  
month) **Reconciliation:** Saturday 9.30am-10.00am  
and 5.00pm - 5.30pm or by request.

**All Saints Parish 24:7 Greenwood Youth Group**

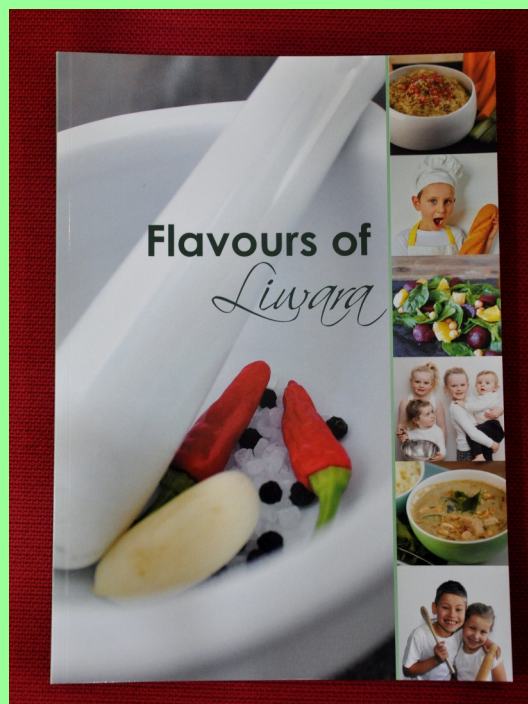
For all youth in Years 6-12

Every Sunday night 6.30-8pm @ the Ahern Centre  
(Liwara Catholic Primary School)

For more info call Lynn 0452 413 942 or

Lionel 0405 107 841

## LIWARA CATHOLIC PRIMARY SCHOOL COOKBOOK 2019



Available for purchase in the  
School front office

## P&F Notices

# Family Matters

13th June  
2019

## Coming Up...

### Next Meeting

Monday 5th August  
7pm in the library

White Elephant  
Drop Off  
This Saturday  
11am - 1pm

 Find us on  
Facebook

## School Disco!

Friday 5th July  
Ahern Centre

Kindy to Yr 2 - 4.30-5.30pm  
Yr 3 to Yr 6 - 6 pm- 7.30pm

## Bunnings Sausage Sizzle

This Sunday!

Please contact us if you

### P&F Contacts

President - Christel Magorian

[liwarapfpresident@gmail.com](mailto:liwarapfpresident@gmail.com)

Vice President - Sam Lane

[liwarapfvice@gmail.com](mailto:liwarapfvice@gmail.com)

All inquiries should be directed to P&F  
Secretaries

Ally Mullane & Katherine Millington

[liwarapf@gmail.com](mailto:liwarapf@gmail.com)

Treasurers -

Bronwyn Patience & Carresa Magorian

[liwarapftreasurer@gmail.com](mailto:liwarapftreasurer@gmail.com)

LADs (Liwara Awesome Dads Society)

Coordinator - Craig Byrne

[liwaralads@gmail.com](mailto:liwaralads@gmail.com)

Classroom Rep Coordinator - Sarah Kerby

## Calling all Crafters!

Liwara is proud to be celebrating the 40th Anniversary of the famous  
Liwara Fair.

In recognition of the incredible craft volunteers that have contributed over  
the last 40 years, we are going to create a commemorative Liwara quilt  
which will represent the stories, the laughter, the community and the  
sometimes questionable craft trends over the years.

**Volunteer needed  
to be the food stall  
coordinator for the  
Liwara Fair 2019!  
Please contact  
Briony Fonti if  
you are interested.**



## SERVICES AT LIWARA

# UNIFORM SHOP

# OSHC

THURSDAY

8.15am - 9.00am

Please direct all enquiries to

[sales@jfe.net.au](mailto:sales@jfe.net.au)

Order Forms available on website

Full payment is required on ordering. Orders will be dropped off at your child's class.

3 Year Old Pre Kindy - Year 6

Before & After School Care

Vacations Care

Contact Centre Supervisors

**0477 994 123**

**BOOK NOW**



# ABSENTEE

## ABSENTEE CHANGES

Click on the Absentees Icon on the Liwara School Website or leave a voice message on the school number 9448 3811

ext1 before 8:20am

*Leave the child's name, class and a brief description for the absence.*

**No, SMS or voice mail to the school mobile number.**

**Changes from Term 4 2018**

*Please do not reply to the computer generated absentee text sent to you if your child is not at school. We do not receive it.*

# CANTEEN

*Please include your child's class colour (Red or Green) when you are ordering your children's lunches online. This will reduce the time taken to process your order. Thank you.*

*Please take the time to look at the Quick Click menu - <https://quickcliq.com.au/>*



*Volunteers always welcome*

*Just pop in and see Deb*



# Triple P - Positive Parenting Program®

**A FREE program that teaches practical and effective ways to enhance family relationships and manage common child behaviour issues.**

## Who is this program for?

Parents, carers and/or grandparents of a child aged between 3 and 8 years.

## What is involved?

- **Seminar Series** – 90-minute talks on:
  - children's behaviour  
– the tough part of parenting
  - raising confident children
  - raising emotionally resilient children.
- **Discussion Group** – small, 2-hour groups:
  - misbehaving
  - fighting and aggression
  - hassle-free shopping with children.
- **Group Triple P** – 8-week parenting course.



## Program details:

Type: Seminar Series

Place: Warwick Stadium

Date/s: Wednesday's 31st July, 7th and 14th August 2019

Time: 9.30am - 11.30am

Cost: **FREE**

## How do I book?

Visit [www.healthywa.wa.gov.au/parentgroups](http://www.healthywa.wa.gov.au/parentgroups).

If unable to book online, contact the Child Health Booking System on **1300 749 869**.

**Childcare:** Please do not bring babies and children over the age of 6 months to the group. You will need to make your own childcare arrangements for them. Crèche may be available at some venues. (Please check and organise through the venue). You can bring babies into groups for feeding.

Visit [www.healthywa.wa.gov.au/parentgroups](http://www.healthywa.wa.gov.au/parentgroups) for more information.